

Resultatliste

Råskinnet 2011

30.04.2011

| Plass | Navn | Klubb | Startnr | Tid | Etter |
|-------|------|-------|---------|-----|-------|
|-------|------|-------|---------|-----|-------|

NOCLAS

| | | | | | |
|--------|-----------------------|--------------|--------------|---------|---------|
| 1 | 88888 A2 Ukjent løper | NOTEAM | 88888 | 49:37 | |
| 2 | 33333 A2 Ukjent løper | NOTEAM | 33333 | 3:23:51 | 2:34:14 |
| Antall | 2 | Påmeldte: 10 | Startende: 3 | | |

KT Jenter 6 år

| | | | | | |
|--------|------------------------|------------------------|---------------|-------|--|
| | Kamilla Talmo | Gulset If | 170 | 11:12 | |
| | Tilde Strøm | NOTEAM | 171 | 11:07 | |
| | Ingeborg Stenvold | Årvoll II | 172 | 09:31 | |
| | Quintessa O'toole | NOTEAM | 173 | 11:19 | |
| | Tia Møgedal | Nydalens Skiklub | 174 | 13:16 | |
| | Rikke Løchen Engdahl | NOTEAM | 175 | 09:18 | |
| | Ingrid Elise Kullerud | Varteig II | 176 | 10:24 | |
| | Maja Mo Hjelseth | Nydalens Skiklub | 177 | 12:54 | |
| | Nora Christine Hansen | Røyken Orienteringslag | 178 | 09:04 | |
| | Madeleine Francke Berg | Røa II | 179 | 08:59 | |
| | Stine Fosse | Kjelsås | 180 | 09:49 | |
| | Milla G Andreassen | NOTEAM | 181 | 09:05 | |
| | Mari Aarseth | NOTEAM | 182 | 09:20 | |
| | Hedda Solheim | NOTEAM | 673 | 11:50 | |
| | Mathilde Kumle | NOTEAM | 693 | 11:18 | |
| | Mathea Mellingsæter | Lyn Ski | 697 | 12:31 | |
| Antall | 16 | Påmeldte: 16 | Startende: 16 | | |

KT Jenter 7 år

| | | | | | |
|--------|------------------------------|------------------------|---------------|-------|--|
| | Elen Woxholt | Årvoll II | 126 | 09:37 | |
| | Line-Charlotte Tandberg | Rosaklubben II | 128 | 09:37 | |
| | Nora Smidesang | Lyn Ski | 130 | 08:49 | |
| | Eirin Aae Skotheim | Koll | 131 | 08:57 | |
| | Selma Skeie | Fossum | 132 | 09:17 | |
| | Aurora Wilkens Jernberg | Kjelsås II | 133 | 09:35 | |
| | Johanne Jarbeaux | NOTEAM | 134 | 09:48 | |
| | Kathinka Hovig | NOTEAM | 135 | 09:01 | |
| | Helene Ragner Haugland | Koll II | 136 | 08:36 | |
| | Kathinka Z. Hagen | Njård | 137 | 09:23 | |
| | Guro Grenan-Grimstad | Annikas Birthday Party | 138 | 10:07 | |
| | Annika Grenan | Høvik If | 139 | 08:51 | |
| | Karoline Espe | Gif | 140 | 10:04 | |
| | Embla Blindheim Jablonski | Jablonski II | 141 | 11:08 | |
| | Martine Fiskerstrand Blekeli | Lyn Ski | 142 | 06:40 | |
| | Emilie Agathe Besseberg | Dfi | 143 | 09:42 | |
| | Johanne Jarbeaux | NOTEAM | 666 | 10:18 | |
| | Synne Holmann | NOTEAM | 672 | 10:14 | |
| | Maja Sofie Aubert | Lyn | 687 | 08:52 | |
| | Maia Strøm-Roum | Lyn | 688 | 08:01 | |
| | Mathilde Boland | Drøbak/frogn II | 690 | 09:55 | |
| Antall | 21 | Påmeldte: 24 | Startende: 24 | | |

KT Jenter 8 år

| | | | | | |
|--|----------------------|-----------------|----|-------|--|
| | Marie Hexeberg Warlo | Asker Skiklubb | 74 | 07:52 | |
| | Cornelia Maria Usler | Rustad II | 75 | 06:01 | |
| | Hannah Taug | Oliver99 | 76 | 08:35 | |
| | Cornelia Taranger | Holmen Langrenn | 77 | 07:38 | |
| | Oda Strøm | NOTEAM | 78 | 11:07 | |

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|-----------------------|------------------------------|------------------------|---------------|-------|-------|
| KT Jenter 8 år | | | | | |
| 79 | Synne Selberg | Strømmen Og Lillestrøm | 79 | 07:21 | |
| | Tuva Rønnskår | Konnerud I.I. | 80 | 07:16 | |
| | Christina Elise Osnes-Ringen | Lyn | 81 | 06:34 | |
| | Mille Martinussen | Fossum If | 83 | 07:06 | |
| | Vilde Martinsen | Nittedal II | 84 | 07:46 | |
| | Elina Grøholdt | Sørkedalen If | 85 | 07:54 | |
| | Vårin Grenan | Koll | 86 | 09:18 | |
| | Celina Doyle | NOTEAM | 88 | 08:34 | |
| | Ingvild Brennhovd | Lyn | 89 | 07:22 | |
| | Kaja Blom | Team Xtra Personell | 90 | 10:22 | |
| | Maren Karlsen Bekkestad | Eiker Kvikk Friidrett | 91 | 07:44 | |
| | Lotte Aspaas | Melkesyra Junior | 92 | 08:18 | |
| | Ida M. Myhre | NOTEAM | 677 | 08:55 | |
| Antall | 18 | Påmeldte: 20 | Startende: 20 | | |

Råskinnset

| | | | | | |
|--------|---------------------|-------------|--------------|---------|--|
| 1 | Christoffer Eriksen | NOTEAM | 3400 | 1:27:57 | |
| Antall | 1 | Påmeldte: 1 | Startende: 1 | | |

KT Jenter 9 år

| | | | | | |
|--------|-------------------------|------------------------|---------------|-------|--|
| | Mia Helene Vogel-Låg | Bul | 12 | 07:26 | |
| | Maria Vestengen | Nittedal II | 13 | 05:48 | |
| | Sina Marie Thorstensen | Koll | 14 | 07:21 | |
| | Sara Seeberg-Rommetveit | Strømmen Og Lillestrøm | 15 | 07:27 | |
| | Maria O Schiøtz | Svea Skilag | 16 | 07:29 | |
| | Sara Børsting Saltnes | Asker Skiklubb | 17 | 06:38 | |
| | Tuva Fossen Rosenberg | Nordre Land II | 18 | 08:23 | |
| | Lina Pettersen | Koll | 19 | 07:40 | |
| | Tuva Kristine Lund | Holmen Langrenn | 21 | 08:15 | |
| | Hannah Lervik | Asker Skiklubb | 22 | 06:50 | |
| | Helle Heyerdahl | Team Rjukan Vvs & | 25 | 07:07 | |
| | Embla Hasvoll | Bul | 27 | 07:24 | |
| | Sofia Grenan-Grimstad | Annikas Birthday Party | 28 | 08:07 | |
| | Emilie Grenan | Høvik If | 29 | 09:54 | |
| | Stella Kristina Gjære | Hvalstad | 30 | 07:53 | |
| | Felise Bøe | Koll II | 31 | 07:24 | |
| | Marte Madslie Bakken | Nydalens Skiklub | 34 | 06:16 | |
| | Oda Scheele | Nydalen SK | 680 | 07:30 | |
| | Synne Norland | NOTEAM | 689 | 08:14 | |
| | Kaja Malmbekk | Holmen If | 694 | 08:00 | |
| | Frida Brevik | LSVK | 695 | 06:32 | |
| | Connelia Karlsson | Bærums Skiklubb | 700 | 06:58 | |
| Antall | 22 | Påmeldte: 28 | Startende: 28 | | |

KT Jenter 10 år

| | | | | | |
|--------|----------------------|-----------------|--------------|-------|--|
| | Marie Sisjord Nyvoll | Fossum If | 4 | 07:22 | |
| | Aurora Berner | Melkesyra Jr SK | 6 | 08:18 | |
| Antall | 2 | Påmeldte: 3 | Startende: 3 | | |

KT Gutter 6 år

| | | | | | |
|--|-------------------------|--------------|-----|-------|--|
| | Marcus Wiksaas | Team Wiksaas | 183 | 09:12 | |
| | August Throndsen Volden | NOTEAM | 184 | 12:20 | |

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|-----------------------|----------------------------|-----------------------|---------------|-------|-------|
| KT Gutter 6 år | | | | | |
| 185 | Jonas Syversen | Harestua II | 185 | 15:43 | |
| | Marius Sviland | Ingen | 186 | 11:17 | |
| | Frikk Holemark Sunde | Nordstrand If | 187 | 09:41 | |
| | Joakim Jæger Stang | Røa II | 188 | 08:11 | |
| | Mikkel Skårås | NOTEAM | 189 | 08:52 | |
| | Filip Skari | Nittedal II | 190 | 07:49 | |
| | Ole Fossen Rosenberg | Nordre Land II | 191 | 08:56 | |
| | Mari Ovidia Ranestad | Hamar II Friidrett | 192 | 11:27 | |
| | Otto Nordraak | Gvv | 193 | 08:39 | |
| | Tobias Lium | NOTEAM | 194 | 12:19 | |
| | Aksel Kilander | Ready | 195 | 08:22 | |
| | Sondre Løvseth Kavlie | Heming | 196 | 13:07 | |
| | Philip Ingulstad Torrissen | NOTEAM | 197 | 13:13 | |
| | Nikolai Wik Håland | Svensenga Sportsklubb | 198 | 09:19 | |
| | Andreas Wiesener Haga | Lyn | 199 | 07:50 | |
| | Odin Fjøsne-Hexeberg | Nittedal II | 200 | 09:10 | |
| | Kaia Elverum | Try | 201 | 08:26 | |
| | Jørgen S. Innselset | Team Fjelluft | 665 | 12:52 | |
| | Mads Kvamme | Kvammeklanen | 668 | 10:01 | |
| | Christopher Taranger | Holmen If | 670 | 07:13 | |
| | Mats M. Myhre | NOTEAM | 675 | 09:13 | |
| | Thomas Dokken-Hansen | Bjerne IL | 679 | 09:56 | |
| | Philip Holme | Kjelsås II | 684 | 09:15 | |
| Antall | 25 | Påmeldte: 26 | Startende: 26 | | |

KT Gutter 7 år

| | | | | | |
|--------|---------------------------|----------------|---------------|-------|--|
| | August Vesterhus-Jacobsen | Team S&j | 145 | 06:46 | |
| | Michael Trandokken | Njård Langrenn | 146 | 06:43 | |
| | Ola Skaar | Nittedal II | 147 | 07:35 | |
| | Torjus Opheim Sauar | Koll | 148 | 08:37 | |
| | Viljar Kaul Sagen | Korsvoll II | 149 | 08:16 | |
| | Philip Rynning-Nielsen | Heming | 150 | 09:11 | |
| | Filip Osnes-Ringen | Lyn | 151 | 06:57 | |
| | Halvor Opheim | NOTEAM | 152 | 07:12 | |
| | Ask Olaussen | Rustad | 153 | 05:55 | |
| | Daniel Felipe Nygård | NOTEAM | 154 | 08:29 | |
| | Skage Norstein | If Frøy | 155 | 07:41 | |
| | Magnus Mansfield | NOTEAM | 156 | 09:32 | |
| | Dennis Lie | Oppegård II | 157 | 08:02 | |
| | Edvard Kobbenes | NOTEAM | 158 | 09:23 | |
| | Amandus Molland Karlson | NOTEAM | 159 | 07:46 | |
| | Eirik Haugli | Haslum | 160 | 08:08 | |
| | Even Haugli | Haslum | 161 | 07:23 | |
| | Tobias Foseide Flenning | Team Tutta | 162 | 09:26 | |
| | Markus Fjeldheim | NOTEAM | 163 | 09:53 | |
| | Anders Fauske-Sjøstedt | NOTEAM | 164 | 08:03 | |
| | Henrik G. Engen | Sørkedalen If | 165 | 09:03 | |
| | Jacob Bøymo | Kns | 166 | 07:34 | |
| | Alexander Bømark Hanssen | Bækkelaget | 167 | 06:25 | |
| | Petter Brennhovd | Lyn | 168 | 08:20 | |
| | Jacob Berning-Johansen | Heming | 169 | 09:09 | |
| | Axel Kapstad | Snarbya | 663 | 12:55 | |
| Antall | 26 | Påmeldte: 26 | Startende: 26 | | |

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| Plass | Navn | Klubb | Startnr | Tid | Etter |
|-----------------------|---------------------------|---------------------|---------------|-------|-------|
| KT Gutter 8 år | | | | | |
| | Kasper Bakken Ulseth | Nydalens Skiklub | 93 | 05:55 | |
| | Matheus Ullmann | Haslum II | 94 | 07:33 | |
| | Nikolay Wesenberg Tulka | Team Xtra Personell | 95 | 08:48 | |
| | Elia Thorvik | Kjelsås | 96 | 05:36 | |
| | Jørgen Sundquist | Gjelleråsen Ski | 98 | 07:43 | |
| | Bastian Leonardo Holemark | Nordstrand If | 99 | 08:32 | |
| | Jonas Stuhlfauth | Rsk | 100 | 06:50 | |
| | Eilif Bildøy Sollien | Lommedalens II | 101 | 05:49 | |
| | Paul Johan Slungaard | Heming | 102 | 11:15 | |
| | Ask Schønning | NOTEAM | 103 | 07:04 | |
| | Iver Schjetne | Lommedalen II | 104 | 06:55 | |
| | Vegard Ranestad | Hamar II Friidrett | 105 | 07:08 | |
| | Halvor Nord Meland | Koll | 106 | 08:25 | |
| | Max Myrmo | Bærum Sportsklubb | 107 | 05:56 | |
| | Sondre Lyssandtræ | Årvoll I.I | 109 | 08:02 | |
| | Oskar Haug Lund | NOTEAM | 110 | 07:09 | |
| | Sigve Kostøl | Gjelleråsen Ski | 111 | 06:13 | |
| | Håkon Løvseth Kavlie | Heming | 112 | 07:58 | |
| | Stefan Kavlie | NOTEAM | 113 | 08:30 | |
| | Noah Holth Hovland | Lisleby Fk | 114 | 09:48 | |
| | Ole Holmboe | Hakadal II | 115 | 07:10 | |
| | Teodor Mo Hjelseth | Nydalens Skiklub | 117 | 06:04 | |
| | Simen Gravningen | Stokke II | 118 | 05:44 | |
| | Johannes Galåen | Kjelsås | 119 | 06:10 | |
| | Trym Fjøsne-Hexeberg | Nittedal II | 120 | 06:49 | |
| | Kasper Elde Johansen | Melkesyra SK | 121 | 08:26 | |
| | Niklas Bøe | Koll II | 122 | 08:56 | |
| | Jason Buan | Grüner | 123 | 05:58 | |
| | Morten Almaas | Koll | 124 | 06:30 | |
| | Jonas Aarseth | Nydalens Akiklubb | 125 | 07:47 | |
| | Sigurd Larsen Nørve | Skeid | 667 | 09:51 | |
| | Jesper Vinje | Koll II | 674 | 06:35 | |
| | Emil Gråbøl | Koll II | 676 | 06:37 | |
| | Simen Skattum | Koll II | 681 | 06:25 | |
| | Wictor Holme | Kjelsås II | 683 | 06:27 | |
| | Jonatan Molaug | Haslum | 685 | 07:20 | |
| | Jesper Steinkjer Løken | Haslum | 686 | 07:10 | |
| | Joakim Mortensen | Stovnerkameratene | 691 | 07:56 | |
| | Sebastian Kumle | Holmen If | 692 | 07:44 | |
| Antall | 39 | Påmeldte: 42 | Startende: 42 | | |

KT Gutter 9 år

| | | | | | |
|--|-----------------------|----------------------|----|-------|--|
| | Gard Woxholt | Årvoll II | 35 | 07:14 | |
| | Eirik Wilhelmsen | Harestua II | 36 | 07:19 | |
| | Niclas Ulrichsen | Nykirke If | 37 | 07:17 | |
| | Tollef Tryli | Stor-elvdal Skiklubb | 38 | 05:31 | |
| | Jørgen Thorud | Lyn Ski | 39 | 08:54 | |
| | Lars Ritland Thomsen | Røa II | 40 | 07:06 | |
| | Eivind Stenvold | Årvoll II | 41 | 05:29 | |
| | Eivind Seljeset | Røa II | 42 | 07:12 | |
| | Mads Røskeland | Ready | 43 | 05:39 | |
| | Michael Pettersen | Gjelleråsen | 44 | 05:43 | |
| | Leon Steinheim Nygård | Gif | 45 | 06:22 | |
| | Johannes Moe | Try | 47 | 05:47 | |
| | Filip Meo | Røa II | 48 | 06:09 | |
| | Sindre Magndal | Gif | 49 | 06:21 | |

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| Plass | Navn | Klubb | Startnr | Tid | Etter |
|-----------------------|------------------------------|----------------------|---------------|-------|-------|
| KT Gutter 9 år | | | | | |
| 50 | Magnus Lund | Nittedal II | 50 | 06:44 | |
| | Espen Lien Thoresen | Ready | 51 | 06:31 | |
| | Sondre Robøle Lien | Hamar Skiklubb | 52 | 05:34 | |
| | Toby Kavlie | NOTEAM | 53 | 06:58 | |
| | Joakim Wilkens Jernberg | Kjelsås II | 54 | 06:10 | |
| | Jens Høie | Rustad | 55 | 05:28 | |
| | Sondre Z. Hagen | Njård | 56 | 06:01 | |
| | Bernhard W. Gundersen | Harestua II | 57 | 07:18 | |
| | Magnus Martinius Gulbrandsen | Eik-Tønsberg | 58 | 05:24 | |
| | Eirik Schau Giskås | Irs | 59 | 05:26 | |
| | Mathias Fosse | Kjelsås | 60 | 06:39 | |
| | Sander Fosse | Kjelsås | 61 | 06:24 | |
| | Lars-Olav Flatla | Harestua II | 62 | 06:42 | |
| | Sondre Espe | Gif | 63 | 05:54 | |
| | Truls Elverum | Try | 64 | 05:22 | |
| | Adrian Harberg Disen | NOTEAM | 65 | 04:54 | |
| | Jesper Harberg Disen | NOTEAM | 66 | 04:51 | |
| | Felix Linus Dahl | Røa II | 67 | 06:12 | |
| | Simen Bratteng | Gjelleråsen | 68 | 05:40 | |
| | Fabian Berlin | Try | 69 | 05:38 | |
| | Isak Skari Berger | Lillehammer Skiklub | 70 | 04:57 | |
| | Erlend Andersen | Rena II | 71 | 05:30 | |
| | Anders Amdal | Røa II | 72 | 05:50 | |
| | Simon Alstad | Kjelsås | 73 | 05:31 | |
| | Hans Stordahl | NOTEAM | 664 | 05:45 | |
| | Fredrik Frafjord | Bøler If | 682 | 05:09 | |
| | Markus Andresen | Kjelsås II | 696 | 05:35 | |
| | Jonathan Bjelke Kachel | Vestre Aker Skiklubb | 698 | 06:26 | |
| | Jens Opstad | Kjelsås II | 699 | 06:23 | |
| Antall | 43 | Påmeldte: 44 | Startende: 44 | | |

KT Gutter 10 år

| | | | | | |
|--------|-----------------------|----------------------|--------------|-------|--|
| | Vemund Wangen | Lillehammer Skiklubb | 7 | 06:34 | |
| | Henrik Alm Revelsby | Bækkelaget SK | 8 | 05:13 | |
| | Herman Malme | Horsegarden Rangers | 9 | 07:11 | |
| | Jonas S H Forde | Holmen If | 10 | 05:58 | |
| | Marcus Bømark Hanssen | Bækkelaget | 11 | 05:41 | |
| | Even Elias Heir | Gif | 669 | 07:25 | |
| | Erik Holmeide | Bsk | 678 | 06:10 | |
| Antall | 7 | Påmeldte: 7 | Startende: 7 | | |

KT Jenter 11 År *****

| | | | | | |
|--------|-------------------------|--------------------|--------------|-------|-------|
| 1 | Mathilde Bømark Hanssen | Bækkelaget | 3 | 06:14 | |
| 2 | Sigrid Hovdenak | Hvalstad | 2 | 07:54 | 01:40 |
| 3 | Henriette Krokfoss | Lørenskog Skiklubb | 1 | 09:06 | 02:52 |
| Antall | 3 | Påmeldte: 3 | Startende: 3 | | |

Knøttetassen

| | | | | | |
|--------|--------------------------|--------------|--------------|-------|-------|
| 1 | Ellen Gimse | Jar Håndball | 671 | 06:45 | |
| 2 | William Osnes-Ringen | Lyn | 203 | 07:37 | 00:52 |
| 3 | Hampus Jonasson | Hövik | 206 | 07:51 | 01:06 |
| 4 | Tollef Tandberg Guntvedt | Fossum If | 204 | 11:06 | 04:21 |
| Antall | 4 | Påmeldte: 5 | Startende: 5 | | |

