



Plass	Startnummer	Tid 1 Ved mål	Tid 2 Ved 1132	Tid mål	Etternavn	Fornavn	Klasse	Klubb/lag
1	185	00:36:39	3:13:17	04:10:06	Røseth	Linda	K senior	CK Elverum
2	161	00:36:39	3:26:50	04:25:06	Raistrick	Eilidh	K senior	
3	163	00:38:52	3:49:55	04:50:24	Bakken	Marthe	K senior	
5	154	00:42:00	3:53:35	05:02:19	Rundfloen	Lise	K senior	
6	166	00:38:28	4:00:48	05:11:15	Nylund	Lene	K senior	fysio3
7	181	00:42:01	4:09:48	05:22:55	Halvorsen	Margrethe	K senior	Oslo Fronrunners
8	156	00:42:37	4:14:40	05:42:02	Nybrenna	Gunn Marit	K senior	Trysilgutten IL
9	151	00:50:48	4:47:48	06:08:35	Olsen	Marit	K senior	Trysil
10	150	00:48:19	4:54:58	06:41:58	Marbet	Sarah	K senior	
	DNS				Smedtorp	Camilla Kvalø	K senior	Kongsvinger
1	158	0:31:20	2:55:00	03:43:03	Haugereid	Ove Antvord	M senior	Namdal Løpeklubb
2	183	0:35:06	3:26:16	04:35:38	Brevik	Jørn Kongsten	M senior	Joggekameratene
3	184	0:35:06	3:25:31	04:36:25	Claesson	Torbjørn	M senior	Träslövsläge IL
4	159	00:39:31	3:59:00	05:11:01	Hallstensen	Per Åge	M senior	
5	165	00:38:28	3:53:40	05:11:15	Rønningen	Thomas	M senior	CK Elverum
6	153	00:42:00	3:59:10	05:11:45	Svarva	Tor	M senior	Eik Runners Club
7	164	00:43:34	4:07:57	05:18:48	Smedtorp	Edmund Kvalø	M senior	Kongsvinger
8	152	00:40:47	4:04:03	05:19:17	Bredesen	Lars Holt	M senior	Sultans of swing
9	199	00:38:06	4:14:07	05:19:29	Mickevicius	Gintautas	M senior	
10	182	00:42:38	4:11:41	05:21:41	Gregersen	Petter	M senior	Larkollen IL
11	160	00:38:53	4:10:43	05:30:02	Paulsen	Vegard	M senior	
12	157	00:43:03	4:25:59	06:01:41	Antonsen	Roar	M senior	Aurskog-Høland Triatlon
13	167	00:39:02	4:05:00	06:08:07	Alme	Rune	M senior	Strandbygda Ski
14	155	00:50:50	4:47:48	06:08:35	Førisdahl	Johnas	M senior	
	162	01:13:52	5:19:10	05:44:29	Galetto-Plascenc	Raquel	Trim	