

Halden Ultraintervall - Resultater 2013



| Start | | | | | | | | | | | | | | | |
|------------------|-------------------------|-----------------------------------|------|-----------------|----------|----------|----------|----------|----------|----------|----------|----------|----------|---------------|--------------|
| nr. | Navn | Lag | Født | Totaltid | Total Km | Løp 1 | Løp 2 | Løp 3 | Løp 4 | Løp 5 | Løp 6 | Løp 7 | Løp 8 | Snitt pr. Løp | Snitt pr. Km |
| 179 | Jan Wilhelm Werner | Bergen Triathlon Club | 1961 | 5:53:17 | 80 | 00:44:17 | 00:43:29 | 0:42:58 | 00:44:04 | 00:43:54 | 00:43:59 | 00:44:38 | 00:45:58 | 0:44:10 | 0:04:25 |
| 161 | Kim Olsen | | 1976 | 5:59:08 | 80 | 00:41:21 | 00:42:18 | 00:42:54 | 00:44:06 | 00:43:54 | 00:44:42 | 00:49:52 | 00:50:01 | 0:44:53 | 0:04:29 |
| 158 | Arne Chr. Folmer | Halden IL | 1966 | 6:01:23 | 80 | 00:43:27 | 00:43:42 | 00:43:36 | 00:44:42 | 00:44:55 | 00:45:21 | 00:48:10 | 00:47:30 | 0:45:10 | 0:04:31 |
| 166 | Erik Andersen | Østmarka IL Triathlon | 1981 | 6:11:17 | 80 | 00:46:39 | 00:45:00 | 00:44:13 | 00:44:33 | 00:46:57 | 00:46:58 | 00:48:15 | 00:48:42 | 0:46:25 | 0:04:38 |
| 162 | Jan kr. Bråten-Obel | Hytteplan sport | 1969 | 6:26:39 | 80 | 00:47:51 | 00:47:32 | 00:47:45 | 00:48:03 | 00:48:25 | 00:48:49 | 00:50:18 | 00:47:56 | 0:48:20 | 0:04:50 |
| 176 | Therese Falk | | 1975 | 6:29:54 | 80 | 00:47:58 | 00:47:38 | 0:47:10 | 00:48:15 | 00:49:02 | 00:49:44 | 00:50:52 | 00:49:15 | 0:48:44 | 0:04:52 |
| 163 | Victor Borge Svendsen | Spent Halden | 1995 | 6:29:58 | 80 | 00:51:05 | 00:50:41 | 00:51:58 | 00:52:24 | 00:47:46 | 00:47:21 | 00:45:07 | 00:43:36 | 0:48:45 | 0:04:52 |
| 139 | Andreas Johnsen Gossner | Romerike Ultraløperklubb | 1973 | 6:32:29 | 80 | 00:42:48 | 00:44:27 | 00:46:28 | 00:47:37 | 00:47:36 | 00:54:56 | 00:58:54 | 00:49:43 | 0:49:04 | 0:04:54 |
| 150 | Even Nedberg | Privat | 1977 | 6:36:40 | 80 | 00:47:39 | 00:46:31 | 00:47:24 | 00:48:26 | 00:49:15 | 00:49:35 | 00:54:53 | 00:52:57 | 0:49:35 | 0:04:58 |
| 173 | Roberth Haugland | SK Kraft | 1976 | 6:45:56 | 80 | 00:47:54 | 00:46:32 | 0:47:25 | 00:49:39 | 00:51:56 | 00:53:13 | 00:56:31 | 00:52:46 | 0:50:45 | 0:05:04 |
| 130 | Hilde Johansen | Romerike Ultraløperklubb | 1973 | 6:46:25 | 80 | 00:49:15 | 00:47:52 | 00:48:41 | 00:49:09 | 00:51:34 | 00:53:26 | 00:54:08 | 00:52:20 | 0:50:48 | 0:05:05 |
| 138 | Marianne Følling | Romerike Ultraløperklubb | 1962 | 6:50:38 | 80 | 00:47:56 | 00:47:56 | 00:47:10 | 00:50:12 | 00:51:51 | 00:57:16 | 00:56:29 | 00:51:48 | 0:51:20 | 0:05:08 |
| 160 | Tom Leonardsen | Oslo politiidrettslag | 1963 | 6:55:46 | 80 | 00:46:39 | 00:47:31 | 00:47:12 | 00:49:42 | 00:54:17 | 01:01:55 | 00:56:02 | 00:52:28 | 0:51:58 | 0:05:12 |
| 159 | Helge Reinholt | Treungen IL | 1967 | 7:05:33 | 80 | 00:51:04 | 00:50:17 | 00:50:31 | 00:50:38 | 00:51:46 | 00:57:07 | 00:59:43 | 00:54:27 | 0:53:12 | 0:05:19 |