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|------------------------|---------------------------|------------------------|---------|--------------|-------|
| RT Jenter 10-11 | | | | | |
| 1 | Margrethe Gjerde Jensen | Try II | 1305 | 16:16 | |
| 2 | Kristin Austgulen Fosnæs | Fossum If | 1308 | 17:00 | 00:44 |
| 3 | Mari Victoria Robøle Lien | Hamar Skiklubb | 1294 | 17:43 | 01:27 |
| 4 | Annette Berntsen | Vild II | 1315 | 18:10 | 01:54 |
| 5 | Ane Uglem Mobakken | Lillomarka Skiklubb | 1392 | 18:15 | 01:59 |
| 6 | Pernille Bakken | Vind II | 1316 | 18:58 | 02:42 |
| 7 | Sunniva Skjeldal | Hof II | 1276 | 19:00 | 02:44 |
| 8 | Carmen Maria Usler | Rustad II | 1377 | 19:05 | 02:49 |
| 9 | Katrine Talmo | Gulset If | 1381 | 19:14 | 02:58 |
| 10 | Isa Skeie | Fossum | 1277 | 19:18 | 03:02 |
| 11 | Elise Nordberg Næss | Lørenskog Skiklubb | 1283 | 19:27 | 03:11 |
| 12 | Marie Harstveit | Rustad II | 1301 | 19:33 | 03:17 |
| 13 | Anna Tryli | Stor-elvdal Skiklubb | 1378 | 19:36 | 03:20 |
| 14 | Siri Vestengen | Nittedal II | 1269 | 19:52 | 03:36 |
| 15 | Heidi Grøholdt | Sørkedalens If | 1304 | 19:54 | 03:38 |
| 16 | Caroline Molland Karlson | NOTEAM | 1297 | 19:56 | 03:40 |
| 16 | Nora Galåen | Kjelsås | 1400 | 19:56 | 03:40 |
| 18 | Eiklid Mathilde | Sørkedalen | 1288 | 19:57 | 03:41 |
| 19 | Lotte Myklemyr | If Birkebeineren | 1286 | 20:01 | 03:45 |
| 19 | Tiril Bergitte Lund | Holmen Langrenn | 1292 | 20:01 | 03:45 |
| 21 | Thea Charlotte Hansen | Røyken Orienteringslag | 1302 | 20:06 | 03:50 |
| 22 | Benedicte Germundson | Heming II | 1306 | 20:27 | 04:11 |
| 23 | Ida Ramstad | Nittedal II | 1387 | 20:30 | 04:14 |
| 24 | Kaja Aamodt Grønlie | Røa II | 1410 | 20:36 | 04:20 |
| 25 | Sunniva Lyssandtræ | Årvoll I.I | 1291 | 20:37 | 04:21 |
| 26 | Johanne Bergan | Jar Håndball | 1405 | 20:41 | 04:25 |
| 27 | Dorthe Martinussen | Fossum If | 1289 | 20:42 | 04:26 |
| 28 | Stine Myrmo | Haslum | 1285 | 20:50 | 04:34 |
| 29 | Emma G Andreassen | Bekkelaget Spkl | 1317 | 20:51 | 04:35 |
| 30 | Ingrid Thune Rølsen | Røa | 1279 | 20:53 | 04:37 |
| 31 | Angelica Bratteng | Gjelleråsen | 1313 | 21:07 | 04:51 |
| 32 | Julie Syversen | Harestua II | 1271 | 21:08 | 04:52 |
| 33 | Selma Løchen Engdahl | Koll II | 1394 | 21:11 | 04:55 |
| 34 | Ida Johansen | Hif | 1298 | 21:13 | 04:57 |
| 35 | Mari Balke Fjellang | Koll II | 1479 | 21:14 | 04:58 |
| 36 | Hege Caroline Pettersen | Lommedalen II | 1280 | 21:15 | 04:59 |
| 37 | Nina Davies | Njård | 1403 | 21:16 | 05:00 |
| 38 | Rim Hjelde El Mofty | Team Rim | 1300 | 21:42 | 05:26 |
| 39 | Frøya Bildøy Sollien | Lommedalens II | 1385 | 21:45 | 05:29 |
| 40 | Rebecca Ullmann | Haslum II | 1270 | 21:49 | 05:33 |
| 41 | Helene Halvorsen | Jar Håndball | 1477 | 21:56 | 05:40 |
| 42 | Mariann Mosvold | Koll | 1287 | 22:00 | 05:44 |
| 43 | Sofie Eidal | Frisk Asker | 1402 | 22:03 | 05:47 |
| 44 | Martine G. Engen | Røa II | 1401 | 22:04 | 05:48 |
| 45 | Selma Rydland Fjøsne | Nittedal II | 1309 | 22:06 | 05:50 |
| 46 | Nora Andersen | Røa | 1408 | 22:18 | 06:02 |
| 47 | Ingeborg Nesset | Koll | 1284 | 22:21 | 06:05 |
| 48 | Karoline Vik Tolo | Lommedalens II | 1379 | 22:26 | 06:10 |
| 49 | Aurora Myhrum | Lommedalen II | 1472 | 22:39 | 06:23 |
| 50 | Helene Krokfoss | Lørenskog Skiklubb | 1295 | 22:40 | 06:24 |
| 51 | Maria Heiberg Sverdrup | Røa | 1382 | 22:43 | 06:27 |
| 52 | Emilie Aspaas | Melkesyra Junior | 1407 | 22:53 | 06:37 |
| 52 | Hanna Frisinger | Raufoss II Langrenn | 1307 | 22:53 | 06:37 |
| 54 | Siri Dueled | Koll | 1311 | 23:02 | 06:46 |
| 55 | Julia Rönnskär | Konnerud I.I. | 1386 | 23:28 | 07:12 |
| 56 | Ella Paola Holemark Sunde | Privat | 1384 | 23:30 | 07:14 |
| 57 | Kaia Malme Gulbrandsen | If Frøy | 1399 | 23:36 | 07:20 |

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| RT Jenter 10-11 | | | | | |
| 58 | Dina Lund | Rustad II | 1395 | 23:37 | 07:21 |
| 59 | Sandra Dahl | NOTEAM | 1312 | 23:43 | 07:27 |
| 59 | Victoria Svendsen | Skiptvet II | 1274 | 23:43 | 07:27 |
| 61 | Marie Holmboe | Hakadal II | 1299 | 23:45 | 07:29 |
| 62 | Selma Andersen | Røa | 1409 | 23:53 | 07:37 |
| 63 | Liv_jorunn Borgfjellmo Huag | Harestua II | 1314 | 23:55 | 07:39 |
| 64 | Synnøve J Svendsen | Harestua II | 1273 | 23:56 | 07:40 |
| 65 | Hanna Ragner Haugland | Koll | 1397 | 24:13 | 07:57 |
| 66 | Julie Næss Skavhaug | NOTEAM | 1282 | 24:19 | 08:03 |
| 67 | Fanny Nordhagen Hamran | Koll | 1303 | 24:20 | 08:04 |
| 68 | Tuva Næss Skavhaug | Røa | 1389 | 24:23 | 08:07 |
| 69 | Simone Sigde | Linderud | 1278 | 24:34 | 08:18 |
| 70 | Frida R Asplund | Jar Idrettslag | 1406 | 24:40 | 08:24 |
| 71 | Fanny Fenstad Ørstavik | Jar Håndball | 1478 | 24:41 | 08:25 |
| 72 | Ada Wulfsberg | II Koll | 1376 | 24:43 | 08:27 |
| 73 | Karine Sverdrup-Thygeson | Østmarka Ok | 1272 | 24:45 | 08:29 |
| 74 | Katrine Sundsbak | Røa II | 1383 | 24:49 | 08:33 |
| 75 | Minna Ørsal | NOTEAM | 1268 | 25:11 | 08:55 |
| 76 | Christiane Peretz | Koll | 1281 | 25:31 | 09:15 |
| 77 | Ragne Norstein | If Frøy | 1390 | 27:18 | 11:02 |
| 78 | Erle Linn Hetland Hauge | Koll | 1398 | 27:19 | 11:03 |
| 79 | Hedda Nord Meland | NOTEAM | 1391 | 27:20 | 11:04 |
| 80 | Anna Lovise Bøymo | Kns | 1404 | 28:41 | 12:25 |
| 81 | Amanda Hetland | Røa | 1396 | 30:58 | 14:42 |
| 82 | Tuva Paulsen | NOTEAM | 1388 | 31:09 | 14:53 |
| Antall | 82 | Påmeldte: 90 | Startende: 90 | | |

RT Jenter 12-13

| | | | | | |
|----|-------------------------------|-------------------------|------|-------|-------|
| 1 | Martine Engebretsen | Heming | 1107 | 14:19 | |
| 2 | Tina Knutsmoen | Nesodden If | 1096 | 14:26 | 00:07 |
| 3 | Sara Pettersen Fuglu | Nes Ski | 1105 | 14:46 | 00:27 |
| 4 | Ingrid Cecilie Brakstad | Bækkelagets Sportsklubb | 1208 | 15:44 | 01:25 |
| 5 | Henriette Smeby | Nydalen SK | 1190 | 15:52 | 01:33 |
| 6 | Amalie Honerud Olsen | Eiker Kvikk | 1098 | 16:05 | 01:46 |
| 7 | Emma Bjørndal | Nordre Eidsvoll II Ski | 1113 | 16:19 | 02:00 |
| 8 | Ingeborg Halvorsen | Jar Håndball | 1103 | 16:27 | 02:08 |
| 9 | Stina Seline R. Strengenes | Nordre Eidsvoll II Ski | 1087 | 16:33 | 02:14 |
| 10 | Synne Eriksrud | Jevnaker If Ski | 1106 | 16:35 | 02:16 |
| 11 | Hedda Ugland | Nittedal II | 1083 | 16:37 | 02:18 |
| 12 | Julie Thue Holthe | Bærumhundekjørerklubb | 1099 | 16:40 | 02:21 |
| 12 | Mari Hognestad | Nordre Eidsvoll II | 1101 | 16:40 | 02:21 |
| 14 | Helena Kumar Westberg | Koll II | 1095 | 16:44 | 02:25 |
| 15 | Sigrid Stakston | Søre Ål II | 1189 | 16:57 | 02:38 |
| 16 | Hedda Hulbaklien Bakke | Koll | 1117 | 16:58 | 02:39 |
| 17 | Frida Kullerud | Varteig II | 1196 | 17:20 | 03:01 |
| 18 | Line Wegner Hodt | Fossum If | 1102 | 17:23 | 03:04 |
| 19 | Hanna Ugland | Nittedal II | 1082 | 17:24 | 03:05 |
| 20 | Mathilde Sofie Kjellsbøl Hole | Gjelleråsen If | 1100 | 17:25 | 03:06 |
| 21 | Victoria Sunde | Bækkelagets SK | 1086 | 17:48 | 03:29 |
| 22 | Anette Røysland | NOTEAM | 1088 | 17:50 | 03:31 |
| 23 | Victoria Børresen | Minerva | 1110 | 17:52 | 03:33 |
| 24 | Hedda Børsting Saltnes | Asker Skiklubb | 1192 | 17:56 | 03:37 |
| 25 | Guro Finstad Bjerken | Gjerdrum | 1114 | 18:13 | 03:54 |
| 26 | Emilie Auestad | Nil | 1118 | 18:15 | 03:56 |
| 27 | Ingrid Hoff-Nordstrand | Lillehammer Skiklub | 1202 | 18:16 | 03:57 |
| 28 | Hannah Margrethe Thorstensen | Koll | 1182 | 18:19 | 04:00 |

Resultatliste

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| Plass | Navn | Klubb | Startnr | Tid | Etter |
|------------------------|--------------------------|---------------------|---------------|-------|-------|
| RT Jenter 12-13 | | | | | |
| 29 | Mathea Kvadsheim | Bsk | 1094 | 18:21 | 04:02 |
| 30 | Kaia Ritland Thomsen | Røa II | 1183 | 18:35 | 04:16 |
| 31 | Anna Christina Thorsheim | Asker Skiklubb | 1085 | 18:38 | 04:19 |
| 32 | Anniken Prietz Staude | Røa | 1188 | 18:50 | 04:31 |
| 33 | Paul Magnus Bratlie | Bøler If | 1112 | 19:00 | 04:41 |
| 34 | Henriette Hannisdal | Røa II | 1205 | 19:01 | 04:42 |
| 35 | Vilde Thorud | Koll | 1084 | 19:03 | 04:44 |
| 36 | Linnea Skaare Søbstad | Koll II | 1187 | 19:04 | 04:45 |
| 37 | Mydske Andrea | Koll | 1119 | 19:09 | 04:50 |
| 38 | Emma Ørstavik | Jar Håndball J98 | 1080 | 19:17 | 04:58 |
| 39 | Guro Skari Berger | Lillehammer Skiklub | 1211 | 19:21 | 05:02 |
| 40 | Kaja Brevik | Bsk | 1111 | 19:23 | 05:04 |
| 41 | Marie Burns Bergan | Jar Håndball | 1115 | 19:26 | 05:07 |
| 42 | Frida Enander | Gjelleråsen If | 1108 | 19:30 | 05:11 |
| 43 | Thea Mabel Johnsen | Gjelleråsen If | 1198 | 19:31 | 05:12 |
| 44 | Vilde Flaget Hesle | Bul | 1203 | 19:34 | 05:15 |
| 45 | Emilie Berg | Jar | 1116 | 19:38 | 05:19 |
| 46 | Sunniva Ottestad | Hsk | 1193 | 19:40 | 05:21 |
| 47 | Malin Marti | Gjelleråsen If | 1093 | 19:41 | 05:22 |
| 48 | Dina Longva Zimmermann | Lørenskog Skiklubb | 1081 | 19:53 | 05:34 |
| 48 | Emma Sørset | Oppegård II | 1186 | 19:53 | 05:34 |
| 50 | Hedvig Fjøsne Bredesen | Nittedal II | 1207 | 19:55 | 05:36 |
| 51 | Sunniva Døhlen Murberg | Åsen II | 1195 | 19:59 | 05:40 |
| 52 | Inger Nordberg Næss | Lørenskog Skiklubb | 1092 | 20:03 | 05:44 |
| 53 | Nora Berlin | Try | 1210 | 20:05 | 05:46 |
| 53 | Marte Andreassen | Stabæk IF | 1473 | 20:05 | 05:46 |
| 55 | Ane Holm Grøneng | Lillehammer Skiklub | 1201 | 20:08 | 05:49 |
| 55 | Maren Talmo | Koll | 1185 | 20:08 | 05:49 |
| 57 | Celine Kjærnsval | Lørenskog Skiklubb | 1097 | 20:39 | 06:20 |
| 58 | Ingrid Hernes Berre | Bøler | 1209 | 20:43 | 06:24 |
| 58 | Sara Malme Gulbrandsen | If Frøy | 1206 | 20:43 | 06:24 |
| 60 | Tuva Rønningen | Nittedal | 1089 | 20:46 | 06:27 |
| 61 | Vibeke Kayser | Koll | 1197 | 20:47 | 06:28 |
| 62 | Vilde Frydenlund Norling | Koll | 1194 | 20:48 | 06:29 |
| 63 | Ingrid Aaslund | Fet Skiklubb | 1212 | 21:39 | 07:20 |
| 64 | Vilde Tunheim | Lørenskog Skiklubb | 1181 | 21:40 | 07:21 |
| 65 | Ylva Taug | Oliver99 | 1184 | 22:17 | 07:58 |
| 66 | Sandra Sedeniussen | Gjelleråsen If Ski | 1191 | 22:19 | 08:00 |
| 67 | Lea Clasen | Jar Håndball | 1109 | 23:26 | 09:07 |
| 68 | Johanna Falkgård Riege | Jar Håndball J-98 | 1090 | 23:27 | 09:08 |
| 69 | Charlotte Groven | Bsk | 1104 | 23:28 | 09:09 |
| 70 | Anniken Ribe | Jar Håndball | 1091 | 23:29 | 09:10 |
| 71 | Hedda Hove Lund | NOTEAM | 1200 | 24:21 | 10:02 |
| 72 | Henriette Haugen | Røa | 1204 | 24:59 | 10:40 |
| 73 | Sofie Amalie Johansen | NOTEAM | 1199 | 29:11 | 14:52 |
| Antall | 73 | Påmeldte: 75 | Startende: 75 | | |

RT Jenter 14-15

| | | | | | |
|---|-----------------------|-------------------------|------|-------|-------|
| 1 | Oda Karlsen Bekkestad | Eiker Kvikk Friidrett | 1018 | 15:05 | |
| 2 | Marte Sofie Buraas | Lillehammer If | 1017 | 15:06 | 00:01 |
| 3 | Nora Apelgren | Lif | 1020 | 15:26 | 00:21 |
| 4 | Anne Xiu Heide Hoff | Koll | 1013 | 16:38 | 01:33 |
| 5 | Marie Grepperud | Svelvik Sykleklubb | 1014 | 17:08 | 02:03 |
| 6 | Sigrid Linn | Gausdal Friidrettsklubb | 1008 | 17:15 | 02:10 |
| 7 | Tuva Børsting Saltnes | Asker Skiklubb | 1041 | 17:22 | 02:17 |
| 8 | Malin Prietz Staude | Røa | 1039 | 17:40 | 02:35 |

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| Class | Navn | Klubb | Startnr | Tid | Etter |
|------------------------|---------------------------|------------------------|---------------|-------|-------|
| RT Jenter 14-15 | | | | | |
| 9 | Charlotte Torsvik | NOTEAM | 1035 | 17:42 | 02:37 |
| 9 | Katerina Dahl | NOTEAM | 1046 | 17:42 | 02:37 |
| 11 | Guro Jordheim | Hemsedal | 1011 | 17:49 | 02:44 |
| 12 | Kristin Stjern | Vind I.I. | 1038 | 18:01 | 02:56 |
| 13 | Oda Alette Kjellsbøl Hole | Gjelleråsen If | 1012 | 18:20 | 03:15 |
| 14 | Mari Karlsen | Nesodden If | 1010 | 18:34 | 03:29 |
| 15 | Eir Løkken | Raufoss II Langrenn | 1043 | 18:43 | 03:38 |
| 16 | Thelma Bay Bang | Ready | 1019 | 19:12 | 04:07 |
| 17 | Nina Dybwad | Ready | 1016 | 19:16 | 04:11 |
| 18 | Kristine Dueled | Koll | 1045 | 19:17 | 04:12 |
| 19 | Hedda Vonen | NOTEAM | 1034 | 19:18 | 04:13 |
| 20 | Elise Skjelland | Koll | 1040 | 19:19 | 04:14 |
| 21 | Kristin Høst Sølva | Heming II | 1004 | 19:20 | 04:15 |
| 22 | Ida Wilhelmsen | Harestua II | 1033 | 19:22 | 04:17 |
| 23 | Karoline Bakken | Vind II | 1047 | 19:24 | 04:19 |
| 24 | Mari Myrvold | Jevnaker Ski | 1042 | 19:37 | 04:32 |
| 25 | Dina Storvik | Gjelleråsen | 1006 | 20:32 | 05:27 |
| 26 | Sara Sofie R. Strengenes | Nordre Eidsvoll II Ski | 1005 | 20:40 | 05:35 |
| 27 | Tonje Seljeset | Røa II | 1007 | 21:15 | 06:10 |
| 28 | Eirin Elise Øby | Varteig II | 1032 | 21:33 | 06:28 |
| 29 | Hilda Enander | Gjelleråsen If | 1015 | 21:46 | 06:41 |
| 30 | Mari Nordhagen Hamran | Koll | 1044 | 21:57 | 06:52 |
| 31 | Tuva Sverdrup-Thygeson | Østmarka Ok | 1036 | 24:44 | 09:39 |
| Antall | 31 | Påmeldte: 33 | Startende: 33 | | |

RT Gutter 10-11

| | | | | | |
|----|------------------------------|------------------------|------|-------|-------|
| 1 | David Thorvik | Kjelsås | 1326 | 15:22 | |
| 2 | Jesper Elverum | Try | 1362 | 15:38 | 00:16 |
| 3 | Didrik Bernhard Thorsheim | Asker Skiklubb | 1328 | 15:54 | 00:32 |
| 4 | Sondre Dahl | Tyrving | 1365 | 16:12 | 00:50 |
| 5 | Olaf Talmo | Koll | 1418 | 16:32 | 01:10 |
| 6 | Bendik Jæger Stang | Røa II | 1420 | 16:36 | 01:14 |
| 7 | Viktor Holter | Fossum | 1352 | 16:38 | 01:16 |
| 8 | Jens Lurås Oftebro | Hlvik If | 1337 | 16:42 | 01:20 |
| 9 | Kasper Inderhaug | Botne Skiklubb | 1350 | 16:43 | 01:21 |
| 10 | Jørgen Tandsether | Gjøvik Skiklubb | 1330 | 16:46 | 01:24 |
| 11 | Jon Fossen Rosenberg | Nordre Land II | 1336 | 16:48 | 01:26 |
| 12 | Simen Seeberg-Rommetveit | Strømmen Og Lillestrøm | 1332 | 17:10 | 01:48 |
| 13 | Nils August Ihlen | Koll | 1351 | 17:12 | 01:50 |
| 14 | Marius Norbye | Lyn Ski | 1338 | 17:19 | 01:57 |
| 15 | Christian Bucher-Johannessen | Tyrving | 1366 | 17:26 | 02:04 |
| 16 | Arne Hangerhagen | Stokke II | 1446 | 17:27 | 02:05 |
| 17 | Jostein Karlsen | Lillehammer | 1437 | 17:29 | 02:07 |
| 18 | Mads Grøholdt | Sørkedalen If | 1448 | 17:36 | 02:14 |
| 19 | Oscar Schjøtt Jacobsen | Høvik If | 1443 | 17:42 | 02:20 |
| 20 | Truls Wegner Hodt | Fossum If | 1355 | 17:43 | 02:21 |
| 21 | Matias Rogstad Aadnøy | Gjerdrum II | 1374 | 17:54 | 02:32 |
| 22 | Even Lunde | Varteig II | 1343 | 17:56 | 02:34 |
| 23 | Vetle Bakke Jensen | Koll | 1441 | 17:58 | 02:36 |
| 24 | Mydske Øyvind | Koll | 1318 | 18:00 | 02:38 |
| 25 | Vinjar Løkken | Raufoss II Langrenn | 1342 | 18:02 | 02:40 |
| 26 | Andreas Østensen | Østre Toten Skilag | 1320 | 18:09 | 02:47 |
| 27 | Even Hognestad | Nordre Eidsvoll | 1354 | 18:11 | 02:49 |
| 27 | Halvor Halden | Nydalens Skiklub | 1447 | 18:11 | 02:49 |
| 29 | Jens Johan Brekke | Lillomarka Skiklubb | 1368 | 18:14 | 02:52 |
| 30 | Vemund Kostøl | Gjelleråsen Ski | 1432 | 18:17 | 02:55 |

