

TEMPO BLACK DESIGN 2011

Plass	Startnr	Fornavn	Etternavn	KLASSE	KLUBB	Distan:	STARTTID(F	Innkoms	Sluttid	VC
1	4	Jørgen Vingen	Ekren	M10	Gauldal SK	5	11:00:00	11:11:40	00:11:40	
1	5	Ida	Langørgen	K10	Gauldal SK	5	11:01:00	11:12:51	00:11:51	
2	6	Eirin Wold	Johansen	K10	Gauldal SK	5	11:02:00	11:14:07	00:12:07	
1	10	Daniel	Årnes	M11-12	Sandnessjøen	5	11:06:00	11:15:32	00:09:32	
2	12	Erik	Birkeland	M11-12	Gauldal SK	5	11:08:00	11:18:18	00:10:18	
3	13	Henrik	Einangshaug	M11-12	Frosta IL	5	11:09:00	11:19:22	00:10:22	
4	8	Jakob Jægtvik	Benjaminsen	M11-12	Sandnessjøen	5	11:04:00	11:14:31	00:10:31	
5	14	Lars Morten	Veimo	M11-12	IL Sverre	5	11:10:00	11:21:02	00:11:02	
6	9	Edvard	Kaspersen	M11-12	Sandnessjøen	5	11:05:00	11:16:24	00:11:24	
7	11	Jonas	Brstad	M11-12	Sandnessjøen	5	11:07:00	11:18:27	00:11:27	
1	24	Erik	Ysland	M13-14	Gauldal SK	10	11:20:00	11:38:48	00:18:48	
2	19	Thomas	Nilssen	M13-14	Sandnessjøen	10	11:15:00	11:35:01	00:20:01	
3	23	Håkon Størset	Grøtte	M13-14	TVK	10	11:19:00	11:39:08	00:20:08	
4	22	Bjørn Helge	Sandberg	M13-14	IL Sverre	10	11:18:00	11:38:44	00:20:44	
5	20	Christoffer	Foss	M13-14	TVK	10	11:16:00	11:38:12	00:22:12	
	21	Jakob	Høvik	M13-14	Gauldal SK	10	11:17:00		#####	DNS
1	25	Birgit Vingen	Ekren	K13-14	Gauldal SK	10	11:21:00	11:41:06	00:20:06	
1	26	Trine	Oddli	K15-16	Orkla CK	10	11:22:00	11:40:49	00:18:49	
	27	Anna Nordenhus	Røe	K15-16	TVK	10	11:23:00		#####	DNS
1	28	Anniken	Jørgensen	K-Junior	Egge SK	10	11:24:00	11:43:01	00:19:01	
	162						11:25:00		#####	
	36	Andreas	Fuglstad	M15-16	IL Sverre	10	11:32:00		#####	DNS
1	31	Kristian	Aasvold	M15-16	TVK	10	11:27:00	11:42:19	00:15:19	

2	163	Thomas	Ekren	M15-16	Gauldal SK	10	11:26:00	11:41:45	00:15:45
3	35	Thomas	Asphaug	M15-16	Gauldal SK	10	11:31:00	11:47:36	00:16:36
4	32	Sverre Skogan	Fredriksen	M15-16	IL Stjørdals Blink	10	11:28:00	11:44:55	00:16:55
5	37	Bjørnar	Gjemble	M15-16	Nåva SK	10	11:33:00	11:50:14	00:17:14
6	34	Martin	Carlson	M15-16	Egge	10	11:30:00	11:47:16	00:17:16
7	38	Sindre	Einmo	M15-16	Sandnessjøen	10	11:34:00	11:52:06	00:18:06
8	39	Simon Aleksander	Govasli	M15-16	Sandnessjøen	10	11:35:00	11:53:07	00:18:07
9	33	Marius	Foss	M15-16	TVK	10	11:29:00	11:47:20	00:18:20
1	42	Trond	Langeng	Mjun	TVK	10	11:38:00	11:54:07	00:16:07
1	50	Yngvar Alexander	Hansen	M30-39	Mosjøen CK	10	11:46:00	12:00:35	00:14:35 VC
2	49	Maxim	Golev	M30-39	CK Victoria	10	11:45:00	11:59:35	00:14:35 VC
3	44	Åge	Jønsberg	M30-39	Orkla CK	10	11:40:00	11:54:51	00:14:51 VC
4	45	Erik Horne	Norstoga	M30-39	Mosjøen CK	10	11:47:00	12:02:14	00:15:14 VC
5	48	Cato Ole	Årnes	M30-39	Sandnessjøen	10	11:44:00	11:59:19	00:15:19 VC
6	43	Jim Roger	Fagerdal	M30-39	Sandnessjøen	10	11:39:00	11:54:27	00:15:27 VC
7	47	Kurt Arve	Selnes	M30-39	Namdal SK	10	11:43:00	11:58:52	00:15:52 VC
	46	Ken Rikard	Tollaksen	M30-39	Sandnessjøen	10	11:42:00	DNS	#VERDI! VC
1	53	Tor Arne	Simonsen	M60-64	Torshov SK	10	11:49:00	12:03:55	00:14:55 VC
2	57	Gunnar	Iverslien	M60-64	Torshov SK	10	12:11:00	12:27:04	00:16:04 VC
3	56	Frode	Vevle	M60-64	IL Sverre	10	11:52:00	12:08:33	00:16:33 VC
4	54	Odd Erik	Schønberg	M60-64	IL Stjørdals Blink	10	11:50:00	12:07:25	00:17:25 VC
5	55	Aage	Christiansen	M60-64	CK Nittedal	10	11:51:00	12:08:29	00:17:29 VC
1	168	Harald	Fenstad	M65-69	Fosen	10	11:48:00	12:05:50	00:17:50 VC
3	59	Rolf Einar	Pedersen	M65-69	IL Stjørdals Blink	10	11:55:00	12:16:35	00:21:35 VC
2	58	Dag Sture Eine	Friis	M65-69	Frikransen	10	11:54:00	12:14:03	00:20:03 VC