| 164 | Martin Roos | Strömstad löparklubb | 1975 | 7:15:16 | 80 | 00:50:27 | 00:51:09 | 00:51:40 | 00:52:26 | 00:53:28 | 00:58:12 | 00:59:25 | 00:58:29 | 0:54:24 | 0:05:26 |
| 174 | Geir Andre Skjæret | | 1971 | 7:33:32 | 80 | 00:51:07 | 00:50:18 | 0:53:44 | 00:56:58 | 01:01:03 | 01:05:10 | 00:56:08 | 00:59:04 | 0:56:42 | 0:05:40 |
| 153 | Kåre Lona | Romerike Ultraløperklubb | 1968 | 7:35:05 | 80 | 00:52:51 | 00:54:14 | 00:52:38 | 00:54:21 | 00:56:01 | 00:58:58 | 01:02:17 | 01:03:45 | 0:56:53 | 0:05:41 |
| 178 | Tor Einar Johansen | Oladalen vel | 1976 | 7:48:22 | 80 | 00:50:26 | 00:50:21 | 0:51:04 | 00:52:33 | 00:54:02 | 00:57:47 | 01:10:24 | 01:21:45 | 0:58:33 | 0:05:51 |
| 167 | Julie Glorvigen Apeland | | 1995 | 7:53:15 | 80 | 00:54:02 | 01:08:50 | 00:54:38 | 00:57:06 | 00:57:21 | 00:58:24 | 01:02:02 | 01:00:52 | 0:59:09 | 0:05:55 |
| 172 | Stian Bøhmer | S&F pil | 1977 | 8:02:31 | 80 | 00:52:52 | 00:54:20 | 0:57:28 | 00:59:31 | 01:02:18 | 01:03:42 | 01:05:49 | 01:06:31 | 1:00:19 | 0:06:02 |
| 157 | Stein-Vidar Torø | Tofte Fremad IF | 1969 | 8:05:38 | 80 | 00:54:44 | 00:56:54 | 00:54:29 | 00:56:57 | 01:01:38 | 01:05:46 | 01:11:13 | 01:03:57 | 1:00:42 | 0:06:04 |
| 168 | Ole Richard Holm-Olsen | Halden IL | 1972 | 8:08:24 | 80 | 00:54:03 | 00:46:48 | 00:55:10 | 01:06:13 | 01:07:05 | 01:13:59 | 01:05:33 | 00:59:33 | 1:01:03 | 0:06:06 |
| 170 | Sondre Weum Johansen | Privat | 1983 | 8:15:57 | 80 | 00:52:21 | 00:52:26 | 00:56:15 | 00:59:25 | 01:03:10 | 01:11:33 | 01:12:33 | 01:08:14 | 1:02:00 | 0:06:12 |
| 156 | Wibeke Andersen | Fredrikstad private tannhelsesent | 1973 | 8:23:59 | 80 | 00:52:52 | 00:54:14 | 00:52:39 | 00:54:22 | 00:56:48 | 01:08:17 | 01:12:34 | 01:32:13 | 1:03:00 | 0:06:18 |
| 147 | Ola Thomasson | | 1978 | 8:31:45 | 80 | 00:53:07 | 00:53:02 | 00:55:36 | 01:01:17 | 01:07:27 | 01:09:21 | 01:16:04 | 01:15:51 | 1:03:58 | 0:06:24 |
| 171 | Ottar Røed | Romerike Ultraløperklubb | 1959 | 8:35:32 | 80 | 00:56:56 | 00:57:08 | 00:59:46 | 01:02:28 | 01:04:42 | 01:08:18 | 01:14:32 | 01:11:42 | 1:04:27 | 0:06:27 |
| 149 | Endre Vindheim | Spiridon LLL | 1964 | 8:48:27 | 80 | 00:54:04 | 00:54:17 | 00:54:06 | 00:57:59 | 01:04:21 | 01:08:24 | 01:23:02 | 01:32:14 | 1:06:03 | 0:06:36 |
| 155 | Leif Abrahamsen | Romerike Ultraløperklubb | 1969 | 9:47:02 | 80 | 00:53:05 | 01:01:45 | 01:05:19 | 01:10:47 | 01:23:21 | 01:21:06 | 01:29:53 | 01:21:46 | 1:13:23 | 0:07:20 |
| 165 | Knut Kronstad | Romerike Ultraløperklubb | 1953 | 10:17:43 | 80 | 01:02:53 | 01:06:12 | 01:09:43 | 01:12:55 | 01:10:11 | 01:30:46 | 01:36:12 | 01:28:51 | 1:17:13 | 0:07:43 |
| 169 | Tom Larsen | Romerike Ultraløperklubb | 1967 | 6:16:08 | 60 | 00:53:59 | 00:57:07 | 00:59:45 | 01:02:29 | 01:08:28 | 01:14:20 | DNS | DNS | 1:02:41 | 0:06:16 |
| Beste Tid | | | | 5:53:17 | | 0:41:21 | 0:42:18 | 0:42:54 | 0:44:04 | 0:43:54 | 0:43:59 | 0:44:38 | 0:43:36 | 0:44:10 | 0:04:25 |
| Snitt tid | | | | 7:24:47 | | 0:50:31 | 0:51:21 | 0:51:59 | 0:54:19 | 0:56:29 | 1:00:17 | 1:02:28 | 1:01:32 | 0:56:07 | 0:05:37 |