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| Plass | Navn | Klubb | Startnr | Tid | Etter |
|------------------------|-----------------------------|-------------------------|---------|-------|-------|
| RT Gutter 10-11 | | | | | |
| 31 | Tord Gangås | NOTEAM | 1360 | 18:18 | 02:56 |
| 32 | Even Karlsen | Lillehammer | 1436 | 18:22 | 03:00 |
| 33 | Vegard Stokke | Bækkelaget | 1419 | 18:34 | 03:12 |
| 34 | Magnus Trandokken | Njård Langrenn | 1416 | 18:35 | 03:13 |
| 35 | August Jarbeaux | NOTEAM | 1442 | 18:37 | 03:15 |
| 36 | Vegard Lund Røer | Bækkelagets SK | 1335 | 18:39 | 03:17 |
| 37 | Peik Wieland | Røa | 1412 | 18:46 | 03:24 |
| 38 | Daniel Wemer Kavli | NOTEAM | 1434 | 18:47 | 03:25 |
| 39 | Håkon Wiksaas | Team Wiksaas | 1322 | 18:54 | 03:32 |
| 40 | Henrik Mathiesen | Holmen Langrenn | 1340 | 19:01 | 03:39 |
| 41 | Jørgen Hoff-Nordstrand | Lillehammer Skiklub | 1445 | 19:09 | 03:47 |
| 42 | Zakarias Nikolai Øverli | Kjelsås II | 1319 | 19:10 | 03:48 |
| 43 | Magnus Sedeniussen | Gjelleråsen If Ski | 1423 | 19:19 | 03:57 |
| 44 | Tage Wettre | Koll | 1413 | 19:22 | 04:00 |
| 45 | Martin Aas Eriksen | Haresuta II | 1361 | 19:28 | 04:06 |
| 46 | Marius Borge | Bækkelaget | 1369 | 19:29 | 04:07 |
| 46 | Kristoffer Lervik Dahlstrøm | Lyn Ski | 1455 | 19:29 | 04:07 |
| 48 | Harald Gjerde Jensen | Try II | 1359 | 19:33 | 04:11 |
| 49 | Oscar Francke Berg | Røa II | 1451 | 19:35 | 04:13 |
| 50 | Isak Jonsson | Nydalen Skiklub | 1439 | 19:51 | 04:29 |
| 51 | Fredrik Grenan | Høvik If | 1449 | 19:52 | 04:30 |
| 52 | Max Oliver Jonsson | Holmen If | 1349 | 19:58 | 04:36 |
| 53 | Emil Klovning | Strømmen If | 1346 | 20:00 | 04:38 |
| 53 | Luca Jensen | Ready | 1440 | 20:00 | 04:38 |
| 55 | Mathias Bjerke Pedersen | NOTEAM | 1425 | 20:02 | 04:40 |
| 56 | Even Gravningen | Stokke II | 1450 | 20:03 | 04:41 |
| 57 | Aksel Dombestein | Hilmen Skiklubb | 1364 | 20:04 | 04:42 |
| 57 | Håvard Myrvold | Jevnaker Ski | 1339 | 20:04 | 04:42 |
| 59 | Filip Jørundland | Ready | 1438 | 20:09 | 04:47 |
| 59 | Fredrik Marti | Gjelleråsen If | 1428 | 20:09 | 04:47 |
| 61 | Samuel Rønning | Harestua II | 1334 | 20:12 | 04:50 |
| 62 | Aksel Dueled | Koll | 1363 | 20:25 | 05:03 |
| 63 | Lavrans Kaul Sagen | Korsvoll II | 1333 | 20:28 | 05:06 |
| 64 | Sebastian Wang Kavlie | Ready | 1433 | 20:34 | 05:12 |
| 65 | Sondre Selberg | Strømmen Og Lillestrøm | 1422 | 20:36 | 05:14 |
| 66 | Ian Kavlie | Heming | 1348 | 20:43 | 05:21 |
| 67 | Birk Thorbjørnsen | Koll | 1417 | 20:44 | 05:22 |
| 68 | Anders Wensås | Lommedalen II | 1323 | 20:49 | 05:27 |
| 69 | Gjermund Lunde | Lørenskog Skiklubb | 1429 | 21:06 | 05:44 |
| 69 | Stian Kjærnsval | Lørenskog Skiklubb | 1347 | 21:06 | 05:44 |
| 71 | Emil Kullerud | Varteig II | 1345 | 21:14 | 05:52 |
| 72 | Oskar Johan Hole | Gjelleråsen If | 1444 | 21:21 | 05:59 |
| 73 | Håvard Linn | Gausdal Friidrettsklubb | 1430 | 21:23 | 06:01 |
| 74 | Sebastian J Fjell | Heming | 1452 | 21:29 | 06:07 |
| 75 | Martin Paxal Refsnes | Lommedalen II | 1424 | 21:34 | 06:12 |
| 76 | Bendiik Aas Lerkendal | Gjelleråsen If | 1372 | 21:36 | 06:14 |
| 77 | Petter Hexeberg Warlo | Asker Skiklubb | 1414 | 21:37 | 06:15 |
| 78 | Egil Verhees | Brøttum II | 1324 | 21:40 | 06:18 |
| 79 | Jaran Skoglund | Harestua | 1421 | 21:43 | 06:21 |
| 80 | Milen Goby | Strømmen If | 1357 | 21:47 | 06:25 |
| 80 | Henrik Sjølivangen Smerud | NOTEAM | 1331 | 21:47 | 06:25 |
| 82 | Sindre Gravdal | Hvalstad | 1356 | 21:53 | 06:31 |
| 83 | Henrik Zimmermann | Xtra Personell | 1411 | 21:54 | 06:32 |
| 84 | Jørgen Finnerud Larsen | Sørkedalen If | 1431 | 22:04 | 06:42 |
| 85 | Tor Moe Løite | Sørkedalen | 1427 | 22:06 | 06:44 |
| 86 | Erling Wangen | Lillehammer Skiklubb | 1415 | 22:15 | 06:53 |
| 87 | Torkel Westby | Sandvika Basker | 1476 | 22:33 | 07:11 |

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| Plass | Navn | Klubb | Startnr | Tid | Etter |
|------------------------|----------------------------|-----------------|----------------|-------|-------|
| RT Gutter 10-11 | | | | | |
| 88 | Berner Karsten | Melkesyra Jr SK | 1435 | 22:45 | 07:23 |
| 89 | Kristian Elde Johansen | Melkesyra SK | 1454 | 22:48 | 07:26 |
| 90 | Eskil Auestad | Nil | 1457 | 23:13 | 07:51 |
| 91 | Fabian Aas Lerkendal | Gjelleråsen If | 1373 | 23:35 | 08:13 |
| 92 | Tåny Mathiesen | NOTEAM | 1341 | 24:25 | 09:03 |
| 93 | Iver Fallingen Holing | NOTEAM | 1453 | 24:46 | 09:24 |
| 94 | Johan Tenold | Hvalstad | 1329 | 24:55 | 09:33 |
| 95 | Elias Jonas Gjære | Hvalstad | 1358 | 25:52 | 10:30 |
| 95 | Kristian Bruu | Hvalstad | 1367 | 25:52 | 10:30 |
| 97 | Balder Blindheim Jablonski | Jablonski II | 1370 | 28:36 | 13:14 |
| 98 | Sondre Nordgård | Lillomarka | 1426 | 28:45 | 13:23 |
| Antall | 98 | Påmeldte: 106 | Startende: 106 | | |

RT Gutter 12-13

| | | | | | |
|----|------------------------------|---------------------|------|-------|-------|
| 1 | Eirik Sørgård Anderssen | Lillomarka Skiklubb | 1177 | 13:06 | |
| 2 | Even Seeberg | Nittedal II | 1133 | 13:23 | 00:17 |
| 3 | Martin Berg Remo | Røa | 1135 | 13:33 | 00:27 |
| 4 | Hans-petter Tverfjell Madsen | Koll | 1149 | 13:35 | 00:29 |
| 5 | Harald Østberg Amundsen | Asker Skiklubb | 1178 | 13:45 | 00:39 |
| 6 | Herman Kristoffer Tveten | Røa I.I. | 1123 | 13:55 | 00:49 |
| 7 | Øyvind Haugan | Try | 1165 | 14:00 | 00:54 |
| 8 | Edvard Johan Stang | Røa II | 1130 | 14:02 | 00:56 |
| 9 | Kristian Rogstad Aadnøy | Gjerdrum II | 1179 | 14:07 | 01:01 |
| 10 | Didrik Hexeberg Warlo | Asker Skiklubb | 1216 | 14:13 | 01:07 |
| 11 | Rasmus Schie Krogstad | Try | 1152 | 14:18 | 01:12 |
| 12 | Johannes Gjessing | Haslum II | 1168 | 14:24 | 01:18 |
| 13 | Jacob Skogan Bøe | Svea Skilag | 1261 | 14:25 | 01:19 |
| 14 | Jan Espen Spydevold | Varteig II | 1131 | 14:26 | 01:20 |
| 14 | Vincent Meo | Røa II | 1146 | 14:26 | 01:20 |
| 16 | Eirik Langedal Breivik | Koll II | 1175 | 14:27 | 01:21 |
| 17 | Elias Jonsson | Nydalens Skiklub | 1245 | 14:28 | 01:22 |
| 18 | Einar Lurås Oftebro | Høvik If | 1136 | 14:30 | 01:24 |
| 19 | Thomas Engebråten | Nes Ski | 1171 | 14:33 | 01:27 |
| 20 | Jonas Juel | Fossum If | 1244 | 14:35 | 01:29 |
| 20 | Trym Overrein Lunde | Røa II | 1151 | 14:35 | 01:29 |
| 22 | Fredrik Bucher-Johannessen | Tyrving | 1173 | 14:53 | 01:47 |
| 23 | Njål Nicolaysen | Gjelleråsen If Ski | 1137 | 15:12 | 02:06 |
| 24 | Andreas Magnussen | Nittedal | 1148 | 15:18 | 02:12 |
| 25 | Halvor Elverum | Sem Friidrett | 1258 | 15:19 | 02:13 |
| 26 | Henrik Thorsby | Heming | 1125 | 15:23 | 02:17 |
| 27 | Henrik Hauge | Varteig II | 1250 | 15:24 | 02:18 |
| 28 | Vetle Pedersen Skaset | Asker Skiklubb | 1225 | 15:25 | 02:19 |
| 29 | Hølje Mathias Wøien Tefre | Irs | 1213 | 15:28 | 02:22 |
| 30 | Trym Valmestad | Gjelleråsen If | 1218 | 15:32 | 02:26 |
| 31 | Peder Stenberg Nilsen | Nydalen SK | 1223 | 15:35 | 02:29 |
| 32 | Ludvig Finstad Bjerken | Gjerdrum | 1176 | 15:38 | 02:32 |
| 33 | Georg Skogseth | Gjelleråsen If | 1224 | 15:48 | 02:42 |
| 34 | Lars Bjørnsgaard | Lillehammer Skiklub | 1262 | 15:49 | 02:43 |
| 35 | Jesper Pedersen | Nesodden If | 1234 | 15:50 | 02:44 |
| 36 | Christoffer Trandokken | Njård Langrenn | 1124 | 15:51 | 02:45 |
| 37 | Vetle Storvik | Gjelleråsen | 1222 | 16:00 | 02:54 |
| 38 | Gjermund Halden | Nydalens Skiklub | 1166 | 16:07 | 03:01 |
| 39 | Håvard Årdal | Gjerdrum II | 1120 | 16:10 | 03:04 |
| 40 | Mikael Wremer Kavli | NOTEAM | 1243 | 16:11 | 03:05 |
| 40 | Fredrik Grusd | Fossum If | 1253 | 16:11 | 03:05 |
| 42 | Magnus Brath Skurdal | Bærums Verk If | 1132 | 16:13 | 03:07 |

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| Plass | Navn | Klubb | Startnr | Tid | Etter |
|------------------------|-----------------------------|----------------------|---------|-------|-------|
| RT Gutter 12-13 | | | | | |
| 43 | Tobias Myklebust | Bækkelaget | 1141 | 16:16 | 03:10 |
| 44 | Hans-ola Pettersen Fuglu | Nes Ski | 1254 | 16:21 | 03:15 |
| 45 | Embrik Nikolai Grann Hevrøy | Try | 1163 | 16:24 | 03:18 |
| 46 | Tom-Erik Johnsen | Lillomarka Skiklubb | 1246 | 16:25 | 03:19 |
| 47 | Daniel Holm Glad | Koll | 1160 | 16:26 | 03:20 |
| 48 | Erik Enander | Gjelleråsen If | 1172 | 16:32 | 03:26 |
| 49 | Jørgen Uglem Mobakken | Lillomarka Skiklubb | 1145 | 16:39 | 03:33 |
| 50 | Kristian Lage Løken | Oslo | 1240 | 16:43 | 03:37 |
| 51 | Nicolay Sevang | Lyn Ski | 1228 | 16:44 | 03:38 |
| 52 | Phillip Blindern Myhre | Koll | 1142 | 16:45 | 03:39 |
| 52 | Vegard Myklemyr | If Birkebeineren | 1140 | 16:45 | 03:39 |
| 54 | Andres Rudningen | Hemsedal | 1233 | 16:53 | 03:47 |
| 55 | Bjørnar Kjelstrup Jacobsen | Il Driv | 1157 | 16:55 | 03:49 |
| 56 | Henrik Vik Tolo | Lommedalens II | 1220 | 16:56 | 03:50 |
| 57 | Henrik Seljeset | Røa II | 1229 | 16:57 | 03:51 |
| 58 | Thomas Slyngstad Klitzing | Try | 1154 | 16:59 | 03:53 |
| 59 | Jonas Mæhlum | Røa II | 1139 | 17:02 | 03:56 |
| 60 | Håkon Nelson | Svarstad II | 1138 | 17:04 | 03:58 |
| 61 | Eirik Moseng | Gjerdrum | 1143 | 17:05 | 03:59 |
| 62 | Anton Jensen | NOTEAM | 1247 | 17:06 | 04:00 |
| 63 | Erling Nasset | Koll II | 1480 | 17:07 | 04:01 |
| 64 | Jonas Berg | Svelvik Sykleklubb | 1266 | 17:16 | 04:10 |
| 64 | Henrik O Schiøtz | Svea Skilag | 1231 | 17:16 | 04:10 |
| 66 | Daniel Nyvoll | Fossum If | 1235 | 17:17 | 04:11 |
| 67 | Erlend Tørstad | Bækkelagets SK | 1219 | 17:21 | 04:15 |
| 68 | Otto Thorbjørnsen | Røa II | 1126 | 17:28 | 04:22 |
| 69 | Ask Moe Løite | Sørkedalen | 1144 | 17:33 | 04:27 |
| 70 | Eirik Skaret | Skedsmo Skiklubb | 1226 | 17:38 | 04:32 |
| 71 | Lukas Liland | Koll | 1241 | 17:46 | 04:40 |
| 71 | Emil Wiig | Skimtl | 1214 | 17:46 | 04:40 |
| 73 | Marthin Kirkhus | Asker Skiklubb | 1155 | 17:59 | 04:53 |
| 73 | Nils Petter Aamodt Grønlie | Røa II | 1267 | 17:59 | 04:53 |
| 75 | Lars Christian Brenaas | Bækkelaget SK | 1174 | 18:00 | 04:54 |
| 76 | Sigurd Wangen | Lillehammer Skiklubb | 1217 | 18:05 | 04:59 |
| 77 | Marcus Ulrichsen | Nykirke If | 1122 | 18:06 | 05:00 |
| 78 | Petter Høst Sølva | Heming | 1221 | 18:09 | 05:03 |
| 79 | Jørgen Lervik Dahlstrøm | Lyn Ski | 1260 | 18:10 | 05:04 |
| 80 | Mats Jensen | Heming | 1248 | 18:12 | 05:06 |
| 81 | Sondre Myhre | Gjelleråsen If | 1237 | 18:13 | 05:07 |
| 82 | Trygve Lunde | Lørenskog Skiklubb | 1150 | 18:14 | 05:08 |
| 83 | Petter Hangerhagen | Stokke II | 1251 | 18:19 | 05:13 |
| 84 | Vegard Ness | Røa II | 1236 | 18:31 | 05:25 |
| 85 | Henrik Heggelund | Bvif | 1164 | 18:32 | 05:26 |
| 86 | Jonas Gangås | NOTEAM | 1169 | 18:44 | 05:38 |
| 87 | Oscar Foss Knutsen | Bækkelagets SK | 1153 | 18:46 | 05:40 |
| 88 | Anders Lervik | Asker Skiklubb | 1242 | 18:48 | 05:42 |
| 89 | Kristian Flock | Gjelleråsen If | 1170 | 19:01 | 05:55 |
| 90 | Åsmund Opheim Sauar | Koll | 1232 | 19:02 | 05:56 |
| 91 | Rasmus Schliemann | NOTEAM | 1230 | 19:06 | 06:00 |
| 92 | Torjus Tandberg Guntvedt | Fossum If | 1252 | 19:07 | 06:01 |
| 93 | Bjørn Anders Flågen | Røa II | 1256 | 19:09 | 06:03 |
| 94 | Teis Holemark Sunde | Nordstrand If | 1129 | 19:15 | 06:09 |
| 95 | Edvard Linnerud Fredø | Røa | 1255 | 19:32 | 06:26 |
| 96 | Sander Eidal | Frisk Asker | 1259 | 19:42 | 06:36 |
| 97 | Axel Alm Hovland | Bækkelaget SK | 1159 | 20:03 | 06:57 |
| 98 | Thomas Heyn | Skedsmo Skiklubb | 1249 | 20:07 | 07:01 |
| 99 | Isak Wold Dimmen | Nykirke If | 1121 | 20:29 | 07:23 |

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| Class | Navn | Klubb | Startnr | Tid | Etter |
|------------------------|----------------------------|---------------|----------------|-------|-------|
| RT Gutter 12-13 | | | | | |
| 100 | Peder Heiberg Sverdrup | Røa | 1127 | 20:33 | 07:27 |
| 101 | Nikolaus W. Wieland | Røa | 1215 | 20:35 | 07:29 |
| 102 | Johan Bjerkem | NOTEAM | 1264 | 20:47 | 07:41 |
| 103 | Audun Bakke Jensen | Koll | 1156 | 20:53 | 07:47 |
| 104 | Sigurd Hernes Berre | Bøler | 1265 | 21:41 | 08:35 |
| 105 | Nils Petter Sundsbak | Røa II | 1128 | 22:51 | 09:45 |
| 106 | Filip Jacobsen | Kvammeklanen | 1158 | 23:01 | 09:55 |
| 107 | Sindre Bjørngård Gundersen | Ready | 1263 | 24:11 | 11:05 |
| 108 | Ola Grønningsæter | NOTEAM | 1167 | 24:22 | 11:16 |
| Antall | 108 | Påmeldte: 116 | Startende: 116 | | |

RT Gutter 14-15

| | | | | | |
|--------|---------------------------|------------------------|---------------|-------|-------|
| 1 | Thomas Bucher-Johannessen | Tyrving | 1075 | 12:36 | |
| 2 | Ådne Karlsen Bekkestad | Eiker Kvikk Friidrett | 1078 | 12:56 | 00:20 |
| 3 | Sigurd Blom Breivik | Il Sandvin | 1029 | 13:00 | 00:24 |
| 4 | Jarl Riiber | Heming II | 1057 | 13:18 | 00:42 |
| 5 | Jørgen Frihagen Dahl | Il Sandvin | 1028 | 13:27 | 00:51 |
| 6 | Vebjørn Finstad | Skedsmo Skiklubb | 1026 | 13:44 | 01:08 |
| 7 | Peder Skjeldal | Hof II | 1055 | 13:59 | 01:23 |
| 8 | Eivind Trym Wikshåland | Bækkelagets Sportsklub | 1049 | 14:08 | 01:32 |
| 9 | Eskil Schjølberg | Nesodden If | 1056 | 14:09 | 01:33 |
| 10 | Olav Vikøren Espenes | Lyn Ski | 1027 | 14:12 | 01:36 |
| 11 | Eirik Pettersen | Ck Nittedal | 1058 | 14:17 | 01:41 |
| 12 | Fredrik Myrvang | Fik Orion | 1059 | 14:28 | 01:52 |
| 13 | Karsten Martinussen | Fossum If | 1061 | 14:41 | 02:05 |
| 14 | Edvin Grundnes | Gjelleråsen If Ski | 1071 | 14:46 | 02:10 |
| 15 | Vetle Kostøl | Gjelleråsen Ski | 1067 | 14:48 | 02:12 |
| 16 | Torjus Dahl | Bærums Verk If | 1074 | 15:11 | 02:35 |
| 17 | Jørgen Fischer | Nes Ski | 1073 | 15:29 | 02:53 |
| 18 | Erlend Skaare Søbstad | Koll II | 1023 | 15:30 | 02:54 |
| 19 | Jakob Velle | Bækkelagets SK | 1051 | 15:40 | 03:04 |
| 20 | Georg Balke Fjellang | Nydalen SK | 1072 | 15:55 | 03:19 |
| 21 | Rene Fredholm Larsen | Ull/kisa II | 1066 | 16:12 | 03:36 |
| 22 | Oscar Jonsson | Holmen If | 1068 | 16:23 | 03:47 |
| 23 | Jonas Myrmo | Haslum | 1060 | 16:26 | 03:50 |
| 24 | Henrik Finnerud Larsen | Sørkedalen If | 1065 | 16:42 | 04:06 |
| 25 | Alexander Macleod | Fossum | 1062 | 17:07 | 04:31 |
| 26 | Magnar Wermskog | NOTEAM | 1021 | 18:03 | 05:27 |
| 27 | Mikael Borge | Bækkelaget | 1076 | 18:05 | 05:29 |
| 28 | Einar Kvam Lundberg | Strømmen&lillestrøm | 1063 | 18:33 | 05:57 |
| 29 | Ådne Tøllefsen | Kvammeklanen | 1053 | 19:07 | 06:31 |
| 30 | Christian Wiksaas | Team Wiksaas | 1050 | 19:55 | 07:19 |
| 31 | Magnus Berg | Bsk | 1077 | 20:00 | 07:24 |
| 32 | Fredrik Solbakk Andersen | Asker Sk. | 1079 | 20:05 | 07:29 |
| 33 | Thea Bjørnbakken | NOTEAM | 1030 | 20:45 | 08:09 |
| 34 | Thomas Toft | Haslum II | 1054 | 20:52 | 08:16 |
| 35 | Bjørn Øvstedal | Ås II | 1048 | 21:34 | 08:58 |
| 36 | Marcus Vier Simensen | NOTEAM | 1024 | 24:09 | 11:33 |
| 37 | Kristian Haugen | Njård | 1070 | 24:40 | 12:04 |
| Antall | 37 | Påmeldte: 43 | Startende: 43 | | |

Råtassen

| | | | | | |
|--------|------------------------|-----------------------|--------------|-------|-------|
| 1 | Erlend K. Rooth | NOTEAM | 1002 | 16:41 | |
| 2 | Ole Jørgen Thue Holthe | Bærumhundekjørerklubb | 1003 | 18:44 | 02:03 |
| Antall | 2 | Påmeldte: 4 | Startende: 4 | | |

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Råskinnet 2011

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| Plass | Navn | Klubb | Startnr | Tid | Etter |
|-------------------------|---------------------|----------------|--------------|----------------|-------|
| RS Kvinner 14-15 | | | | | |
| 1 | Lotta Udnes Weng | Nes Ski | 3080 | 57:06 | |
| 1 | Tiril Udnes Weng | Nes Ski | 3081 | 57:06 | |
| 3 | Anna Jensen | Kjelsås | 3083 | 1:07:20 | 10:14 |
| 4 | Ida Harto Seim | Heming II | 3093 | 1:07:35 | 10:29 |
| 5 | Nora Rydland Fjøsne | Nittedal II | 3084 | 1:13:33 | 16:27 |
| 6 | Amalie Lundervold | Asker Skiklubb | 3082 | 1:15:13 | 18:07 |
| Antall | 6 | Påmeldte: 6 | Startende: 6 | | |