1	64	Åse	Gjerde	K70+	IL Sverre	10	12:00:00	12:25:36	00:25:36	VC
1	60	Ivar	Westby	M70-74	Torshov SK	10	11:56:00	12:13:02	00:17:02	VC
1	169	Arnstein Aarstein	Berg	M80+	TVK	10	12:01:00	12:23:57	00:22:57	VC
1	71	Bjørn	Horsberg	M55-59	Hemne SK	10	12:07:00	12:22:05	00:15:05	VC
2	69	Jan Birger	Solheim	M55-59	TVK	10	12:05:00	12:20:57	00:15:57	VC
3	67	Øystein	Lorentsen	M55-59	Inderøy SK	10	12:03:00	12:19:12	00:16:12	VC
4	66	Geir Asbjørn	Nilsen	M55-59	Asker CK	10	12:02:00	12:19:13	00:17:13	VC
5	70	Olav	Hagerup	M55-59	IL Stjørdals Blink	10	12:06:00	12:25:17	00:19:17	VC
	68	Asbjørn	Andersen	M55-59	IL Stjørdals Blink	10	12:04:00		#####	VC DNS
1	73	Nina Rise	Oddan	K40-45	Støren SK	10	12:08:00	12:24:58	00:16:58	VC
1	74	Heidi Iren Jørgensen	Krokdal	K45-49	Hemne SK	10	12:09:00	12:25:56	00:16:56	VC
1	61	Marion	Nilsen	K50-54	Asker CK	10	11:57:00	12:15:42	00:18:42	VC
1	62	Bente	Westby	K55-59	Torshov SK	10	11:58:00	12:18:26	00:20:26	VC
1	63	Hallgjerd	Simonsen	K60-64	Torshov SK	10	11:59:00	12:17:43	00:18:43	VC
1	79	Roger	Hasselvold	M40-44	Namdal SK	10	12:15:00	12:30:56	00:15:56	VC
2	78	Thor Eirik	Lobben	M40-44	TVK	10	12:14:00	12:30:26	00:16:26	VC
	77	Roar	Helgesplass	M40-44	IL Stjørdals Blink	10	12:13:00		#####	VC DNS
	76	Roger	Sundet	M40-44	CK Victoria	10	12:12:00		#####	VC DNS

1	83	John Rune	Gilberg	M45-49	CK Victoria	10	12:19:00	12:33:26	00:14:26	VC
2	80	Geir	Evensen	M45-49	TVK	10	12:16:00	12:31:12	00:15:12	VC
3	81	Jan	Krokdal	M45-49	Hemne SK	10	12:17:00	12:34:14	00:17:14	VC
4	82	Bjørnar	Næss	M45-49	IL Sverre	10	12:18:00	12:35:20	00:17:20	VC
1	89	Alf Bernard	Grøtte	M50-54	TVK	10	12:25:00	12:39:58	00:14:58	VC
2	85	Atle	Torjuul	M50-54	Orkla CK	10	12:21:00	12:36:53	00:15:53	VC
3	87	Morten Lasse	Belsvik	M50-54	Hemne	10	12:23:00	12:39:50	00:16:50	VC
4	86	Karl Audun	Solli	M50-54	TVK	10	12:22:00	12:38:52	00:16:52	VC
	88	Trond Frode	Alexandersen	M50-54	Gauldal SK	10	12:24:00		#####	VC DNS
1	94	Arnt Ove	Fordal	M-ELITE	IL Stjørdals Blink	10	12:30:00	12:44:04	00:14:04	
2	93	Daniel Myrmæl	Helgestad	M-ELITE	TVK	10	12:29:00	12:44:47	00:15:47	
3	96	Amund	Hansen	M-ELITE	IL Stjørdals Blink	10	12:32:00	12:48:03	00:16:03	
4	95	Tore Bjørseth	Berdal	M-ELITE	TVK	10	12:31:00	12:47:11	00:16:11	
5	97	Erling	Klausen	M-ELITE	Sandnesjøen	10	12:33:00	12:50:27	00:17:27	
	92	Steinar	Rasmussen	M-ELITE	IL Stjørdals Blink	10	12:28:00		#####	DNF