

# Halden Ultraintervall - Resultater 2014



Start													Snitt pr.	Snitt pr.	Kjønn
nr.	Navn	Lag	Født	Totaltid	Total Km	Løp 1	Løp 2	Løp 3	Løp 4	Løp 5	Løp 6	Løp 7	Løp 8	Løp	
47	Mattias Karlsson	Slevik IL	1984	<b>1:50:58</b>	30	00:36:26	00:37:44	00:36:48						0:36:59	0:03:42
49	Bjørn Tore Kronen Taranger	Gular	1979	<b>1:51:44</b>	30	00:36:28	00:37:50	00:37:26						0:37:15	0:03:43
42	Robert Hansen	Storgaten Bil /Hytteplan Sport	1975	<b>1:53:31</b>	30	00:37:00	00:37:57	00:38:34						0:37:50	0:03:47
21	Kim Olsen	Fredrikstad IF	1976	<b>2:00:26</b>	30	00:38:41	00:40:19	00:41:26						0:40:09	0:04:01
38	Felix Haug	Eidsberg O2	1992	<b>2:02:50</b>	30	00:41:11	00:40:19	00:41:20						0:40:57	0:04:06
39	Simon Björnholm	BUL	1980	<b>2:03:43</b>	30	00:41:11	00:40:45	00:41:47						0:41:14	0:04:07
43	Erik Andersen	Østmarka IL Triathlon / Team Ra	1981	<b>2:06:24</b>	30	00:42:06	00:41:59	00:42:19						0:42:08	0:04:13
12	<i>Guro Skjeggerud</i>	<i>Northern Runners</i>	1973	<b>2:08:58</b>	30	00:42:12	00:42:39	00:44:07						0:42:59	0:04:18
17	<i>Kari Langerud</i>	<i>Hytteplan Sport</i>	1959	<b>2:09:49</b>	30	00:42:14	00:43:12	00:44:23						0:43:16	0:04:20
37	Johnny Stensrud	Moss CK	1963	<b>2:09:57</b>	30	00:43:22	00:43:09	00:43:26						0:43:19	0:04:20
7	Even Nedberg		1977	<b>2:11:32</b>	30	00:43:55	00:43:50	00:43:47						0:43:51	0:04:23
19	Victor Borge Svendsen	Halden triathlon klubb	1995	<b>2:12:10</b>	30	00:42:49	00:44:02	00:45:19						0:44:03	0:04:24
44	Kim Maarud Høistad	Østmarka IL Triatlon	1973	<b>2:14:13</b>	30	00:42:51	00:45:01	00:46:21						0:44:44	0:04:28
45	John Gunnar Jakobsen	Nøstret	1967	<b>2:15:44</b>	30	00:47:03	00:44:54	00:43:47						0:45:15	0:04:31
8	Per Ole Justad	Tofte/Fremad	1964	<b>2:20:19</b>	30	00:46:18	00:46:27	00:47:34						0:46:46	0:04:41
11	Stein-Vidar Torø	Tofte Fremad IL	1969	<b>2:22:10</b>	30	00:46:18	00:46:27	00:49:25						0:47:23	0:04:44
26	Stian Heimsvik	Romerike Ultraløperklubb	1989	<b>2:23:37</b>	30	00:48:17	00:47:32	00:47:48						0:47:52	0:04:47
32	<i>Jorunn Hagesæther</i>	<i>Haugesund triatlon klubb</i>	1971	<b>2:24:21</b>	30	00:47:57	00:48:18	00:48:06						0:48:07	0:04:49
25	Glenn Kristiansen	Halliburton	1979	<b>2:26:29</b>	30	00:47:31	00:47:52	00:51:06						0:48:50	0:04:53
27	<i>Ingvill Merete Stedøy-Johan</i>	<i>Romerike Ultraløperklubb</i>	1957	<b>2:26:43</b>	30	00:47:56	00:48:48	00:49:59						0:48:54	0:04:53
14	<i>Hilde Johansen</i>	<i>Romerike Ultraløperklubb</i>	1973	<b>2:27:17</b>	30	00:48:53	00:48:52	00:49:32						0:49:06	0:04:55