RS Kvinner 16-17

| | | | | | |
|--------|--------------------------|--------------------|---------------|----------------|-------|
| 1 | Elise Røer Drabløs | Nesodden If | 3028 | 58:14 | |
| 2 | Anikken Gjerde Alnæs | Ullensaker/kisa II | 2994 | 59:01 | 00:47 |
| 3 | Aurora Solbakk Andersen | Asker Sk. | 2982 | 1:02:27 | 04:13 |
| 4 | Siri Østensen | Østre Toten Skilag | 3024 | 1:04:10 | 05:56 |
| 5 | Kristine Vognild | Bjerke II Ski | 2981 | 1:06:42 | 08:28 |
| 6 | Dina Erika Hansen | Nesodden If | 2991 | 1:09:20 | 11:06 |
| 7 | Marte Mestvedthagen | Hemsedal II | 2986 | 1:10:08 | 11:54 |
| 8 | Fride Hofsmarken Opsann | Korsvoll II | 2990 | 1:10:39 | 12:25 |
| 9 | Ingrid Gryteland Holm | Fossum If | 2992 | 1:12:26 | 14:12 |
| 10 | Marie Rokke Jagland | Lier II | 3033 | 1:13:03 | 14:49 |
| 11 | Alexandra Paladino | Lørenskog Fil | 3029 | 1:13:47 | 15:33 |
| 12 | Amalie Skinner | Lørenskog Skiklubb | 3027 | 1:14:22 | 16:08 |
| 13 | Kristina Hovland Berg | Bærums Verk | 3034 | 1:14:33 | 16:19 |
| 14 | Anniken Larsen | Bækkelagets SK | 2987 | 1:15:14 | 17:00 |
| 15 | Inga Marie Olsen Sandnes | Raufoss II | 2984 | 1:16:20 | 18:06 |
| 16 | Elise Langkaas | Bærums Verk If | 3031 | 1:16:39 | 18:25 |
| 17 | Anna Sture | Nsr | 3025 | 1:16:47 | 18:33 |
| 18 | Sara Hegge | Norske Studenters | 3035 | 1:17:45 | 19:31 |
| 19 | Julie Isabel Kloster | Korsvoll II | 2988 | 1:18:09 | 19:55 |
| 20 | Martine Solheim Ulleberg | Skeid | 3026 | 1:19:28 | 21:14 |
| 21 | Oda Balke Fjellang | Koll | 2993 | 1:20:50 | 22:36 |
| 22 | Ingvild Bratlie | NOTEAM | 3036 | 1:21:29 | 23:15 |
| 23 | Mina Bergerøy Ryssdal | Korsvoll | 3037 | 1:24:18 | 26:04 |
| 24 | Marte Andersen | Nes SK | 3038 | 1:24:24 | 26:10 |
| 25 | Sara Scott | NOTEAM | 2983 | 1:34:25 | 36:11 |
| 26 | Arielle Osmundsen | Korsvoll | 2985 | 1:35:30 | 37:16 |
| Antall | 26 | Påmeldte: 29 | Startende: 29 | | |

RS Kvinner 18-19

| | | | | | |
|--------|--------------------|---------------------|---------------|----------------|-------|
| 1 | Marthe Bjørnsgaard | Lillehammer Skiklub | 2965 | 58:47 | |
| 2 | Karoline Skatteboe | Il Tyrving | 2958 | 59:00 | 00:13 |
| 3 | Ingeborg Treu Røe | Fossum If | 2959 | 1:01:07 | 02:20 |
| 4 | Marthe Hanssen | NOTEAM | 2953 | 1:05:45 | 06:58 |
| 5 | Tina Andersen | Orion | 2966 | 1:10:18 | 11:31 |
| 6 | Vilde Melsom | Kolsås Klatreklubb | 2960 | 1:11:03 | 12:16 |
| 7 | Marlene Hegre | Ntg Kongsvinger | 2961 | 1:20:46 | 21:59 |
| 8 | Edda Engmark | Engmarks Turn | 2963 | 1:23:10 | 24:23 |
| Antall | 8 | Påmeldte: 11 | Startende: 11 | | |

RS Kvinner 20-22 år

| | | | | | |
|---|-------------------------|------------------|------|----------------|-------|
| 1 | Ida Siobhan Svendsen | Isle Of Wight Ac | 2932 | 1:00:59 | |
| 2 | Stine Fallingen Ødegård | NOTEAM | 2911 | 1:04:24 | 03:25 |
| 3 | Kine Johansen | NOTEAM | 2908 | 1:10:50 | 09:51 |
| 4 | Sølvi Elisabeth Hoff | Il Driv | 2909 | 1:13:09 | 12:10 |

Resultatliste

Råskinnet 2011

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| Plass | Navn | Klubb | Startnr | Tid | Etter |
|----------------------------|-----------------------------|--------------|---------------|----------------|-------|
| RS Kvinner 20-22 år | | | | | |
| 5 | Ingvild Espedal Walskaar | NOTEAM | 2905 | 1:13:14 | 12:15 |
| 6 | Stine Edvardsen Mellem | NOTEAM | 2935 | 1:13:58 | 12:59 |
| 7 | Siv Kristiansdotter Bøyum | NOTEAM | 2945 | 1:14:30 | 13:31 |
| 8 | Victoria Selmer | NOTEAM | 2907 | 1:17:31 | 16:32 |
| 9 | Tine Charlotte Thorsteinsen | 2bafki | 2931 | 1:19:13 | 18:14 |
| 10 | Anniken Thurmann-Nielsen | Njård | 2944 | 1:19:44 | 18:45 |
| 11 | Ida Mari Bueide | NOTEAM | 2937 | 1:23:38 | 22:39 |
| 12 | Ragnhild Sørliæ Meaas | NOTEAM | 3394 | 1:29:52 | 28:53 |
| 13 | Carina Vesterås | NOTEAM | 2930 | 1:33:45 | 32:46 |
| 14 | Sofie Scott | NOTEAM | 2933 | 1:34:24 | 33:25 |
| 15 | Kaia Høivik | NOTEAM | 2936 | 1:37:57 | 36:58 |
| 16 | Stine Frigård | NOTEAM | 2910 | 1:40:53 | 39:54 |
| Antall | 16 | Påmeldte: 18 | Startende: 18 | | |

RS Kvinner 23-39 år

| | | | | | |
|----|----------------------------|-----------------------|------|----------------|-------|
| 1 | Kjersti Karoline Danielsen | Vidar SK | 2560 | 49:58 | |
| 2 | Mari Johanna Brox | Osi | 2836 | 53:56 | 03:58 |
| 3 | Vibeke Tegneby | Team Oslo Sporstlager | 3200 | 1:02:09 | 12:11 |
| 4 | Lone Molstad | Gjø-ward Ol | 2875 | 1:02:16 | 12:18 |
| 5 | Linn-Kristin Vibekken | NOTEAM | 2630 | 1:02:20 | 12:22 |
| 6 | Reidun O. Karlsen | Lillehammer Skiklub | 2362 | 1:02:39 | 12:41 |
| 7 | Kristine Ramberg | Kirkenes Og Omegn | 2633 | 1:04:36 | 14:38 |
| 8 | Jeanette Haugsbø | Bull Ski Og Kajakk | 2831 | 1:04:44 | 14:46 |
| 9 | Julie Mowinckel | NOTEAM | 2799 | 1:04:45 | 14:47 |
| 10 | Andrea Hovstein Kruken | 3 Baibi | 2877 | 1:04:54 | 14:56 |
| 11 | Katrine Mathisen | Forsvaret | 2518 | 1:05:09 | 15:11 |
| 12 | Silje Faraasen | Opil | 2604 | 1:05:22 | 15:24 |
| 13 | Anne Mari Hoff | NOTEAM | 2556 | 1:07:13 | 17:15 |
| 14 | Chantal Gaumnitz | NOTEAM | 2603 | 1:07:34 | 17:36 |
| 15 | Martine Berger | Tbs | 2880 | 1:07:54 | 17:56 |
| 16 | Aurelia Korthauer | NOTEAM | 2830 | 1:08:55 | 18:57 |
| 17 | Marit Liland Fredriksen | NOTEAM | 2862 | 1:09:23 | 19:25 |
| 18 | Kristin Grenan | Norconsult Bil | 2257 | 1:09:27 | 19:29 |
| 19 | Eszter Horvati | Privat | 2555 | 1:09:35 | 19:37 |
| 20 | Monica Svenningsen | Rant-A-Wreck | 2870 | 1:09:37 | 19:39 |
| 21 | Katrine Damgaard | Osi | 2778 | 1:09:43 | 19:45 |
| 22 | Mari Drognes | Lpo Sport | 2803 | 1:09:53 | 19:55 |
| 23 | Bodil Furu | Rustad II | 2461 | 1:10:04 | 20:06 |
| 24 | Hanna Maria Jones | NOTEAM | 2601 | 1:10:08 | 20:10 |
| 25 | Klara Lyngnes | Rail-x Bil | 2389 | 1:10:11 | 20:13 |
| 26 | Astrid Hexeberg | NOTEAM | 2420 | 1:10:29 | 20:31 |
| 27 | Live Kolstad | NOTEAM | 2635 | 1:10:39 | 20:41 |
| 28 | Hanna Margrethe Degerud | NOTEAM | 2643 | 1:11:04 | 21:06 |
| 29 | Birgit Opland | Try II | 2360 | 1:11:11 | 21:13 |
| 30 | Ingrid Robøle | Hamar Skiklubb | 2326 | 1:11:28 | 21:30 |
| 31 | Øyann Einbu Vorkinn | Lesja II | 2681 | 1:12:03 | 22:05 |
| 32 | Frøydis Enstad | NOTEAM | 2642 | 1:12:19 | 22:21 |
| 33 | Ida Kristin Haugen | NOTEAM | 2686 | 1:12:32 | 22:34 |
| 34 | Charlotte Marie Kirkhus | NOTEAM | 2732 | 1:12:59 | 23:01 |
| 35 | Gunhild Varvin | NOTEAM | 2359 | 1:13:21 | 23:23 |
| 36 | Marte Mellingsæter | NOTEAM | 2361 | 1:13:22 | 23:24 |
| 37 | Hilde Foss Angeltvedt | NOTEAM | 2806 | 1:14:04 | 24:06 |
| 38 | Monika Frigård | NOTEAM | 2396 | 1:14:06 | 24:08 |
| 39 | Evy Maria Usler | Rustad II | 2387 | 1:14:19 | 24:21 |
| 40 | Nina Heggelund | Bærums Verk I.f. | 2460 | 1:14:21 | 24:23 |
| 41 | Tonje Torgan | Nordea II | 2826 | 1:14:37 | 24:39 |

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| Plass | Navn | Klubb | Startnr | Tid | Etter |
|----------------------------|------------------------------|----------------------|---------|---------|-------|
| RS Kvinner 23-39 år | | | | | |
| 42 | Lene Veslum | Team G-sport Asker | 2593 | 1:14:38 | 24:40 |
| 43 | Camilla Feragen Knap | NOTEAM | 2328 | 1:14:39 | 24:41 |
| 44 | Linn Meløy Christensen | NOTEAM | 2835 | 1:14:58 | 25:00 |
| 45 | Kristin Nesheim Hansen | Il Driv | 2363 | 1:15:04 | 25:06 |
| 46 | Helene Skaar | NOTEAM | 2515 | 1:15:27 | 25:29 |
| 47 | Tora Johanne Bettum | NOTEAM | 2879 | 1:15:28 | 25:30 |
| 48 | Maria Skappel | NOTEAM | 3387 | 1:15:47 | 25:49 |
| 49 | Karine Darre Hirsch | NOTEAM | 2522 | 1:16:06 | 26:08 |
| 50 | Christiane Meløy Christensen | NOTEAM | 2834 | 1:16:12 | 26:14 |
| 51 | Susannah Kelly | Canada | 2520 | 1:16:27 | 26:29 |
| 52 | Monika Tomter | NOTEAM | 2594 | 1:16:31 | 26:33 |
| 53 | Christine Blystad | NOTEAM | 2645 | 1:16:51 | 26:53 |
| 54 | Astrid Marie Jorde Sandsør | Uiobil | 2859 | 1:16:54 | 26:56 |
| 55 | Wenche Bøe | Koll II | 2422 | 1:16:56 | 26:58 |
| 56 | Agata Maternia | NOTEAM | 2458 | 1:17:03 | 27:05 |
| 57 | Warsan Abdi Hassan | NOTEAM | 2801 | 1:17:18 | 27:20 |
| 58 | Marit Høye Tøraasen | NOTEAM | 2631 | 1:17:30 | 27:32 |
| 59 | Margrethe Meo | Kreftregisterets | 2327 | 1:17:41 | 27:43 |
| 60 | Sunnivsa Presthus Lilleås | Team Presthus | 2828 | 1:17:44 | 27:46 |
| 61 | Line Eriksrud | Jevnaker If Ski | 2397 | 1:17:47 | 27:49 |
| 62 | Ada Eline Hagen | NOTEAM | 2733 | 1:17:57 | 27:59 |
| 63 | Catherine Jørgensen | Klp Bil | 2391 | 1:18:11 | 28:13 |
| 64 | Trude Martinsen | Steria | 2775 | 1:18:52 | 28:54 |
| 65 | Ida Grotterød | NOTEAM | 2640 | 1:18:57 | 28:59 |
| 66 | Line Kjendlie | NOTEAM | 2637 | 1:18:59 | 29:01 |
| 67 | Anne-Marte Bakken | NOTEAM | 2646 | 1:19:00 | 29:02 |
| 68 | Susanne Holzweiler Røe | NOTEAM | 2602 | 1:19:12 | 29:14 |
| 69 | Elin Charlotte Jørgensen | NOTEAM | 2554 | 1:19:21 | 29:23 |
| 70 | Maren Helland | NOTEAM | 2557 | 1:19:24 | 29:26 |
| 71 | Mari Birkenes | NOTEAM | 2805 | 1:19:25 | 29:27 |
| 72 | Celia Ring Heger | Aktiv Mot Kreft | 2685 | 1:19:37 | 29:39 |
| 73 | Mette Karethe Breiskalbakken | NOTEAM | 2780 | 1:19:45 | 29:47 |
| 74 | Ida Helen Norum | Fa Oslo | 2872 | 1:19:59 | 30:01 |
| 75 | Nora Kirsten Sundvall | NOTEAM | 2871 | 1:20:05 | 30:07 |
| 76 | Norun Jetlund | Kripos II | 2638 | 1:20:14 | 30:16 |
| 77 | Hanne Pernille Gulbrandsen | NOTEAM | 2421 | 1:20:24 | 30:26 |
| 78 | Guro Skjelderup | Skjelderupekspressen | 2632 | 1:20:32 | 30:34 |
| 79 | Birgit Sisjord | NOTEAM | 2486 | 1:20:42 | 30:44 |
| 80 | Lene Andersen | Koll II | 2423 | 1:20:53 | 30:55 |
| 81 | Cecilie Kamsvåg | SK Rye | 2390 | 1:20:57 | 30:59 |
| 82 | Christina Gjestvang | NOTEAM | 2832 | 1:21:00 | 31:02 |
| 83 | Elisabeth Falck-Ytter | NOTEAM | 2833 | 1:21:01 | 31:03 |
| 84 | Trude Elde | If Frøy | 2491 | 1:21:05 | 31:07 |
| 85 | Nina Foerster | NOTEAM | 2802 | 1:21:15 | 31:17 |
| 86 | Laila Bredal Thorsen | Ås II | 2332 | 1:21:23 | 31:25 |
| 87 | Marianne Kjøbstad | Flo Kolsås Bil | 2636 | 1:21:32 | 31:34 |
| 88 | Stine Møller | Flytoget | 2517 | 1:21:39 | 31:41 |
| 89 | Kristin Foskum | NOTEAM | 2490 | 1:21:53 | 31:55 |
| 90 | An-magritt Tho Bråthen | NOTEAM | 2779 | 1:22:07 | 32:09 |
| 91 | Kirsten Hagane | NOTEAM | 2734 | 1:22:38 | 32:40 |
| 92 | Ruth Foseide Flenning | Team Tutta | 2330 | 1:22:39 | 32:41 |
| 93 | Marie Aasen | Heia!! | 2781 | 1:22:52 | 32:54 |
| 94 | Monika Silvia Valm | Norsk Hydro | 2455 | 1:23:14 | 33:16 |
| 95 | Hela Soltani | Il I Bul | 2514 | 1:23:43 | 33:45 |
| 96 | Vibeke Söderström | NOTEAM | 2325 | 1:23:52 | 33:54 |
| 97 | Anna Bruce | Treningscamp | 2462 | 1:23:53 | 33:55 |
| 98 | Maria Stensland | NOTEAM | 2513 | 1:23:59 | 34:01 |

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| Plass | Navn | Klubb | Startnr | Tid | Etter |
|----------------------------|------------------------------|------------------|----------------|---------|---------|
| RS Kvinner 23-39 år | | | | | |
| 99 | Elisabeth Rønnestad Brodwall | NOTEAM | 2492 | 1:24:05 | 34:07 |
| 100 | Anette Rønnestad Nærbø | NOTEAM | 2419 | 1:24:10 | 34:12 |
| 101 | Sanna Larsson | NOTEAM | 2876 | 1:24:28 | 34:30 |
| 102 | Ellen Høien | Privatmegleren | 2521 | 1:24:40 | 34:42 |
| 103 | Marit Hveding Sørensen | Oksfjord Runners | 2512 | 1:25:15 | 35:17 |
| 104 | Maren Morstad | NOTEAM | 2874 | 1:25:20 | 35:22 |
| 105 | Ingjerd Leiro | NOTEAM | 2683 | 1:25:21 | 35:23 |
| 106 | Ina Aarnes Breder | NOTEAM | 2644 | 1:25:38 | 35:40 |
| 106 | Liv Rimstad | NOTEAM | 2516 | 1:25:38 | 35:40 |
| 108 | Janne Haugen | Team Haugen | 2394 | 1:25:43 | 35:45 |
| 109 | Sigrid Hveding Sørensen | Sørumlia Racers | 2682 | 1:25:56 | 35:58 |
| 110 | Kristin Jacobsen | Nordea II | 2459 | 1:26:03 | 36:05 |
| 111 | Elisabeth Reitan | NOTEAM | 2488 | 1:26:10 | 36:12 |
| 112 | Anne Schwinghammer | NOTEAM | 2730 | 1:26:31 | 36:33 |
| 113 | Lene Södergren | Polar | 2597 | 1:26:34 | 36:36 |
| 114 | Maja Jasmin Knudsen | NOTEAM | 2878 | 1:27:20 | 37:22 |
| 115 | Cherry Dona Nysveen | NOTEAM | 2457 | 1:28:42 | 38:44 |
| 116 | Trud Endestad | NOTEAM | 2364 | 1:29:16 | 39:18 |
| 117 | Lise Vogt | Team Htv | 2774 | 1:29:45 | 39:47 |
| 118 | Astrid Nome | Treningscamp | 2599 | 1:29:47 | 39:49 |
| 119 | Hilde Sofie Larsen | Treningscamp | 2600 | 1:29:48 | 39:50 |
| 120 | Silje Helene Meum | NOTEAM | 2553 | 1:30:25 | 40:27 |
| 121 | Gry Jensen | NOTEAM | 2392 | 1:31:17 | 41:19 |
| 122 | Aina Rømma | Teamoppognd | 2598 | 1:31:43 | 41:45 |
| 123 | Heidi Bjørklund | H&r | 2333 | 1:32:12 | 42:14 |
| 124 | Stine Foss | Heia!! | 2777 | 1:32:27 | 42:29 |
| 125 | Kari Brunstad | NOTEAM | 2398 | 1:33:19 | 43:21 |
| 126 | Charlotta Heggelund | NOTEAM | 2329 | 1:33:24 | 43:26 |
| 127 | Linn Marit Alvinussen | NOTEAM | 2687 | 1:33:41 | 43:43 |
| 127 | Tonje Kristiansen | NOTEAM | 2829 | 1:33:41 | 43:43 |
| 129 | Maria Aspvik | NOTEAM | 2493 | 1:33:46 | 43:48 |
| 130 | Marianne Moe-Helgesen | Dsk | 2634 | 1:34:09 | 44:11 |
| 131 | Kristine Günther | NOTEAM | 2558 | 1:34:13 | 44:15 |
| 132 | Lisa Bjørnås | NOTEAM | 2735 | 1:34:38 | 44:40 |
| 133 | Jasmina Hodzic | NOTEAM | 2393 | 1:34:50 | 44:52 |
| 134 | Katrine Barhaugen | NOTEAM | 2334 | 1:35:12 | 45:14 |
| 135 | Nina Tangstrøm | NOTEAM | 2596 | 1:35:25 | 45:27 |
| 136 | Nina Kristine Hildre | NOTEAM | 2639 | 1:35:53 | 45:55 |
| 137 | Tina Kildal | Polar | 2684 | 1:38:57 | 48:59 |
| 138 | Renate Berner | Melkesyra SK | 2365 | 1:38:58 | 49:00 |
| 139 | Ingvill Solberg | NOTEAM | 2388 | 1:39:57 | 49:59 |
| 140 | Anneli Jerijærvi | Team Melkesyre | 2800 | 1:40:53 | 50:55 |
| 141 | Liesbeth Hazes | NOTEAM | 2523 | 1:40:57 | 50:59 |
| 141 | Mariann Damlien | Klp Bil | 2331 | 1:40:57 | 50:59 |
| 143 | Lisa Jerijervi | Team Melkesyre | 2861 | 1:41:07 | 51:09 |
| 143 | Elizabeth B. Bjørge | Team Melkesyre | 2804 | 1:41:07 | 51:09 |
| 145 | Ina-Johanne Jerijærvi | Team Melkesyre | 2860 | 1:41:08 | 51:10 |
| 146 | Trine Marie Gjertsen | Hæ? | 2395 | 1:41:13 | 51:15 |
| 147 | Camilla Constance Lilleng | Kripos II | 2519 | 1:56:02 | 1:06:04 |
| Antall | 147 | Påmeldte: 159 | Startende: 159 | | |

RS Kvinner 40-44

| | | | | | |
|---|--------------------|--------------------|------|---------|-------|
| 1 | Marianne Myklebust | Hamar II Friidrett | 2179 | 55:16 | |
| 2 | Wendy Fjellstad | Ås II | 2304 | 1:03:27 | 08:11 |
| 3 | Kristine Rønningen | Nittedal | 2261 | 1:05:05 | 09:49 |
| 4 | Else Kari Scheele | NOTEAM | 2297 | 1:05:32 | 10:16 |

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| Class | Navn | Klubb | Startnr | Tid | Etter |
|-------------------------|---------------------------|---------------------|---------------|---------|-------|
| RS Kvinner 40-44 | | | | | |
| 5 | Brita Opheim Sauar | NOTEAM | 2298 | 1:05:38 | 10:22 |
| 6 | Nina Jarbeaux | NOTEAM | 2302 | 1:06:09 | 10:53 |
| 7 | Marianne Mæhlum | Røa II | 2263 | 1:07:16 | 12:00 |
| 8 | Tone Bollvåg Martinsen | Nilledal II | 2264 | 1:08:12 | 12:56 |
| 9 | Monica Ragnvaldsen | Heming | 2233 | 1:08:27 | 13:11 |
| 10 | Tone Åril Lilleaas | Nordea | 2236 | 1:09:49 | 14:33 |
| 11 | Reidun Tysseland | NOTEAM | 2231 | 1:10:41 | 15:25 |
| 12 | May-Unni Schäffer | Drøbak/frogn II | 2203 | 1:11:46 | 16:30 |
| 13 | Åse H. Lervik | Asker Skiklubb | 2265 | 1:11:52 | 16:36 |
| 14 | Live Marie Toft Mogstad | Sandvika Vgs Bil | 2180 | 1:13:04 | 17:48 |
| 15 | Elin Hjorth-Johansen | Ingen | 2239 | 1:14:01 | 18:45 |
| 16 | Sølvi Vrålstad | NOTEAM | 2177 | 1:14:11 | 18:55 |
| 17 | Kathrine Dugstad | NOTEAM | 2207 | 1:14:46 | 19:30 |
| 18 | Nina Malme Gulbrandsen | Rustad II | 2241 | 1:15:01 | 19:45 |
| 19 | Inger Kari Vestengen | Nittedal II | 2229 | 1:16:33 | 21:17 |
| 20 | Eva Cecilie Simensen | NOTEAM | 2202 | 1:17:13 | 21:57 |
| 21 | Kari Gøtestam | Haugsbygd If | 2240 | 1:18:47 | 23:31 |
| 22 | Petrine Fagervoll Olden | Multitude | 2234 | 1:19:48 | 24:32 |
| 23 | Line Norbye | Koll II | 2299 | 1:20:05 | 24:49 |
| 24 | Halla Kristin Geirsdottir | NOTEAM | 2183 | 1:20:12 | 24:56 |
| 25 | Sissel Rudningen | Hemsedal | 2262 | 1:20:23 | 25:07 |
| 26 | Jannicke Ulrichsen | Hemsedal | 2201 | 1:20:24 | 25:08 |
| 27 | Ronna O'toole | NOTEAM | 2178 | 1:20:28 | 25:12 |
| 28 | Venke Gulli De Lange | Drammen | 2272 | 1:21:10 | 25:54 |
| 29 | Kari Grusd | NOTEAM | 2182 | 1:21:11 | 25:55 |
| 30 | Kathrine Halstenstad | Gjelleråsen Ski | 2206 | 1:21:20 | 26:04 |
| 31 | Mari Ann Vassgård | Xtra Personell | 2230 | 1:21:24 | 26:08 |
| 32 | Betty Jane Larsson | Lommedalen | 2266 | 1:21:41 | 26:25 |
| 33 | Åsne Løkken | Raufoss II | 2205 | 1:21:46 | 26:30 |
| 34 | Camilla Sundsbak | NOTEAM | 2232 | 1:21:51 | 26:35 |
| 35 | Synnøve Kihle | Bjørndal If | 2268 | 1:22:39 | 27:23 |
| 36 | Anne-Grete Austad | Raumar Orientering | 2209 | 1:22:46 | 27:30 |
| 36 | Micheline Roko Kavli | Mfi | 2269 | 1:22:46 | 27:30 |
| 38 | Tina Remman | Heming | 2204 | 1:22:58 | 27:42 |
| 39 | Kristin Rydland Fjøsne | Nittedal II | 2271 | 1:23:25 | 28:09 |
| 40 | Hege Edvardsen | NOTEAM | 2184 | 1:25:17 | 30:01 |
| 41 | Maria Kumle | NOTEAM | 2267 | 1:25:34 | 30:18 |
| 42 | Christine Molland Karlsen | NOTEAM | 2238 | 1:25:41 | 30:25 |
| 43 | Gunn Toril H Eidal | NOTEAM | 2306 | 1:27:05 | 31:49 |
| 44 | Kirsti E H Johnson | NOTEAM | 2270 | 1:27:52 | 32:36 |
| 45 | Rigmor Larsen | NOTEAM | 2301 | 1:28:30 | 33:14 |
| 46 | Jannicke Storetvedt | Tonsenhagen | 2295 | 1:30:46 | 35:30 |
| 47 | Pia Christine Von Krogh | Tht | 2237 | 1:31:18 | 36:02 |
| 48 | Ingunn Grewe Norberg | Sykehuset Innlandet | 2235 | 1:31:44 | 36:28 |
| 49 | Kari Anne Støkken | NOTEAM | 2260 | 1:32:17 | 37:01 |
| 50 | Elisabeth Jansen | Klp Bil | 2181 | 1:32:30 | 37:14 |
| 51 | Bente Grini | NOTEAM | 2303 | 1:33:13 | 37:57 |
| 52 | Gry Renate Eriksen | Polar | 2305 | 1:38:56 | 43:40 |
| 53 | Hanne Zimmermann | Xtra Personell | 2294 | 1:39:05 | 43:49 |
| 54 | Hilde Liudalen | Asker | 2300 | 1:41:40 | 46:24 |
| Antall | 54 | Påmeldte: 57 | Startende: 57 | | |

RS Kvinner 45-49

| | | | | | |
|---|----------------------|------------------|------|---------|-------|
| 1 | Kari Madslie | Nydalens Skiklub | 2157 | 56:53 | |
| 2 | Nina Wavik Ytterstad | SK Vidar | 2077 | 59:19 | 02:26 |
| 3 | Helene Skeie | Fossum | 2155 | 1:01:38 | 04:45 |

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| Class | Navn | Klubb | Startnr | Tid | Etter |
|-------------------------|------------------------|-------------------------|---------------|---------|-------|
| RS Kvinner 45-49 | | | | | |
| 4 | Inger Opheim | Gjøvik Sykehus Bil | 2156 | 1:05:33 | 08:40 |
| 4 | Camilla Meinich Lømo | Koll | 2112 | 1:05:33 | 08:40 |
| 6 | Heidi Morken | Østlia | 2094 | 1:07:59 | 11:06 |
| 7 | Liv Rognlien Østensen | Østre Tote Skilag | 2111 | 1:08:20 | 11:27 |
| 8 | Marianne Føllin | Team Tjore | 2081 | 1:10:16 | 13:23 |
| 9 | Anne Olaussen | Gausdal Friidrettsklubb | 2128 | 1:11:50 | 14:57 |
| 10 | Anne Sverdrup-Thygeson | Østmarka Ok | 2152 | 1:13:44 | 16:51 |
| 11 | Dagmar Slettestøl | Larsnes | 2079 | 1:14:00 | 17:07 |
| 12 | Mette Grimnes | Sweco Norge | 2097 | 1:14:36 | 17:43 |
| 13 | Helle Aanensen | Sammen mot kreft | 3201 | 1:15:34 | 18:41 |
| 14 | Marit Grumstad | Svea Skilag | 2080 | 1:16:08 | 19:15 |
| 15 | Anne Hyrum Dahl | Holland Nordre | 2095 | 1:16:52 | 19:59 |
| 16 | Elin Riis | NOTEAM | 2093 | 1:17:24 | 20:31 |
| 17 | Cecilie Blindern Myhre | Koll | 2130 | 1:18:12 | 21:19 |
| 17 | Ellen Andvig | Ge Healthcare As | 2133 | 1:18:12 | 21:19 |
| 19 | Lene Eikefjord | Haslum Håndball | 2159 | 1:18:45 | 21:52 |
| 20 | Inger Hjorthol | Lillehammer Skiklub | 2132 | 1:19:09 | 22:16 |
| 21 | Synnøve Solheim | NOTEAM | 2154 | 1:19:38 | 22:45 |
| 22 | Bente Sæther | Dnb Nor | 2078 | 1:19:51 | 22:58 |
| 23 | Pia Neegaard | Lillehammer Skiklubb | 2129 | 1:19:57 | 23:04 |
| 24 | Elisabet Aske | Statnett Bil | 2114 | 1:20:04 | 23:11 |
| 25 | Kari-Anne Haug | Rustad II | 2096 | 1:21:30 | 24:37 |
| 26 | Gro Ørnhoft | Brevini Norge As | 2091 | 1:22:27 | 25:34 |
| 27 | Trude Sundblad | Haslum II | 2153 | 1:23:33 | 26:40 |
| 28 | Anita Kristiansen | Il Ivrig | 2158 | 1:25:40 | 28:47 |
| 29 | Anne Egeland | Statsbygg | 2082 | 1:26:29 | 29:36 |
| 30 | Annichen Fladanger | NOTEAM | 3399 | 1:26:42 | 29:49 |
| 31 | Ida Hasund | Privat | 2113 | 1:27:45 | 30:52 |
| 32 | Kristin Haug Lund | NOTEAM | 2131 | 1:30:22 | 33:29 |
| 33 | Ragnhild Storaker | Sørbråten Idrettslag | 2092 | 1:32:11 | 35:18 |
| Antall | 33 | Påmeldte: 34 | Startende: 34 | | |

RS Kvinner 50-54

| | | | | | |
|--------|----------------------|---------------------|---------------|---------|-------|
| 1 | Ragnhild Bratberg | Lillehammer Skiklub | 2073 | 59:33 | |
| 2 | Kari Langerud | Hytteplan Sport | 2046 | 1:03:19 | 03:46 |
| 3 | Hanne Sølna | Heming | 2067 | 1:06:53 | 07:20 |
| 4 | Mari Hernandez | Løpsklubben 1814 | 2071 | 1:08:03 | 08:30 |
| 5 | Birte Hellen | Hsi | 2072 | 1:09:21 | 09:48 |
| 6 | Irèn Olsen | NOTEAM | 2032 | 1:14:01 | 14:28 |
| 7 | Anne Solås | Lillehammer Skiklub | 2036 | 1:14:07 | 14:34 |
| 8 | Liss Christine Meløy | NOTEAM | 2070 | 1:18:51 | 19:18 |
| 9 | Gro Øfjord | Søndrerypene | 2066 | 1:21:25 | 21:52 |
| 10 | Brit Lisa Skjelkvåle | Sørkedalens If | 2068 | 1:21:32 | 21:59 |
| 11 | Vibeke Lunn Ramstad | NOTEAM | 2038 | 1:22:27 | 22:54 |
| 12 | Anne Birgit Nilsen | Kvæfjord II | 2069 | 1:23:15 | 23:42 |
| Antall | 12 | Påmeldte: 14 | Startende: 14 | | |

RS Kvinner 55-59

| | | | | | |
|--------|-----------------|-------------|--------------|---------|-------|
| 1 | Bibbi Hodne | Fossum If | 2021 | 1:22:42 | |
| 2 | Sonja Bjørklund | NOTEAM | 2018 | 1:33:43 | 11:01 |
| 3 | Randi Gaustad | Oppstad II | 3396 | 1:39:00 | 16:18 |
| Antall | 3 | Påmeldte: 3 | Startende: 3 | | |

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|-------|------|-------|---------|-----|-------|
|-------|------|-------|---------|-----|-------|

RS Kvinner 60-64

| | | | | | |
|--------|--------------------|------------------|--------------|----------------|-------|
| 1 | Björg Guri Kildahl | Fet Skiklubb | 2009 | 1:20:33 | |
| 2 | Marit Kristiansen | Romerike Runners | 2010 | 1:22:06 | 01:33 |
| Antall | 2 | Påmeldte: 2 | Startende: 2 | | |

RS Gutter 14-15

| | | | | | |
|--------|--------------------------|-----------------------|---------------|----------------|-------|
| 1 | Bjørn André Aaslund | Fet Skiklubb | 3092 | 51:13 | |
| 2 | Sindre Pettersen | Nittedal II | 3085 | 51:21 | 00:08 |
| 3 | Vegard Johnson Joranger | Fossum If | 3087 | 51:50 | 00:37 |
| 4 | Espen Persen | Røa II | 3086 | 52:55 | 01:42 |
| 5 | Petter Stakston | Søre Ål II | 3095 | 56:02 | 04:49 |
| 6 | Simen Thune Rolfsen | Fossum | 3097 | 56:52 | 05:39 |
| 7 | Sindre Logstein | NOTEAM | 3098 | 57:30 | 06:17 |
| 8 | Erik Bøe | Njård | 3091 | 58:19 | 07:06 |
| 9 | Alexander Enerud Holen | Nes Ski | 3090 | 1:00:38 | 09:25 |
| 10 | Benjamin Gøtestam | Haugsbjgd If | 3089 | 1:01:50 | 10:37 |
| 11 | Lars Kringelbotn | Ottestad II Ski | 3099 | 1:02:52 | 11:39 |
| 12 | Marcus Solbakke | Bekkelagets Skiguppa | 3096 | 1:06:48 | 15:35 |
| 13 | Simen Heimdahl | Rustad II | 3088 | 1:07:10 | 15:57 |
| 14 | Vetle Ulrichsen Flaget | Hemsedal | 3103 | 1:09:11 | 17:58 |
| 15 | Tobias Berggren Barstad | NOTEAM | 3392 | 1:09:52 | 18:39 |
| 16 | Nicolay Aas Lerkendal | Gjelleråsen If | 3105 | 1:12:02 | 20:49 |
| 17 | Eirik Sømoe | Vang Skiløperforening | 3094 | 1:12:56 | 21:43 |
| 18 | Lars Christiansen | Botne SK 97 | 3104 | 1:14:11 | 22:58 |
| 19 | Mikkel Hofsmarken Opsann | Lyn Fotabll | 3101 | 1:19:16 | 28:03 |
| 20 | Marius Fredriksen | Botne SK 97 | 3102 | 1:23:42 | 32:29 |
| Antall | 20 | Påmeldte: 21 | Startende: 21 | | |

RS Gutter 16-17

| | | | | | |
|----|---------------------------|-------------------------|------|--------------|-------|
| 1 | Magnus Hannevig Pettersen | Sturla | 3058 | 48:36 | |
| 2 | Kristian Piippo | Ringkollen Ski | 3050 | 50:21 | 01:45 |
| 3 | Morten Fossmark | Samnanger II | 3020 | 50:38 | 02:02 |
| 4 | Ole Jakob Haugen | Otra II/ Evje Ambulanse | 3013 | 51:20 | 02:44 |
| 5 | Kristoffer H. Tysseland | Samnanger II | 2998 | 52:03 | 03:27 |
| 6 | Sindre Grøstad | Nittedal II | 3016 | 52:13 | 03:37 |
| 7 | Harald Riiber | Heming II | 3048 | 52:56 | 04:20 |
| 8 | Sverre Vinje | Christiania Roklubb | 3040 | 53:09 | 04:33 |
| 9 | Halvor Dagssøn Landsverk | If Ørn | 3056 | 53:13 | 04:37 |
| 10 | Haakon O Schiøtz | Svea Skilag | 3046 | 53:15 | 04:39 |
| 11 | Ådne Tverfjell Madsen | Koll | 3055 | 53:18 | 04:42 |
| 12 | Vegard Andersen | Orion | 3075 | 54:07 | 05:31 |
| 13 | Sondre Bollun | Gjøvik Skiklubb | 3069 | 54:17 | 05:41 |
| 14 | Lars Falsen Habostad | Heming II | 3015 | 54:21 | 05:45 |
| 15 | Johan Tjelle | Nittedal II | 2999 | 54:27 | 05:51 |
| 16 | Sigurd Lund Røer | Bekkelagets SK | 3047 | 54:50 | 06:14 |
| 17 | Mattis Sjøli | Nes Ski | 3001 | 55:06 | 06:30 |
| 18 | Sigmund Breivik | Koll | 3068 | 55:12 | 06:36 |
| 19 | Ole-Marius Germundson | Heming II | 3018 | 55:29 | 06:53 |
| 20 | Harald Vinje | Christiania Roklubb | 3039 | 55:57 | 07:21 |
| 21 | Torgeir Moe | Høybråten Og Stovner II | 3054 | 56:25 | 07:49 |
| 22 | Jonas Myklebost | Nittedal II | 3006 | 56:26 | 07:50 |
| 23 | Erling Bjørnson | Follebu Skiklub | 3070 | 56:32 | 07:56 |
| 24 | Thorvald Mosvold | Ullevål Bandy 95 | 3053 | 56:35 | 07:59 |
| 25 | Hans Bjørnsgaard | Lillehammer Skiklub | 3071 | 56:45 | 08:09 |
| 26 | Stian Elverhøi | Nes Ski | 3064 | 58:03 | 09:27 |
| 27 | Johan Grundnes | Gjelleråsen If Ski | 3017 | 58:15 | 09:39 |

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|------------------------|------------------------|-----------------------|---------------|----------------|-------|
| RS Gutter 16-17 | | | | | |
| 28 | Lars Bergendahl | Lynski | 3074 | 58:23 | 09:47 |
| 29 | Andreas F.t. Gjesdal | Ullevål Bandy 95 | 3060 | 58:24 | 09:48 |
| 30 | Jonas Tjomsland | Ullevål Bandy 95 | 3042 | 58:40 | 10:04 |
| 31 | Mathias Almellingen | Botne SK | 3076 | 58:59 | 10:23 |
| 32 | Kasper Grytnes | Holmen If | 3059 | 59:07 | 10:31 |
| 33 | Ola Gundersen Skåre | Ullevål Bandy 95 | 3044 | 1:00:16 | 11:40 |
| 34 | Syver Hauge | Ullevål Bandy 95 | 3014 | 1:00:17 | 11:41 |
| 35 | Marius Pettersen | Strømmen & Lillestrøm | 3005 | 1:00:54 | 12:18 |
| 36 | Benjamin Delaveris | Ullevål Bandy 95 | 3065 | 1:01:22 | 12:46 |
| 37 | Arvid Nelson | Svarstad II/tean | 3052 | 1:01:37 | 13:01 |
| 38 | Vemund Øvstehage | NOTEAM | 2995 | 1:01:39 | 13:03 |
| 39 | Sverre Gunnar Warlo | Heming | 2997 | 1:02:03 | 13:27 |
| 40 | Fridtjof Aleström | Ullevål Bandy 95 | 3077 | 1:02:15 | 13:39 |
| 41 | Haakon Monsen | Sørkedalens If | 3007 | 1:02:17 | 13:41 |
| 42 | Thomas Wilskog | Ck Nittedal | 2996 | 1:02:26 | 13:50 |
| 43 | Mikkel Amundsen Jensen | Hadeland Vgs, Idrett | 3009 | 1:02:40 | 14:04 |
| 44 | Thomas Bjørvand | Otra II | 3021 | 1:02:51 | 14:15 |
| 45 | Patrick Sture | Norske Studenters | 3043 | 1:03:02 | 14:26 |
| 46 | Sondre Strande Dahl | Bærums Verk II | 3066 | 1:03:10 | 14:34 |
| 47 | Sondre Rodahl | Lommedalens II | 3004 | 1:03:46 | 15:10 |
| 48 | Max Hartvig-Larsen | Ullevål Bandy 95 | 3057 | 1:03:52 | 15:16 |
| 49 | Per Finstad | Ullevål Bandy 95 | 3062 | 1:05:10 | 16:34 |
| 50 | Henrik Lunder | NOTEAM | 3008 | 1:05:34 | 16:58 |
| 51 | Trym Flaget | Hemsedal II | 3061 | 1:05:54 | 17:18 |
| 52 | Espen Hinsch | NOTEAM | 3012 | 1:05:58 | 17:22 |
| 53 | Martin Tunby Gaard | Heming | 3019 | 1:06:07 | 17:31 |
| 54 | Stig Bergsjø | Ullevål Bandy 95 | 3073 | 1:06:08 | 17:32 |
| 55 | Sondre Skjeggedal | Otra II | 3000 | 1:06:12 | 17:36 |
| 56 | Sindre Skåland Brun | Ullevål Bandy 95 | 3067 | 1:06:46 | 18:10 |
| 57 | Mydske Sigurd | Korsvoll | 3045 | 1:07:03 | 18:27 |
| 58 | Martin Tærud | Årvoll II | 3041 | 1:08:26 | 19:50 |
| 59 | Håkon Grytnes Håndstad | Oslo Golfklubb | 3010 | 1:09:15 | 20:39 |
| 60 | Åsmund Sagstad | NOTEAM | 3002 | 1:12:30 | 23:54 |
| 61 | Petter Hurum | Korsvoll II | 3011 | 1:16:26 | 27:50 |
| 62 | Michel Norum | Ullevål Bandy 95 | 3051 | 1:16:28 | 27:52 |
| 63 | Vegard Berg | Otra II | 3022 | 1:16:35 | 27:59 |
| 64 | Kurt Andreasen | Puls 3060 | 3023 | 1:34:14 | 45:38 |
| Antall | 64 | Påmeldte: 70 | Startende: 70 | | |

RS Menn 18-19 år

| | | | | | |
|----|--------------------------|---------------------|------|----------------|-------|
| 1 | Sander Sekkingstad Terum | Aurland II | 2970 | 46:46 | |
| 2 | Sondre Grønvold | Ik Tjalve | 2975 | 47:26 | 00:40 |
| 3 | Sindre Løchting | Fik Orion | 2974 | 47:55 | 01:09 |
| 4 | Martin Sulland | Holevingen Ski | 2969 | 49:16 | 02:30 |
| 5 | Jostein Øby | Varteig II | 2967 | 50:11 | 03:25 |
| 6 | Andreas Krohg Stabell | Heming | 2955 | 50:26 | 03:40 |
| 7 | Lars Anders Tenold | Nordre Eidsvoll II | 2968 | 52:21 | 05:35 |
| 8 | Erlend Røer Drabløs | Nesodden If | 2972 | 53:04 | 06:18 |
| 9 | Kristian Tobias Andersen | Konnerud II | 2980 | 54:57 | 08:11 |
| 10 | Brage Celius | Driv II | 2979 | 54:59 | 08:13 |
| 11 | Ole Hvalbye | Speidertropp 2a | 2977 | 56:03 | 09:17 |
| 12 | Øystein O Schiøtz | Svea Skilag | 2971 | 58:15 | 11:29 |
| 13 | Ole Andreas Heir | Hasle Løren | 2978 | 1:01:29 | 14:43 |
| 14 | Scott Kristiansen | Team Statkraft Oa93 | 2976 | 1:02:07 | 15:21 |
| 15 | Fredrik Myklebust | Bækkelaget | 2973 | 1:02:57 | 16:11 |
| 16 | Øystein Skjær Kolseth | NOTEAM | 2956 | 1:08:57 | 22:11 |