30	Jon Frøyland	Skjeberg CK	1968	<b>2:28:48</b>	30	00:49:19	00:49:10	00:50:19						0:49:36	0:04:58
24	<i>Miriam Delphin</i>	<i>Romerike Ultraløperklubb</i>	1970	<b>2:29:39</b>	30	00:48:12	00:50:33	00:50:54						0:49:53	0:04:59
13	<i>Åshild Nilsen</i>	<i>Northern Runners</i>	1967	<b>2:31:00</b>	30	00:49:39	00:50:04	00:51:17						0:50:20	0:05:02
31	Thor-Martin Frøyland	Grandahl Eiendomsmegling AS	1992	<b>2:36:55</b>	30	00:51:17	00:52:24	00:53:14						0:52:18	0:05:14
6	<i>Paula Francisca Helcl</i>		1976	<b>2:36:58</b>	30	00:51:20	00:52:20	00:53:18						0:52:19	0:05:14
28	Daniel Andersen		1988	<b>2:38:02</b>	30	00:51:40	00:51:10	00:55:12						0:52:41	0:05:16
40	Stian Bøhmer	S&F pil	1977	<b>2:38:04</b>	30	00:51:12	00:52:25	00:54:27						0:52:41	0:05:16
9	Odd Hilberg Johansen		1952	<b>2:40:21</b>	30	00:51:16	00:52:15	00:56:50						0:53:27	0:05:21
18	Knut Kronstad	Romerike Ultraløperklubb	1953	<b>2:40:29</b>	30	00:51:02	00:52:28	00:56:59						0:53:30	0:05:21
2	<i>Marit K. Berg Bjerknes</i>	<i>Romerike Ultraløperklubb</i>	1963	<b>2:41:08</b>	30	00:51:10	00:52:44	00:57:14						0:53:43	0:05:22
4	Tom Larsen	Romerike Ultraløperklubb	1967	<b>2:44:09</b>	30	00:51:18	00:54:53	00:57:58						0:54:43	0:05:28
1	Atle Simonsen	Halden Cykleklub	1978	<b>2:44:36</b>	30	00:54:22	00:52:31	00:57:43						0:54:52	0:05:29
29	Denny Sørøng Lunde		1988	<b>2:47:27</b>	30	00:54:47	00:54:56	00:57:44						0:55:49	0:05:35
10	Sondre Weum Johansen	Romerike Ultraløperklubb	1983	<b>2:47:38</b>	30	00:50:57	00:53:02	01:03:39						0:55:53	0:05:35
3	<i>Ingunn Ytrehus</i>	<i>Northern Runners</i>	1950	<b>2:50:48</b>	30	00:56:03	00:54:09	01:00:36						0:56:56	0:05:42
22	Gregor Gucwa		1974	<b>2:51:02</b>	30	00:56:06	00:55:25	00:59:31						0:57:01	0:05:42
16	Stig Andy Kvalheim Rambø	Hytteplan Sport	1969	<b>2:52:49</b>	30	00:58:01	00:56:49	00:57:59						0:57:36	0:05:46
41	Kristoffer Olsen		1992	<b>2:56:53</b>	30	00:56:05	00:56:52	01:03:56						0:58:58	0:05:54
48	Aleksander Moen	Team Moen	1985	<b>3:07:42</b>	30	01:01:50	01:02:04	01:03:48						1:02:34	0:06:15
50	Martin Skjelin	Team Moen	1988	<b>3:07:48</b>	30	01:01:51	01:02:04	01:03:53						1:02:36	0:06:16
36	Thomas Engelsingjerd	Halden Cykleklub	1994	<b>1:32:24</b>	20	00:44:54	00:47:30	DNF						0:46:12	0:04:37
<b>Beste Tid</b>				<b>1:32:24</b>		0:37:00	0:37:57	0:38:34						0:37:50	0:03:47
<b>Snitt tid</b>				<b>2:28:07</b>		0:48:45	0:49:12	0:51:27						0:49:46	0:04:59