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| Plass | Navn | Klubb | Startnr | Tid | Etter |
|-------|------|-------|---------|-----|-------|
|-------|------|-------|---------|-----|-------|

RS Menn 18-19 år

| | | | | | |
|--------|----------------------------|--------------|---------------|---------|-------|
| 17 | Snorre Blindheim Jablonski | Jablonski II | 2957 | 1:20:52 | 34:06 |
| Antall | 17 | Påmeldte: 17 | Startende: 17 | | |

RS Menn 20-22 år

| | | | | | |
|--------|-----------------------------|----------------------|---------------|---------|---------|
| 1 | Stian Bergstå | Svarstad II | 2929 | 45:42 | |
| 2 | Robert Bergstå | Svarstad II | 2952 | 46:22 | 00:40 |
| 3 | Kenneth Myhre | Malm II | 2920 | 48:05 | 02:23 |
| 4 | Magne Lund Hansen | Høybråten Og Stovner | 2947 | 51:49 | 06:07 |
| 5 | Kristoffer Nylund | Jil Grorud | 2946 | 52:50 | 07:08 |
| 6 | Håvard Storsveen Moen | NOTEAM | 2921 | 55:17 | 09:35 |
| 7 | Anders Hermundsdal | Rent-A-Wreck | 2924 | 56:15 | 10:33 |
| 8 | Øystein Bjerga | Team Maskin | 2928 | 56:25 | 10:43 |
| 9 | Vegard Bjørnstad Skar | Rent-A-Wreck | 2915 | 56:59 | 11:17 |
| 10 | Håkon Bergsjø | NOTEAM | 2943 | 57:19 | 11:37 |
| 11 | Rasmus Engebretsen | Heming | 2950 | 58:59 | 13:17 |
| 12 | Jostein Mæland Moe | Team Maskin | 2919 | 59:26 | 13:44 |
| 13 | Kjetil Bjørkmann | NOTEAM | 2942 | 59:44 | 14:02 |
| 14 | Thomas Hugo-Vestby | Varteig II | 2941 | 1:00:38 | 14:56 |
| 15 | Stian Sagstad | NOTEAM | 2917 | 1:02:20 | 16:38 |
| 16 | Eirik Tennfjord | Rent-A-Wreck | 2913 | 1:04:17 | 18:35 |
| 17 | Mathias Jacobsen | Ivrig | 2948 | 1:05:37 | 19:55 |
| 18 | Mats Weum | Rent-A-Wreck | 2912 | 1:06:52 | 21:10 |
| 19 | Bjørn Agnar Tangevold | Skogen II | 2914 | 1:08:25 | 22:43 |
| 20 | Christer Nannestad | Skogen II | 2918 | 1:08:38 | 22:56 |
| 21 | Øyvind Karlsen | Nesodden If | 2940 | 1:08:56 | 23:14 |
| 22 | Pål Johnsen | NOTEAM | 2922 | 1:09:44 | 24:02 |
| 23 | Torgrim Blindheim Jablonski | Jablonski II | 2951 | 1:12:45 | 27:03 |
| 24 | Simen Skaansar | Skaansar II | 2939 | 1:18:06 | 32:24 |
| 25 | Mads Bjørmyr | Rent-A-Wreck | 2927 | 1:20:22 | 34:40 |
| 26 | Wilhelm Grøm | NOTEAM | 2949 | 1:24:50 | 39:08 |
| 27 | Einar Hovig | NOTEAM | 2923 | 1:27:01 | 41:19 |
| 28 | Carlos Fontenelle | NOTEAM | 2926 | 1:56:56 | 1:11:14 |
| Antall | 28 | Påmeldte: 30 | Startende: 30 | | |

RS Menn 22-39 år

| | | | | | |
|----|------------------------|----------------------|------|-------|-------|
| 1 | Øystein Sylta | Vidar SK | 2528 | 43:27 | |
| 2 | Simen Østensen | Team Xtra Personell | 3106 | 44:35 | 01:08 |
| 3 | Martin Blomhoff Holm | SK Vidar | 2868 | 46:16 | 02:49 |
| 4 | Harald Solhaug Næss | SK Vidar | 2884 | 46:24 | 02:57 |
| 5 | Anders Stenbrenden | Mislukern / Nho | 2431 | 46:32 | 03:05 |
| 6 | Thomas Henriksen | Team United Bakeries | 2583 | 47:20 | 03:53 |
| 7 | Tom Albertsen | Skjalg | 2552 | 47:47 | 04:20 |
| 8 | Asbjørn Lohne | Sørlandske | 2661 | 48:22 | 04:55 |
| 9 | Jeppe Ruud | Bækkelaget SK | 2816 | 49:06 | 05:39 |
| 10 | Per Øyvind Stene | Nydalens SK | 2405 | 49:32 | 06:05 |
| 11 | John Christian Deighan | Asker SK | 2853 | 49:42 | 06:15 |
| 12 | Fredrik Smith | Team Tøff | 2496 | 49:47 | 06:20 |
| 13 | Ole-Jacob Følling | NOTEAM | 2545 | 49:48 | 06:21 |
| 14 | Eirik M. Hagen | Eide I.I | 2770 | 49:56 | 06:29 |
| 15 | Ole Petter Kjerkreit | Seb Enskilda | 2377 | 50:15 | 06:48 |
| 16 | Lars Lysbakken | Hydro Oslo Bil | 2576 | 50:18 | 06:51 |
| 17 | Geir Østby | Toppen II | 2366 | 50:22 | 06:55 |
| 18 | Tor Halvar Botnen | Osi | 2794 | 50:26 | 06:59 |
| 19 | Andreas Ree | Mislukern Sport | 2842 | 50:28 | 07:01 |
| 20 | Erik Hansen | NOTEAM | 2667 | 50:36 | 07:09 |

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| Plass | Navn | Klubb | Startnr | Tid | Etter |
|-------------------------|-------------------------------|-------------------------|---------|-------|-------|
| RS Menn 22-39 år | | | | | |
| 21 | Håkon Andersen | Bama | 2551 | 50:37 | 07:10 |
| 21 | Simen Storås | Polar | 2430 | 50:37 | 07:10 |
| 23 | Andreas Martinussen | Norse Securities | 2786 | 50:47 | 07:20 |
| 24 | Tore-Christian Haukland | Newsec Sport | 2584 | 51:11 | 07:44 |
| 25 | Jostein Gallis | Rolfsbukta | 2626 | 51:25 | 07:58 |
| 26 | Sjur Molstad | NOTEAM | 2747 | 51:36 | 08:09 |
| 27 | Kristian Heggebø | Vindafjord II | 2898 | 51:47 | 08:20 |
| 28 | Magnus Neremo | NOTEAM | 2893 | 51:55 | 08:28 |
| 29 | Bjørn Inge Verås | Sikfiskarlaget | 2495 | 51:59 | 08:32 |
| 30 | Hans Arnslett | Rambøll Norge | 2628 | 52:25 | 08:58 |
| 31 | Håkon Lundblad Næsheim | Lommedalens II | 2791 | 52:53 | 09:26 |
| 32 | Stian Aamodt | NOTEAM | 2858 | 52:54 | 09:27 |
| 33 | Jan Martin Smørdal | Rent A Wreck | 2886 | 53:04 | 09:37 |
| 34 | Lasse Søberg | Høybråten Og Stovner II | 2811 | 53:08 | 09:41 |
| 35 | Martin Kristiansen | Rpi | 2663 | 53:20 | 09:53 |
| 36 | André Basteskår | Andersen Invest SK | 2798 | 53:29 | 10:02 |
| 36 | Christian Budsberg Pettersen | Reeser Pettersens | 2433 | 53:29 | 10:02 |
| 38 | Magnus Bjørseth | Strømmen & Lillestrøm | 2796 | 53:37 | 10:10 |
| 39 | Ørjan Ovrid Tistel | Deloitte Bil | 2566 | 53:40 | 10:13 |
| 40 | Marius Trøseid | Svensenga Sportsklubb | 2336 | 53:48 | 10:21 |
| 40 | Karl Rikard Løvhaug | Oslo Economics | 2502 | 53:48 | 10:21 |
| 42 | Skage Grønneberg | Gamlebyen Dragoons | 2669 | 53:54 | 10:27 |
| 43 | Kjartan Medle | SK Rye | 2436 | 54:16 | 10:49 |
| 44 | Kjartan Nybråten | Bk-Ski | 2500 | 54:29 | 11:02 |
| 45 | Simen Sletten | Fik Ren-Eng | 2887 | 54:32 | 11:05 |
| 46 | Ørjan Låg | Bislett Turnforening | 2342 | 54:34 | 11:07 |
| 47 | Morten Sjustøl | Opil | 2692 | 54:35 | 11:08 |
| 48 | Kristian Ulvik | Rapp II | 2863 | 54:47 | 11:20 |
| 49 | Hallvar Amdal | Odin | 2679 | 54:51 | 11:24 |
| 50 | Erlend Gjestrud | Sikfiskarlaget | 2508 | 55:03 | 11:36 |
| 51 | Anders Haug | Auster Sport As | 2823 | 55:12 | 11:45 |
| 52 | Åsmund Sunde Valseth | Rødt | 2881 | 55:13 | 11:46 |
| 53 | Gaute Losnegard | Team Gaute Og Tor | 2577 | 55:15 | 11:48 |
| 54 | Tor-Olav Nævestad | Team Gaute Og Tor | 2571 | 55:17 | 11:50 |
| 55 | Patrick Malmli | NOTEAM | 2789 | 55:18 | 11:51 |
| 56 | Thomas Jørgensen | Apil | 2754 | 55:20 | 11:53 |
| 57 | Christoffer Arntzen | Bekk Consulting | 2418 | 55:42 | 12:15 |
| 58 | Sven Callaerts | NOTEAM | 2548 | 55:44 | 12:17 |
| 59 | Ole Petter Vibekken | Glåmdal SK | 2648 | 55:52 | 12:25 |
| 60 | Morten Omland | Kjelsås II | 2374 | 55:53 | 12:26 |
| 61 | Glenn Gollub | NOTEAM | 2481 | 55:59 | 12:32 |
| 62 | Jon Semb | Rent-A-Wreck | 2888 | 56:06 | 12:39 |
| 63 | Per Heggedal | Opil | 2621 | 56:10 | 12:43 |
| 64 | Nicolai Hjelseth | Kolbotn II | 2712 | 56:35 | 13:08 |
| 65 | Per Christian Grenan-Grimstad | Annikas Birthday Party | 2351 | 56:40 | 13:13 |
| 66 | Håvard Djupedal | Team Ringer | 2765 | 56:43 | 13:16 |
| 66 | Tarjei Skotheimsvik | Hårbolltarinj II | 2738 | 56:43 | 13:16 |
| 68 | Ola Krekvik | NOTEAM | 2752 | 56:44 | 13:17 |
| 69 | Olav Holden | Beach 2011 | 2619 | 56:48 | 13:21 |
| 70 | Thomas Ruud Sollien | Lommedalens II | 2338 | 57:00 | 13:33 |
| 70 | Eirik Larsen | Forvaltningshuset | 2578 | 57:00 | 13:33 |
| 70 | Bernt Vilnes | Norconsult Bil | 2689 | 57:00 | 13:33 |
| 73 | Jan Magne Galåen | Kjelsås | 2352 | 57:04 | 13:37 |
| 74 | Christian Nicolai Bjørke | Lk Langtavlei | 2726 | 57:05 | 13:38 |
| 75 | Michael Skjelderup | Englia | 2568 | 57:11 | 13:44 |
| 76 | Eivind Baunan | NOTEAM | 2727 | 57:13 | 13:46 |
| 77 | Fredrik Kolverud | NOTEAM | 2411 | 57:31 | 14:04 |

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| RS Menn 22-39 år | | | | | |
| 78 | Petter Bjørnsrud | NOTEAM | 2725 | 57:42 | 14:15 |
| 79 | Erik Hande | Team Ringer | 2668 | 58:01 | 14:34 |
| 80 | Thomas Anders Palm | Nih 2bafki | 2890 | 58:04 | 14:37 |
| 81 | Tord Erik Skyrud | Osi | 2608 | 58:05 | 14:38 |
| 82 | Nicolay Østberg | Berg Tennisklubb | 2688 | 58:08 | 14:41 |
| 83 | Øystein Eide-Fredriksen | Baba Ganoush | 2764 | 58:09 | 14:42 |
| 84 | Oscar Gulseth | NOTEAM | 2899 | 58:10 | 14:43 |
| 85 | Roar Husby | Nkgs Bil | 2378 | 58:11 | 14:44 |
| 86 | Andreas Høgføldt | Treningscamp | 2617 | 58:13 | 14:46 |
| 87 | Guttorm Wiik | NOTEAM | 2494 | 58:16 | 14:49 |
| 88 | Anders Dahl | Skiptvet II | 2720 | 58:18 | 14:51 |
| 89 | Bjarte Bjørgen Olsen | Team Kjelsåslærerne | 2769 | 58:23 | 14:56 |
| 90 | Even Krogsveen | Accedo Bil | 2708 | 58:26 | 14:59 |
| 91 | Einar Frogh | NOTEAM | 2546 | 58:28 | 15:01 |
| 92 | Aleksander Moe Næstby | Fk Piratene | 2891 | 58:29 | 15:02 |
| 92 | Peder Strand | Bergens Skilag | 2606 | 58:29 | 15:02 |
| 94 | Espen Branden | Polar | 2453 | 58:30 | 15:03 |
| 95 | Henrik Meisingset Negaard | NOTEAM | 2894 | 58:31 | 15:04 |
| 96 | Johan Tingulstad | Brinken Fighters | 2651 | 58:33 | 15:06 |
| 97 | Anders Puntervold Hammer | NOTEAM | 2657 | 58:35 | 15:08 |
| 98 | Jacob Jacobsen | Team S&j | 2479 | 58:44 | 15:17 |
| 99 | Haakon Irgens | Baba Ganoush | 2755 | 59:04 | 15:37 |
| 100 | Henry Dahl Johansen | Sand II Terrenghykel | 2505 | 59:12 | 15:45 |
| 101 | Gjermund Grimsby | Brinken Fighters | 2670 | 59:14 | 15:47 |
| 102 | Morten Mandfloen | Movar | 2375 | 59:17 | 15:50 |
| 103 | Tarjei Myhren | Krigsskolen II | 2867 | 59:29 | 16:02 |
| 104 | Christian Eide | Fa-Oslo | 2852 | 59:38 | 16:11 |
| 105 | Stig Arve Malmedal | Dnb Nor Bil | 2612 | 59:47 | 16:20 |
| 106 | Geir André Hoksnes | Team Ringer | 2759 | 59:51 | 16:24 |
| 107 | Jarle Holstrøm | Haavind Bil | 2346 | 59:53 | 16:26 |
| 108 | Ole Bolsønes | Ingen | 2724 | 59:57 | 16:30 |
| 108 | Ole Jacob Lund | Hakkeklubb | 2476 | 59:57 | 16:30 |
| 110 | Audun Medhaug | NOTEAM | 2574 | 1:00:04 | 16:37 |
| 111 | Eirik Lundblad Næsheim | Lommedalen II | 2697 | 1:00:07 | 16:40 |
| 112 | Stian Tufte | Rye SK | 2649 | 1:00:14 | 16:47 |
| 113 | Dag Rune Sandal | Treenighetens ØI- Og | 2693 | 1:00:22 | 16:55 |
| 114 | Erik Pande Horn | Handelsbanken Markets | 2758 | 1:00:44 | 17:17 |
| 114 | Kristian Pande Horn | NOTEAM | 2652 | 1:00:44 | 17:17 |
| 116 | Christoffer Andersen-Gott | Ready | 2903 | 1:00:55 | 17:28 |
| 117 | Rene Valen | NOTEAM | 2402 | 1:01:06 | 17:39 |
| 118 | Jørgen Schia | Bk-Ski | 2840 | 1:01:11 | 17:44 |
| 119 | Dag Thomas Hansson | Team Thommessen | 2444 | 1:01:20 | 17:53 |
| 120 | Johannes Josef Niesen | NOTEAM | 2701 | 1:01:22 | 17:55 |
| 121 | Torstein Dale-Åkerlund | NOTEAM | 2718 | 1:01:23 | 17:56 |
| 122 | Jens Petter Hegseth | Skøya Test Team | 2713 | 1:01:33 | 18:06 |
| 123 | Kristian Rakli | Dnk | 2784 | 1:01:40 | 18:13 |
| 124 | Erling Skovli | Skui | 2529 | 1:01:48 | 18:21 |
| 125 | Ola Skavhaug | NOTEAM | 2407 | 1:01:55 | 18:28 |
| 126 | Simen Eid | NOTEAM | 2589 | 1:01:59 | 18:32 |
| 127 | Even Brandeggen | Rye | 2793 | 1:02:00 | 18:33 |
| 128 | Marcus Skotvedt Irgens | Baba Ganoush | 2756 | 1:02:08 | 18:41 |
| 128 | Øystein Røe | Domus Eiendom | 2534 | 1:02:08 | 18:41 |
| 130 | Hans Christian Ruud | Bærum Kommune Bil | 2372 | 1:02:10 | 18:43 |
| 130 | Chris Kristiansen | NOTEAM | 2540 | 1:02:10 | 18:43 |
| 132 | Leif Olav Stokkan | II Krigsskoeln | 2838 | 1:02:11 | 18:44 |
| 133 | Christer Grandal | NOTEAM | 2824 | 1:02:21 | 18:54 |
| 134 | Pål-Vegard Wiksaas | Team Wiksaas | 2400 | 1:02:22 | 18:55 |

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| RS Menn 22-39 år | | | | | |
| 135 | Steffen Thoresen | Polar | 2810 | 1:02:23 | 18:56 |
| 136 | Roger Holten | Mattilsynet | 2442 | 1:02:24 | 18:57 |
| 137 | Vidar Hagen | NOTEAM | 2585 | 1:02:25 | 18:58 |
| 138 | Andreas Blom | Team Xtra Personell | 2417 | 1:02:28 | 19:01 |
| 139 | Jakob Lundeby Kirkebak | Equipe Ganger-Rolv | 2790 | 1:02:29 | 19:02 |
| 140 | Kjetil Andersen | NOTEAM | 2386 | 1:02:32 | 19:05 |
| 141 | Frode Lium | NOTEAM | 2706 | 1:02:36 | 19:09 |
| 142 | Johannes Skaar | NOTEAM | 2408 | 1:02:38 | 19:11 |
| 143 | Jonas Borge | NOTEAM | 2677 | 1:02:52 | 19:25 |
| 144 | Nils-Ole Madsen | NMK Lier | 3395 | 1:02:53 | 19:26 |
| 145 | Jarle Blindheim | NOTEAM | 2510 | 1:02:56 | 19:29 |
| 145 | Bjørn Erland Finnseth | Forsvaret | 2672 | 1:02:56 | 19:29 |
| 147 | Øyvind Torsen | Privat | 2564 | 1:02:57 | 19:30 |
| 148 | Rune Dahl | Dbk | 2450 | 1:02:59 | 19:32 |
| 149 | Tor Eilert Navestad | Peab Bil | 2660 | 1:03:00 | 19:33 |
| 150 | Anders Løland | Fbi Norsk Regnesentral | 2437 | 1:03:01 | 19:34 |
| 151 | Andreas Alestrom | NOTEAM | 2680 | 1:03:03 | 19:36 |
| 152 | Ole Kristian Mobekk | Opil | 2704 | 1:03:05 | 19:38 |
| 153 | Kjetil Strand | Team Stredet | 2883 | 1:03:07 | 19:40 |
| 154 | Kristoffer Vikebak | NOTEAM | 2690 | 1:03:12 | 19:45 |
| 155 | Stig Eriksson | NOTEAM | 2792 | 1:03:22 | 19:55 |
| 156 | Thomas Haug | Blodsmak | 2349 | 1:03:23 | 19:56 |
| 157 | Anders Eid Naustdal | Odin Forvaltning | 2743 | 1:03:31 | 20:04 |
| 158 | Frode Klevstul | NOTEAM | 2478 | 1:03:34 | 20:07 |
| 159 | Trygve Haugnæss | Nes Innebandyklubb | 2622 | 1:03:42 | 20:15 |
| 160 | Pål Strøm | Statkraft Bil | 2467 | 1:03:53 | 20:26 |
| 160 | Frank Grymyr | Frida II | 2625 | 1:03:53 | 20:26 |
| 162 | Hallgrim Sagen | Korsvoll II | 2370 | 1:03:59 | 20:32 |
| 163 | Even Skirstad | Klp-Bil | 2530 | 1:04:07 | 20:40 |
| 164 | Trond Johansen | Hif | 2344 | 1:04:20 | 20:53 |
| 164 | Inge Roar Bremerthun | Forsvaret | 2825 | 1:04:20 | 20:53 |
| 166 | Andreas Høyen | Fa Oslo | 2849 | 1:04:21 | 20:54 |
| 167 | Knut Sandaaker | Opil | 2815 | 1:04:22 | 20:55 |
| 168 | Andreas Stellander | NOTEAM | 2783 | 1:04:23 | 20:56 |
| 169 | Petter Bjørnsen | Nordea | 2797 | 1:04:32 | 21:05 |
| 170 | Erik Baardsgaard | SK Rye/team Spinnvill | 2357 | 1:04:34 | 21:07 |
| 171 | Nicolai Walle Wennersten | * | 2809 | 1:04:35 | 21:08 |
| 171 | Geir Haugen | Norconsult Nil | 2443 | 1:04:35 | 21:08 |
| 173 | Robin Pay | NOTEAM | 2866 | 1:04:37 | 21:10 |
| 174 | Jan Anders Istad | Asker Skiklubb | 2345 | 1:04:39 | 21:12 |
| 175 | Lasse Dahl | NOTEAM | 2383 | 1:04:41 | 21:14 |
| 176 | Per Roger Svendsen | Skiptvet II | 2429 | 1:04:44 | 21:17 |
| 177 | Marius Haugen | NOTEAM | 2666 | 1:04:53 | 21:26 |
| 177 | Kent Rpgger Bjørklund | 2.bn | 2678 | 1:04:53 | 21:26 |
| 179 | Eirik Wig Sundvall | NOTEAM | 2807 | 1:05:03 | 21:36 |
| 180 | Espen Mykland | NOTEAM | 2845 | 1:05:16 | 21:49 |
| 181 | Eirik Hovland | NOTEAM | 2850 | 1:05:17 | 21:50 |
| 182 | Morten Andersen | Forsvaret Ini Ops | 2358 | 1:05:23 | 21:56 |
| 183 | Lars Skogheim | Skarnes | 2813 | 1:05:35 | 22:08 |
| 184 | Raymond De Freitas | NOTEAM | 2509 | 1:05:36 | 22:09 |
| 185 | Karianne Reese Larsen | Reeser Pettersens | 2438 | 1:05:39 | 22:12 |
| 186 | Fredrik Lien | NOTEAM | 2707 | 1:05:41 | 22:14 |
| 187 | Joakim Ramstad | Trondheim Triathlonklubb | 2694 | 1:05:44 | 22:17 |
| 187 | Jan Sølve Borlaug | Borowing Events | 2356 | 1:05:44 | 22:17 |
| 189 | Glenn Mathisen | NOTEAM | 2474 | 1:05:47 | 22:20 |
| 190 | Stian Michaelsen | Acando Buss | 2611 | 1:05:48 | 22:21 |
| 191 | Eirik Bøe Karlsen | NOTEAM | 2615 | 1:05:49 | 22:22 |

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| RS Menn 22-39 år | | | | | |
| 192 | Morten Kreutz | Norwegian Property | 2477 | 1:05:52 | 22:25 |
| 193 | Stein Kjølstad | Vinghøg Bil | 2412 | 1:05:54 | 22:27 |
| 194 | Jostein Dahl | Skiptvet | 2449 | 1:05:59 | 22:32 |
| 195 | Sigmund Flaate | Treenighetens ØI- Og | 2671 | 1:06:06 | 22:39 |
| 196 | Jarle Bonn Pedersen | Drammen | 2341 | 1:06:14 | 22:47 |
| 197 | Knut Lyngstad | Russedress | 2705 | 1:06:22 | 22:55 |
| 198 | Rudi Ågren | One Man, One Dream | 2647 | 1:06:29 | 23:02 |
| 199 | Stian Nærdal | NOTEAM | 2698 | 1:06:31 | 23:04 |
| 200 | Vidar Brevik | Ankeret | 2384 | 1:06:43 | 23:16 |
| 201 | Peter Michael Haug | Ready Bandy A-Lag | 2543 | 1:06:50 | 23:23 |
| 202 | Rasmus Evrin | NOTEAM | 2382 | 1:07:00 | 23:33 |
| 203 | Ståle Riddervold | NOTEAM | 2742 | 1:07:08 | 23:41 |
| 204 | Martin Halvorsen | NOTEAM | 2714 | 1:07:09 | 23:42 |
| 205 | Svein Torp | Team Driv | 2565 | 1:07:13 | 23:46 |
| 206 | Steinar Jordet | NOTEAM | 2709 | 1:07:18 | 23:51 |
| 207 | Geir Gjerde | Chuck Norris II | 2586 | 1:07:30 | 24:03 |
| 208 | Kristoffer Nordheim | Equipe Ganger-Rolv | 2700 | 1:07:31 | 24:04 |
| 209 | Martin Solem | NOTEAM | 2468 | 1:07:32 | 24:05 |
| 210 | Ole Aguirre | Dsg | 2454 | 1:07:41 | 24:14 |
| 211 | Stefan Norberg | Team Hande | 2572 | 1:07:43 | 24:16 |
| 212 | Bjørn Gisle Grønlie | NOTEAM | 2544 | 1:07:44 | 24:17 |
| 213 | Sebastian Bertholdson | Polar | 2900 | 1:07:46 | 24:19 |
| 214 | Anders Skjetne | Tbs | 2839 | 1:07:55 | 24:28 |
| 215 | Lars Leiren | Jil Oslo S | 2614 | 1:07:56 | 24:29 |
| 216 | Gulbrand Myrstuen | Opil | 2409 | 1:07:59 | 24:32 |
| 217 | Kristoffer Sætrum | Privatmegleren | 2782 | 1:08:08 | 24:41 |
| 218 | Magnus Schartum-Hansen | Romerike Politiidrettslag | 2656 | 1:08:14 | 24:47 |
| 219 | Clark Stevens | NOTEAM | 2653 | 1:08:16 | 24:49 |
| 220 | Knut Askvig | Kpmg | 2771 | 1:08:18 | 24:51 |
| 220 | Trond Åge Osvoll | Team Kjelsåslærerne | 2695 | 1:08:18 | 24:51 |
| 222 | Inge Myhrer | NOTEAM | 2746 | 1:08:20 | 24:53 |
| 223 | Erik Anonsen | Krampe II | 2550 | 1:08:22 | 24:55 |
| 224 | Magnus Følling | NOTEAM | 2587 | 1:08:25 | 24:58 |
| 225 | Tobias Torrissen | NOTEAM | 2403 | 1:08:39 | 25:12 |
| 226 | Magne Valen-Sendstad | Klp Bil | 2367 | 1:08:42 | 25:15 |
| 227 | Tommy Fjeldheim | Privatmegleren | 2447 | 1:08:44 | 25:17 |
| 228 | Christian Steffensen | Tv2 | 2406 | 1:08:45 | 25:18 |
| 229 | Clas-Erik Ek | Bjerk-lind Bygg | 2415 | 1:08:48 | 25:21 |
| 230 | Tom Olav Bruaas | NOTEAM | 2416 | 1:08:50 | 25:23 |
| 231 | Mats Jørgensen Hovsmo | Ekeberg Skole | 2710 | 1:08:56 | 25:29 |
| 232 | Tore Andersen | Romerike Politiidrettslag | 2629 | 1:09:00 | 25:33 |
| 233 | Tessa Sørensen | Team Driv | 2567 | 1:09:01 | 25:34 |
| 234 | Petter Henriksen | Privat | 2897 | 1:09:05 | 25:38 |
| 235 | Terje Øvreberg | NOTEAM | 2399 | 1:09:13 | 25:46 |
| 236 | Tor Oen | NOTEAM | 2570 | 1:09:19 | 25:52 |
| 237 | Espen Christoffersen | SK Rye/team Spinnvill | 2451 | 1:09:22 | 25:55 |
| 237 | Rune Hellem | SK Rye | 2380 | 1:09:22 | 25:55 |
| 239 | Andreas Udem | NOTEAM | 2465 | 1:09:24 | 25:57 |
| 240 | Christian Løverås | Blodsmak | 2343 | 1:09:27 | 26:00 |
| 241 | Marius Bogstrand | NOTEAM | 2795 | 1:09:28 | 26:01 |
| 242 | Per Erlend Høen | Opil | 2757 | 1:09:39 | 26:12 |
| 243 | Wictor Furøy | Opil | 2353 | 1:09:45 | 26:18 |
| 244 | Espen Ekvang | NOTEAM | 2673 | 1:09:46 | 26:19 |
| 245 | Thomas Kristiansen | Gjensidige Sport | 2439 | 1:09:55 | 26:28 |
| 246 | Anders Brendstuen | Dønski Vgs | 2676 | 1:09:58 | 26:31 |
| 247 | Geir Jonas Trandem | NOTEAM | 2650 | 1:10:10 | 26:43 |
| 248 | Daniel Sandvik | Rent-A-Wreck | 2864 | 1:10:15 | 26:48 |

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| Plass | Navn | Klubb | Startnr | Tid | Etter |
|-------------------------|------------------------------|----------------------------|---------|---------|-------|
| RS Menn 22-39 år | | | | | |
| 249 | Kasper Hesselbjerg | Team C-sport Running | 2507 | 1:10:20 | 26:53 |
| 250 | Eirik Johansen | NOTEAM | 2664 | 1:10:22 | 26:55 |
| 251 | Lasse Paulsen Steinsvaag | NOTEAM | 2889 | 1:10:26 | 26:59 |
| 251 | Axel Onshuus | Kongsberg | 2696 | 1:10:26 | 26:59 |
| 253 | Espen Sandvig | NOTEAM | 2814 | 1:10:30 | 27:03 |
| 254 | Terje Aas | Flaxvatn | 2772 | 1:10:33 | 27:06 |
| 255 | Preben Øiamo | Pulse Communications | 2562 | 1:10:34 | 27:07 |
| 256 | Hans-Olav Tandberg | Treenighetens ØI- Og | 2691 | 1:10:35 | 27:08 |
| 257 | Christoph Langer | NOTEAM | 2504 | 1:10:36 | 27:09 |
| 258 | Erlend Haarr | NOTEAM | 2715 | 1:10:38 | 27:11 |
| 258 | Carsten Rønning | NOTEAM | 2371 | 1:10:38 | 27:11 |
| 260 | Eirik Skarholt | NOTEAM | 2531 | 1:10:39 | 27:12 |
| 261 | Lars Netting | Slatters If | 2817 | 1:10:40 | 27:13 |
| 262 | Magnus Kristoffersen | Bdo | 2580 | 1:10:43 | 27:16 |
| 263 | Thron Aass | NOTEAM | 2856 | 1:10:47 | 27:20 |
| 264 | Jørgen Nilsen | NOTEAM | 2843 | 1:10:50 | 27:23 |
| 265 | Per Ivar Hoelsengen | Hvam II | 2379 | 1:10:52 | 27:25 |
| 266 | Arvid Gulbrandsen | NOTEAM | 2350 | 1:10:53 | 27:26 |
| 267 | Pieter Wahl | NOTEAM | 2424 | 1:10:55 | 27:28 |
| 268 | Øyvind Rogne | Crazy Wazabi Boys | 2740 | 1:11:05 | 27:38 |
| 269 | Helge M. Olsen | Strålfors As | 2819 | 1:11:17 | 27:50 |
| 270 | Tor Jørgensen | NOTEAM | 2616 | 1:11:19 | 27:52 |
| 271 | Eike Ziller-Off | NOTEAM | 2605 | 1:11:20 | 27:53 |
| 272 | Erik Eriksen | NOTEAM | 2588 | 1:11:22 | 27:55 |
| 273 | Aksel Bakke-Bjurgren | Bjørnehula | 2902 | 1:11:23 | 27:56 |
| 274 | Vegard Nicolaysen | Otra II | 2892 | 1:11:24 | 27:57 |
| 275 | Erling Hillestad | Osi Overtrent | 2822 | 1:11:26 | 27:59 |
| 276 | Mads Nesset | Sofakroken II | 2844 | 1:11:29 | 28:02 |
| 277 | Ole Kristian Johansen | Bærum Kommune | 2440 | 1:11:31 | 28:04 |
| 277 | Ben Powell | Kbn | 2470 | 1:11:31 | 28:04 |
| 279 | Andreas Åsberg | Gruner | 2335 | 1:11:32 | 28:05 |
| 280 | Henning Pettersen | Løpelandslaget | 2499 | 1:11:35 | 28:08 |
| 281 | Aslak Nanseth | NOTEAM | 2702 | 1:11:38 | 28:11 |
| 282 | Christer Rönmark | Polar | 2569 | 1:11:41 | 28:14 |
| 283 | Kristian Müller | Baba Ganouch | 2745 | 1:11:45 | 28:18 |
| 284 | Vidar Stenshall | SK Vidar | 2654 | 1:11:49 | 28:22 |
| 285 | Philip Nilsen-Moe | Over Klassen | 2659 | 1:11:54 | 28:27 |
| 286 | Lars Thomas Nygaard | NOTEAM | 2471 | 1:11:55 | 28:28 |
| 287 | Dan Södergren | Polar | 2428 | 1:12:01 | 28:34 |
| 288 | Christopher Dalan Willsgaard | NOTEAM | 2719 | 1:12:13 | 28:46 |
| 289 | Øystein Larsen | NOTEAM | 2539 | 1:12:24 | 28:57 |
| 289 | Martin Bjerkely | Ready Bandy | 2855 | 1:12:24 | 28:57 |
| 291 | Kenneth Holmøy | Nordea | 2618 | 1:12:25 | 28:58 |
| 292 | Daniel Bunzel | Team Taste Of Nature | 2675 | 1:12:27 | 29:00 |
| 293 | Aleksander Scott Hennig | Oslo Politiidrettsforening | 2739 | 1:12:31 | 29:04 |
| 294 | Henrik Sletten | Polar | 2737 | 1:12:32 | 29:05 |
| 295 | Johan Butler Haugen | NOTEAM | 2721 | 1:12:33 | 29:06 |
| 296 | Fredrik Aarum | Baba Ganouch | 2773 | 1:12:34 | 29:07 |
| 297 | Haakon Kobbenes | NOTEAM | 2376 | 1:12:36 | 29:09 |
| 298 | Henrik Andersson | Emmaboda Galaxy | 2729 | 1:12:45 | 29:18 |
| 299 | Emil Lahlum | NOTEAM | 2751 | 1:12:46 | 29:19 |
| 300 | Morten Ramsdal | Slatters If | 2865 | 1:12:48 | 29:21 |
| 301 | Steinar Skaug | NOTEAM | 2498 | 1:12:52 | 29:25 |
| 302 | Christoffer Martinsen | Slevk II | 2787 | 1:12:54 | 29:27 |
| 303 | Stian Bøhler | Team Bøhler Pacing | 2767 | 1:12:57 | 29:30 |
| 304 | Thron Erik Schøyen | NOTEAM | 2533 | 1:12:58 | 29:31 |
| 305 | Kilian Munch | NOTEAM | 2410 | 1:13:00 | 29:33 |

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| Plass | Navn | Klubb | Startnr | Tid | Etter |
|-------------------------|---------------------------|-----------------------|---------|---------|-------|
| RS Menn 22-39 år | | | | | |
| 306 | Jan Morten Rønne | NOTEAM | 2841 | 1:13:02 | 29:35 |
| 307 | Steffan Løssfelt | NOTEAM | 2820 | 1:13:04 | 29:37 |
| 308 | Aleksander Bai | NOTEAM | 2728 | 1:13:07 | 29:40 |
| 309 | Helge Amarp Halvorsen | NOTEAM | 2591 | 1:13:09 | 29:42 |
| 310 | Johan Wibye | NOTEAM | 2808 | 1:13:20 | 29:53 |
| 310 | Levin Løssfelt | NOTEAM | 2750 | 1:13:20 | 29:53 |
| 312 | Espen Bøhler | Team Bøhler Pacing | 2674 | 1:13:38 | 30:11 |
| 313 | Rune Rabben | Opil | 2432 | 1:13:48 | 30:21 |
| 314 | Anders Petterød Halvorsen | Team Falk | 2445 | 1:13:49 | 30:22 |
| 315 | Richard Evensen | Ramirent | 2763 | 1:13:56 | 30:29 |
| 316 | Christian Helverschou | Team Myrstua | 2760 | 1:14:04 | 30:37 |
| 317 | Steffen Lundteigen | NOTEAM | 2847 | 1:14:05 | 30:38 |
| 318 | Marius Nesje Jenssen | NOTEAM | 2501 | 1:14:09 | 30:42 |
| 319 | Frode Blaker | NOTEAM | 2549 | 1:14:12 | 30:45 |
| 320 | Geir Carlsen | Vålerenga Ski | 2452 | 1:14:13 | 30:46 |
| 321 | Per Øgrey Brandsdal | NOTEAM | 2722 | 1:14:14 | 30:47 |
| 322 | Tore Danielsen | NOTEAM | 2717 | 1:14:16 | 30:49 |
| 323 | Knut Einar Mjåvatn | Slatters If | 2818 | 1:14:20 | 30:53 |
| 323 | Einar Løvøi | Horten Roklubb | 2575 | 1:14:20 | 30:53 |
| 325 | Truls Veslum | Team G-sport Asker | 2401 | 1:14:39 | 31:12 |
| 326 | Thomas J Fjell | Heming | 2381 | 1:14:40 | 31:13 |
| 327 | Sindre Myhre | NOTEAM | 2785 | 1:14:41 | 31:14 |
| 328 | Mats Mortensen | NOTEAM | 2703 | 1:14:43 | 31:16 |
| 329 | Espen S Søland | Sporting Club De | 2368 | 1:14:52 | 31:25 |
| 330 | Jon Anders Fønhus | NOTEAM | 2483 | 1:14:57 | 31:30 |
| 331 | Anders Haugli | Levregjengen | 2348 | 1:15:08 | 31:41 |
| 332 | Joacim Hafsås | SK Langtur | 2624 | 1:15:19 | 31:52 |
| 333 | Morten Steen Hovden | Minegenklubb | 2441 | 1:15:24 | 31:57 |
| 334 | Øzkan Erkmén | NOTEAM | 2716 | 1:15:33 | 32:06 |
| 335 | Niklas Haglund | Sats | 2480 | 1:15:35 | 32:08 |
| 336 | Gard Arneson Haugen | NOTEAM | 2413 | 1:15:42 | 32:15 |
| 337 | Alexander Mo | Slatters II | 2846 | 1:15:45 | 32:18 |
| 337 | Rune Boy Slettenes | Mol | 2497 | 1:15:45 | 32:18 |
| 339 | Anders Wigén | NOTEAM | 2525 | 1:15:48 | 32:21 |
| 340 | Henrik Lilleengen | Treenighetens ØI- Og | 2662 | 1:16:21 | 32:54 |
| 341 | Ole J. Jensen | NOTEAM | 3390 | 1:16:30 | 33:03 |
| 342 | Tommy Ringnes | Hafjell Open | 2535 | 1:16:38 | 33:11 |
| 343 | Fredrik Schatvet | NOTEAM | 2340 | 1:16:41 | 33:14 |
| 343 | Christian Elsebutangen | NOTEAM | 2414 | 1:16:41 | 33:14 |
| 345 | Harald Holm Glad | NOTEAM | 2347 | 1:16:43 | 33:16 |
| 346 | Jonas Høyér | Klp Bil | 2821 | 1:16:46 | 33:19 |
| 347 | Gunnar Naas | Team Htv 53 | 2573 | 1:16:59 | 33:32 |
| 348 | Thomas Vangsnes | NOTEAM | 2425 | 1:17:08 | 33:41 |
| 349 | Hallvard Berg | Rustad II / Nexia Bil | 2590 | 1:17:11 | 33:44 |
| 350 | Morten Urfjell | Gjerstad Funk- Og | 2426 | 1:17:12 | 33:45 |
| 351 | Lars Nordberg | NOTEAM | 2472 | 1:17:37 | 34:10 |
| 352 | Atle Haugland | Sofakroken II | 2851 | 1:18:02 | 34:35 |
| 353 | Andreas Hauger | NOTEAM | 2623 | 1:18:08 | 34:41 |
| 354 | Bjørn Ove Lysaker | Sørmlia Racers | 2613 | 1:18:15 | 34:48 |
| 355 | Jon Regbo | NOTEAM | 2469 | 1:18:16 | 34:49 |
| 356 | Capser Nordhuus | Polar | 2699 | 1:18:17 | 34:50 |
| 357 | Henrik Knapskog | NOTEAM | 2581 | 1:18:30 | 35:03 |
| 358 | Ramzi Gamal | NOTEAM | 2482 | 1:18:33 | 35:06 |
| 359 | Bernt Andreas Langøien | Oslo Klatreklubb | 2503 | 1:18:46 | 35:19 |
| 360 | Kim-André Martinsen | Steria | 2749 | 1:18:52 | 35:25 |
| 361 | Jo Borchsenius | Nei | 2723 | 1:18:55 | 35:28 |
| 362 | Øystein Flenning | NOTEAM | 2355 | 1:19:16 | 35:49 |

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|-------------------------|-------------------------|-------------------|----------------|---------|-------|
| RS Menn 22-39 år | | | | | |
| 363 | Patrick O'toole | NOTEAM | 2373 | 1:19:20 | 35:53 |
| 364 | Arne Rognan | NOTEAM | 2741 | 1:19:34 | 36:07 |
| 365 | Lars Mørk-Lorenzen | NOTEAM | 2473 | 1:19:36 | 36:09 |
| 366 | Andrè Sveen | NOTEAM | 2337 | 1:19:50 | 36:23 |
| 367 | Ole Eirik Thunshelle | Privatmegleren | 2427 | 1:19:53 | 36:26 |
| 368 | Alf Philipe Bjercke | NOTEAM | 2385 | 1:19:59 | 36:32 |
| 369 | Bjørn Hellem | Team Fsc | 2620 | 1:20:02 | 36:35 |
| 370 | Are Kolstad | Crazy Wasabi Boys | 2753 | 1:20:11 | 36:44 |
| 371 | Bjørn Arne Winsnes | NOTEAM | 2563 | 1:20:30 | 37:03 |
| 371 | Roy Otto Kleiv | NOTEAM | 2148 | 1:20:30 | 37:03 |
| 373 | Matias Mjåvatn | NOTEAM | 2895 | 1:20:31 | 37:04 |
| 374 | Simen Hagerup Kjeldsen | Norsk | 2848 | 1:20:43 | 37:16 |
| 375 | Morten Persson | NOTEAM | 2536 | 1:21:06 | 37:39 |
| 376 | Herman Aarnæs | NOTEAM | 2592 | 1:21:30 | 38:03 |
| 377 | Stian Hagen | Nannestad Fk | 2446 | 1:22:12 | 38:45 |
| 378 | Jostein Tangstad | Rjukan | 2527 | 1:22:13 | 38:46 |
| 379 | Andreas Holzweiler | NOTEAM | 2665 | 1:23:31 | 40:04 |
| 380 | Jo Jakop Haugen | NOTEAM | 2542 | 1:23:39 | 40:12 |
| 381 | Bjørn Tommy Eide | NOTEAM | 2485 | 1:23:50 | 40:23 |
| 382 | Simon Zimmermann | NOTEAM | 2524 | 1:23:55 | 40:28 |
| 383 | Eivind Kristoffersen | Renek As | 2579 | 1:24:12 | 40:45 |
| 384 | Ola Siegel | Forvaltningshuset | 2339 | 1:24:22 | 40:55 |
| 385 | Erlend Drolsum | Hvorfor Ikke | 2627 | 1:24:43 | 41:16 |
| 386 | Henrik Thurmann-Nielsen | NOTEAM | 2882 | 1:24:49 | 41:22 |
| 387 | Frode Ek Skarnes | Eskoleia B.i.l. | 3397 | 1:25:13 | 41:46 |
| 388 | Håvard Haugstvedt | Oppsal | 2541 | 1:25:33 | 42:06 |
| 389 | Christoffer Dagsgård | NOTEAM | 2766 | 1:26:45 | 43:18 |
| 390 | Jo Sølve Dalane | NOTEAM | 2854 | 1:27:11 | 43:44 |
| 391 | Christian Nilsen | Asker | 2434 | 1:28:00 | 44:33 |
| 392 | Aadne Christian Tho | NOTEAM | 2526 | 1:28:37 | 45:10 |
| 393 | Joakim Senstad | NOTEAM | 2532 | 1:32:20 | 48:53 |
| 394 | Eirik Bakli Verket | Konsis | 2901 | 1:32:28 | 49:01 |
| 395 | Øystein Lilleaas | NOTEAM | 2538 | 1:33:42 | 50:15 |
| 396 | Lars Thorstensen | Gøy Hk | 2404 | 1:33:53 | 50:26 |
| 397 | Øystein Rørhus | NOTEAM | 2609 | 1:33:59 | 50:32 |
| 398 | Stephan Madsen | Dsg | 2475 | 1:35:00 | 51:33 |
| 399 | Lars Kristian Lindberg | NOTEAM | 2537 | 1:41:58 | 58:31 |
| Antall | 399 | Påmeldte: 427 | Startende: 427 | | |

RS Menn 40-44 år

| | | | | | |
|----|-----------------------|--------------------------|------|-------|-------|
| 1 | John M. Lervik | Asker Skiklubb | 2252 | 50:05 | |
| 2 | Gerrit Rode | NOTEAM | 2277 | 52:36 | 02:31 |
| 3 | Steinar Låg | Veritas Bil | 2220 | 53:05 | 03:00 |
| 4 | Lars Enerhaugen | Kpil | 2227 | 53:22 | 03:17 |
| 5 | Torbjørn Stokke | Pwc Bil | 2275 | 53:39 | 03:34 |
| 6 | Jan-Erik Christiansen | Driv II | 2323 | 55:21 | 05:16 |
| 7 | Bjørn-Erik Pedersen | Ås II | 2279 | 55:32 | 05:27 |
| 8 | Anders Bjørnsgaard | Lillehammer Skiklub | 2200 | 55:38 | 05:33 |
| 9 | Kjetil Molund | Nordreisa I.l. | 2313 | 55:58 | 05:53 |
| 10 | Geir Holmsen | Stovnerkameratene | 2192 | 55:59 | 05:54 |
| 11 | Steve Enger | NOTEAM | 2226 | 56:36 | 06:31 |
| 12 | Wegar Løkken | Raufoss Og Gjøvik | 2221 | 57:12 | 07:07 |
| 13 | Frode Lyssandtræ | Skiforeningen/ Årvoll II | 2283 | 57:13 | 07:08 |
| 14 | Vidar Thorvik | Kjelsås | 2244 | 57:39 | 07:34 |
| 15 | Ole Myklemyr | If Birkebeineren | 2219 | 57:54 | 07:49 |
| 16 | Fredrik Dahlstrøm | Lyn Ski | 2322 | 58:27 | 08:22 |

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| RS Menn 40-44 år | | | | | |
| 17 | Eivind Lund | Nittedal II / Nittedal | 2314 | 58:39 | 08:34 |
| 18 | Arild Blokkum | NOTEAM | 2289 | 58:43 | 08:38 |
| 19 | Bjørn Terje Moen | NOTEAM | 2189 | 58:45 | 08:40 |
| 20 | Hans Petter Økern | Team Ull | 2307 | 59:08 | 09:03 |
| 21 | Kittil Paalgard | Team Kjelsåslærerne | 2217 | 59:09 | 09:04 |
| 22 | John Åsmund Westberg | NOTEAM | 2243 | 59:39 | 09:34 |
| 23 | Franco Feci | No Klubb | 2321 | 59:53 | 09:48 |
| 24 | Rune Wiig | Skimt/ Veidekke Bil | 2308 | 1:01:24 | 11:19 |
| 25 | Thomas Andresen | Varteig II | 2324 | 1:01:27 | 11:22 |
| 26 | Frode Hilde | Røa II | 2193 | 1:01:28 | 11:23 |
| 27 | Ole Kristian Disen | Disengutta | 2288 | 1:01:32 | 11:27 |
| 28 | Jon Sletvold | Thales Bil | 2186 | 1:02:00 | 11:55 |
| 29 | Ketil Lunde | Røa II | 2190 | 1:03:18 | 13:13 |
| 30 | Kaare Jarbeaux | NOTEAM | 2284 | 1:03:25 | 13:20 |
| 31 | Knut Viggo Fræysaa | Team Mosjon | 3388 | 1:03:37 | 13:32 |
| 32 | Rune Gulbrandsen | Eik-Tønsberg | 2256 | 1:04:08 | 14:03 |
| 33 | Morten Warberg | Team United Bakeries | 2210 | 1:04:16 | 14:11 |
| 34 | Erik Sauar | NOTEAM | 2248 | 1:04:21 | 14:16 |
| 35 | Øyvind Thømt | Skiptvet II | 2309 | 1:04:31 | 14:26 |
| 36 | André Aronsen | Team Aron | 2291 | 1:04:33 | 14:28 |
| 37 | Hans Olav Hamran | Koll | 2195 | 1:04:47 | 14:42 |
| 38 | Mark Mansfield | NOTEAM | 2250 | 1:04:51 | 14:46 |
| 39 | Mats Nordraak | Gvv | 2281 | 1:04:55 | 14:50 |
| 40 | Tor Erik Saltnes | Vianova Bil | 2187 | 1:04:58 | 14:53 |
| 41 | Eirik Kristiansen | Icopal | 2222 | 1:05:06 | 15:01 |
| 42 | Nils Arne Grønlie | Røa II | 2198 | 1:05:08 | 15:03 |
| 43 | Per Bøyemo | Kns | 2258 | 1:05:18 | 15:13 |
| 44 | Jörgen Ohlson | Think Bil | 2280 | 1:05:29 | 15:24 |
| 45 | Kennet Hegre | Coca-cola Enterprises | 2194 | 1:05:55 | 15:50 |
| 46 | Ketil Sigde | Linderud | 2247 | 1:06:09 | 16:04 |
| 47 | Jan Rune Svendsen | NOTEAM | 2212 | 1:06:13 | 16:08 |
| 48 | Arne-Edgar Rosenberg | Nordre Land II | 2216 | 1:06:14 | 16:09 |
| 49 | Richard Korsen | Raufoss & Gjøvik SK | 2223 | 1:07:06 | 17:01 |
| 50 | Terje Grewe Norberg | Raufoss Og Gjøvik | 2218 | 1:07:40 | 17:35 |
| 51 | Lars Hande | NOTEAM | 2254 | 1:07:53 | 17:48 |
| 52 | Henning Leo Knudsen | NOTEAM | 2315 | 1:08:06 | 18:01 |
| 53 | Svein Serck-Hanssen | Fossum If | 2276 | 1:09:28 | 19:23 |
| 54 | Cato Rachlew | Experian | 2278 | 1:09:29 | 19:24 |
| 55 | Trond Nordstrand | Nkgs | 2188 | 1:10:32 | 20:27 |
| 56 | Olof Gøtestam | Jevnaker Btk | 2196 | 1:11:00 | 20:55 |
| 57 | Ole-Johann Jøsokbakke | Gurskøy II | 2317 | 1:11:01 | 20:56 |
| 58 | Jørgen Hyvang | Sfk Lyn | 2319 | 1:11:16 | 21:11 |
| 59 | Ole Fredrik Forde | Holmen If | 2287 | 1:11:17 | 21:12 |
| 60 | Halvor Walla | Software Innovation Bil | 2211 | 1:12:55 | 22:50 |
| 61 | Iversen Marius | Melkesyra SK | 2282 | 1:13:57 | 23:52 |
| 62 | Erik Angvik | Dsg | 2292 | 1:14:08 | 24:03 |
| 63 | Fred Kihle | NOTEAM | 2316 | 1:14:18 | 24:13 |
| 64 | Thomas Iversen | Xtra Personell | 2224 | 1:15:25 | 25:20 |
| 65 | Morten Nielsen | NOTEAM | 2312 | 1:15:37 | 25:32 |
| 66 | Morten Berner | Melkesyra SK | 2290 | 1:15:44 | 25:39 |
| 67 | Jan Thomas Skeie | NOTEAM | 2246 | 1:15:46 | 25:41 |
| 68 | Alf Ivar Torsvik | NOTEAM | 2185 | 1:16:13 | 26:08 |
| 69 | Anders Jacobsen | NOTEAM | 2285 | 1:17:07 | 27:02 |
| 70 | Jan Ove Skilbrei | NOTEAM | 2214 | 1:17:25 | 27:20 |
| 71 | Hans Petter Malme | Horsegarden Rangers | 2251 | 1:18:18 | 28:13 |
| 72 | Knut-Magnar Aanestad | Schjødt Bil | 2293 | 1:18:31 | 28:26 |
| 73 | Frode Grønningsæter | NOTEAM | 2197 | 1:18:43 | 28:38 |

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| Plass | Navn | Klubb | Startnr | Tid | Etter |
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| RS Menn 40-44 år | | | | | |
| 74 | Petter Andres Sundsbak | NOTEAM | 2213 | 1:19:06 | 29:01 |
| 75 | Terje Andersen | Polar | 2259 | 1:20:55 | 30:50 |
| 76 | Rune Johansen | NOTEAM | 2253 | 1:24:45 | 34:40 |
| 77 | Tormod Helgesen | Team Ull | 2320 | 1:25:10 | 35:05 |
| 78 | Tor Inge Solberg | NOTEAM | 2310 | 1:25:23 | 35:18 |
| 79 | Terje Schjødt-Osmo | Østmarka | 2215 | 1:26:37 | 36:32 |
| 80 | Sten Erik Jonassen | Thales Bil | 2191 | 1:31:36 | 41:31 |
| 81 | Lars Hammerstad | NOTEAM | 2255 | 1:34:40 | 44:35 |
| 82 | William Strande | Privatmegleren | 2245 | 1:50:49 | 1:00:44 |
| Antall | 82 | Påmeldte: 92 | Startende: 91 | | |

RS Menn 45-49 år

| | | | | | |
|----|--------------------------|-------------------------|------|----------------|-------|
| 1 | Bo Engdahl | Koll II | 2109 | 47:26 | |
| 2 | Knut Erling Øen | Nordea | 2134 | 48:27 | 01:01 |
| 3 | Helge Dimmen | Nykirke If | 2149 | 50:59 | 03:33 |
| 4 | Arne Gilberg | Vidar | 2108 | 52:00 | 04:34 |
| 5 | Jan Olaf Uleberg | Otra II | 2083 | 52:59 | 05:33 |
| 6 | Christian Lund | Njård | 2105 | 53:00 | 05:34 |
| 7 | Rolv Anders Systad | Lyn | 2135 | 53:15 | 05:49 |
| 8 | Anders Karlsen | Nesodden If | 2142 | 53:52 | 06:26 |
| 9 | Stein H. Hagen | Njård | 2173 | 56:01 | 08:35 |
| 10 | Arnfinn Pedersen | Nesodden If | 2166 | 56:07 | 08:41 |
| 11 | Frode Talmo | Koll | 2164 | 56:46 | 09:20 |
| 12 | Jan Taug | NOTEAM | 2084 | 56:56 | 09:30 |
| 13 | Tore Jensen | Rikshospitalet | 2171 | 57:45 | 10:19 |
| 14 | Jørn Rolfsen | NOTEAM | 2119 | 58:48 | 11:22 |
| 15 | Edgar Haugen | Ragde IL | 3398 | 59:03 | 11:37 |
| 16 | Tore Røraas | Sjumil.no | 2138 | 59:11 | 11:45 |
| 17 | Piet Verhees | Brøttum II | 2163 | 59:23 | 11:57 |
| 18 | Tore Haugen | Holmestrand | 2087 | 1:00:09 | 12:43 |
| 19 | Rune Finstad Bjerken | Gjerdrum | 2126 | 1:01:05 | 13:39 |
| 20 | Jon Grøholdt | Sørkedalen If | 2145 | 1:01:19 | 13:53 |
| 21 | John Vestengen | Nittedal Banquet Racers | 2162 | 1:01:20 | 13:54 |
| 22 | Frank Kachel | Vestre Aker | 2143 | 1:02:04 | 14:38 |
| 23 | Ola Øvstedal | Ås II | 2098 | 1:02:14 | 14:48 |
| 24 | Arne Bent Bjørge | Ok Bil | 2089 | 1:02:39 | 15:13 |
| 25 | Geirr Are Blystad Larsen | Hakadal Lfp | 2088 | 1:02:41 | 15:15 |
| 26 | Jon Bjerkem | NOTEAM | 2090 | 1:02:55 | 15:29 |
| 27 | Børre Sunde | Privat | 2102 | 1:04:29 | 17:03 |
| 28 | Egil Kvamme | Kvammeklanen | 2140 | 1:05:42 | 18:16 |
| 29 | Erland Gulbrandsen | Rustad II | 2174 | 1:07:16 | 19:50 |
| 30 | Håkon S. Bakken | Tourdesool | 2127 | 1:07:24 | 19:58 |
| 31 | Øyvind Moe | Try | 2168 | 1:07:58 | 20:32 |
| 32 | Christian F Mathiesen | Holmen Langrenn | 2103 | 1:09:09 | 21:43 |
| 33 | Erik Logstein | NOTEAM | 2106 | 1:09:25 | 21:59 |
| 34 | Roar Michelsen | Movcon | 2169 | 1:09:32 | 22:06 |
| 35 | John Tanke Sviland | Ingen | 2136 | 1:09:47 | 22:21 |
| 36 | Lars Wermskog | NOTEAM | 2099 | 1:09:48 | 22:22 |
| 37 | Arve Rönnskär | Konnerud I.I. | 2165 | 1:10:07 | 22:41 |
| 38 | Tormod Tørstad | Bækkelagets Sp | 2115 | 1:11:02 | 23:36 |
| 39 | Lorenzo Williams | Team United Bakeries 2 | 2161 | 1:12:19 | 24:53 |
| 40 | Trond Jacobsen | Il Ivrig | 2124 | 1:12:51 | 25:25 |
| 41 | Marek Jablonski | Jablonski II | 2172 | 1:13:23 | 25:57 |
| 42 | Jan Måøy | Klp Bil | 2086 | 1:14:09 | 26:43 |
| 43 | Trond Schliemann | NOTEAM | 2118 | 1:14:18 | 26:52 |
| 44 | Sven Marius Macleod | Tynnbenstammen SK | 2104 | 1:14:25 | 26:59 |

Resultatliste

Råskinnet 2011

30.04.2011

| Plass | Navn | Klubb | Startnr | Tid | Etter |
|-------------------------|-----------------------|----------------------|---------------|---------|-------|
| RS Menn 45-49 år | | | | | |
| 45 | Roger Andre Rooth | NOTEAM | 2085 | 1:14:40 | 27:14 |
| 46 | Henning Lund | Profilforum | 2121 | 1:14:43 | 27:17 |
| 47 | Ottar Krogh | Skiptvet II | 2123 | 1:14:44 | 27:18 |
| 48 | Turid Holemark Sunde | Privat | 2117 | 1:14:45 | 27:19 |
| 49 | Erik Johansen | Spradebassene | 2170 | 1:14:54 | 27:28 |
| 50 | Helge Tøft | Haslum II | 2100 | 1:15:51 | 28:25 |
| 51 | Erik Hannestad | SK Rye | 2125 | 1:16:40 | 29:14 |
| 52 | Harald Kleiven | NOTEAM | 3389 | 1:17:16 | 29:50 |
| 53 | Stein Egidius | Dsg | 2110 | 1:18:05 | 30:39 |
| 54 | Håkon Tjomsland | Ullevål Bandy 95 | 2116 | 1:18:22 | 30:56 |
| 55 | Arnt Steinar Olasveen | Lillehammer Skiklubb | 2167 | 1:18:56 | 31:30 |
| 56 | Svein Thomsen | Fjeld Løbeklubb | 2101 | 1:19:19 | 31:53 |
| 57 | Morten Petersen | Fredensborgak | 2139 | 1:21:17 | 33:51 |
| 58 | Atle Nordli | Lyskestrækk | 2120 | 1:22:25 | 34:59 |
| 59 | Åsleik Engmark | Engmarks Turn | 2147 | 1:23:10 | 35:44 |
| 60 | Ingvar Brudeli | Xtra Personell | 2150 | 1:39:05 | 51:39 |
| Antall | 60 | Påmeldte: 68 | Startende: 68 | | |

RS Menn 50-54 år

| | | | | | |
|--------|--------------------------|-------------------------|---------------|---------|-------|
| 1 | Audun Strandlie | Gjø-ward O-Lag | 2050 | 53:41 | |
| 2 | Olav Terum | Aurland II | 2048 | 54:16 | 00:35 |
| 3 | Lars Arnljot Sæbøe | Ready | 3391 | 55:07 | 01:26 |
| 4 | Bård Borch Michalsen | BIL Sverta Bil/harstad | 2042 | 56:15 | 02:34 |
| 5 | Bjørn Solbergseter | Austmarka II | 2059 | 56:37 | 02:56 |
| 6 | Even Tajet | Raufoss II | 2058 | 56:42 | 03:01 |
| 7 | Erik Næss | Lørenskog Skiklubb | 2051 | 59:19 | 05:38 |
| 8 | Andreas Berger | Hsil | 2054 | 1:01:46 | 08:05 |
| 9 | Jarle Pettersen | Strømmen & Lillestrøm | 2061 | 1:02:03 | 08:22 |
| 10 | Ole Vikerhaug | Fet Skiklubb | 2047 | 1:02:17 | 08:36 |
| 11 | Trond Taugbøl | Lillehammer Skiklubb | 2057 | 1:06:49 | 13:08 |
| 12 | Odd Henning Solhaug | Driv II | 2041 | 1:08:37 | 14:56 |
| 13 | Thorbjørn Michelsen | Nordseter Ski Og | 2062 | 1:09:17 | 15:36 |
| 14 | Roy Fenstad | Jar Håndball | 2034 | 1:09:44 | 16:03 |
| 15 | Morten Kongsberg | Høegh Sport | 2064 | 1:11:32 | 17:51 |
| 16 | Dag Sundvall | Kjelsås | 2040 | 1:12:11 | 18:30 |
| 17 | Pål Hjorthol | Lillehammer Skiklubb | 2033 | 1:13:46 | 20:05 |
| 18 | Erling Friedmann | Bsk | 2052 | 1:16:55 | 23:14 |
| 19 | Svein Atle Alfarnes | Sykehuset Østfold Bil | 2076 | 1:17:42 | 24:01 |
| 20 | Tom Digerås | Blaker II | 2035 | 1:20:26 | 26:45 |
| 21 | Ole-Johnny Syversen | Skiptvet II | 2049 | 1:22:10 | 28:29 |
| 22 | Helge Chr Piippo | Kvæfjord II | 2074 | 1:23:15 | 29:34 |
| 23 | Sigmund Ruud | Privatmegleren | 2060 | 1:23:16 | 29:35 |
| 24 | Kjell Hasund | Privat | 2043 | 1:23:51 | 30:10 |
| 25 | Kjetil Lerkendal | Gjelleråsen If | 2063 | 1:24:06 | 30:25 |
| 26 | Eirik Bjørlo | Svelvik Maraton Society | 2065 | 1:25:15 | 31:34 |
| 27 | Håvard Ebbestad | Svelvik Marathon | 2053 | 1:26:08 | 32:27 |
| 28 | Nils Bay | Privat | 2075 | 1:34:03 | 40:22 |
| 29 | Jørgen Busch Christensen | Idrætsforeningen | 2044 | 1:37:57 | 44:16 |
| Antall | 29 | Påmeldte: 32 | Startende: 32 | | |

RS Menn 55-59 år

| | | | | | |
|---|--------------------|-------------------|------|---------|-------|
| 1 | Hans Ole Rodahl | Aibel Bil | 2025 | 1:03:46 | |
| 2 | Thorbjørn Bjørnson | Follebu Skiklubb | 2031 | 1:07:17 | 03:31 |
| 3 | Sverre Hurum | Bouvet Bil | 2026 | 1:07:20 | 03:34 |
| 4 | Arne Stenhaug | Kaldfarnes Skøyte | 2024 | 1:07:39 | 03:53 |

Resultatliste

Råskinn 2011

30.04.2011

| Class | Navn | Klubb | Startnr | Tid | Etter |
|--------------------------|--------------------|---------------------|---------------|----------------|-------|
| RS Menn 55-59 år | | | | | |
| 5 | Hans Erik Hansen | Nesodden If | 2029 | 1:11:30 | 07:44 |
| 6 | Jan Sveen | Raumar Orientering | 2023 | 1:17:32 | 13:46 |
| 7 | Jan Robert Karlsen | NOTEAM | 2019 | 1:20:40 | 16:54 |
| 8 | Espen Bratlie | Nabolaget Fc | 2027 | 1:33:35 | 29:49 |
| 9 | Ernst R. Berggren | Videra | 3393 | 1:34:32 | 30:46 |
| 10 | Torben Christensen | Polar | 2030 | 1:50:41 | 46:55 |
| Antall | 10 | Påmeldte: 12 | Startende: 12 | | |
| RS Menn 60-64 år | | | | | |
| 1 | Bjørn Lauglo | Stovnerkameratene | 2008 | 59:05 | |
| 2 | Inge Skavhaug | Ringkollen Skiklubb | 2007 | 1:04:36 | 05:31 |
| 3 | Asbjørn Aronsen | Team Aron | 2013 | 1:07:11 | 08:06 |
| 4 | Murat Sertkaya | Lyche I.I | 2011 | 1:07:34 | 08:29 |
| 5 | Arne-Martin Dahle | Kvæfjord II | 2017 | 1:10:54 | 11:49 |
| 6 | Sverre Ingjer | Blaker II | 2016 | 1:13:01 | 13:56 |
| 7 | Joar Skårsmoen | Leinstrand II | 2014 | 1:16:24 | 17:19 |
| 8 | Eivind Bratlie | NOTEAM | 2012 | 1:19:50 | 20:45 |
| 9 | Kjell Kurland | Blaker II | 2015 | 1:40:30 | 41:25 |
| Antall | 9 | Påmeldte: 9 | Startende: 9 | | |
| RS Menn 65-69 år | | | | | |
| 1 | Knut Erichsen | Stovnerkameratene | 2006 | 1:07:04 | |
| 2 | Botolf Myrvold | Jutul | 2005 | 1:13:00 | 05:56 |
| 3 | Arne Husby | Kvæfjord II | 2004 | 1:45:49 | 38:45 |
| Antall | 3 | Påmeldte: 3 | Startende: 3 | | |
| RS Menn 70 -74 år | | | | | |
| 1 | Bjarne Petersen | NOTEAM | 2003 | 1:44:35 | |
| Antall | 1 | Påmeldte: 1 | Startende: 1 | | |
| RS Menn 75+ | | | | | |
| DNF | Sveinung Bleikvin | Asker Skiklubb | 2002 | | |
| Antall | 1 | Påmeldte: 1 | Startende: 1 | | |