

KVINNER

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| 1 | Hanne Sandnes | 23-34 | 0:39:55 |
| 2 | Ingrid Skaarer | 35-39 | 0:40:03 |
| 3 | Marita Thorsvik | 23-34 | 0:40:11 |
| 4 | Ann Kristin Dyrkolbotn | 35-39 | 0:43:33 |
| 5 | Hilde Johansen | 35-39 | 0:47:23 |
| 6 | Frøydis Hallstensen Øyen | 45-49 | 0:51:39 |
| 7 | Marit K Berg Bjerknes | 45-49 | 0:51:44 |
| 8 | Else Husa | 55-59 | 0:54:16 |
| 9 | Ingrid Brastad | 40-44 | 0:54:37 |
| 10 | Trude Essie Ask | 55-59 | 0:55:28 |
| 11 | Mari-Ann Ranheim | 50-54 | 0:56:08 |
| 12 | Tove Ulrikke Andersen | 70-74 | 0:59:49 |
| 13 | Laila Pedersen Alnes | 50-54 | 1:00:11 |
| 14 | Signy H Rustlie | 70-74 | 1:00:43 |
| 15 | Eva Martinsen | 55-59 | 1:01:32 |
| 16 | Sunan Kingkaew | 18-19 | 1:03:35 |
| 17 | Camilla Constance Lilleng | 23-34 | 1:06:39 |
| 18 | Kirsti Blomdal | 60-64 | 1:12:16 |
| 19 | Gunn Røym | 55-59 | 1:39:59 |
| 19 | Inger Haugen | 55-59 | 1:39:59 |
| 19 | Helga E Engø | 60-64 | 1:39:59 |
| 19 | Wenche Alice Garsjø | 65-69 | 1:39:59 |

MENN

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| 1 | Ole Gorm Berg | 40-44 | 0:35:29 |
| 2 | Eldar Frøland | 35-39 | 0:35:40 |
| 3 | Lars Sverdrup-Thygeson | 50-54 | 0:37:09 |
| 4 | Oddbjørn Homstvedt | 45-49 | 0:37:22 |
| 5 | Geir Ulekleiv | 55-59 | 0:38:11 |
| 6 | Jon-Wilhelm Schweder | 23-34 | 0:38:27 |
| 7 | Steinar Gunnershaug | 23-34 | 0:38:38 |
| 8 | Birger Kristoffersen | 23-34 | 0:38:44 |
| 9 | Pål Simen Ruud | 23-34 | 0:38:50 |
| 10 | Thomas Heiberg Johansen | 35-39 | 0:38:53 |
| 11 | Erik Torp | 23-34 | 0:39:09 |
| 12 | Frode Liland | 45-49 | 0:39:27 |
| 13 | Steinar Skaar | 50-54 | 0:39:33 |
| 14 | Arne Johansen | 60-64 | 0:39:44 |
| 15 | Kjell Jonhaugen | 65-69 | 0:39:46 |
| 16 | Asbjørn Oppegaard | 50-54 | 0:39:53 |
| 17 | Harald Sverdrup-Thygeson | 55-59 | 0:40:00 |
| 18 | Tor-Henning Lindhart | 50-54 | 0:40:04 |
| 19 | Thomas S Pettersen | 23-34 | 0:40:52 |
| 20 | Rene Fredholm Larsen | 12-13 | 0:41:20 |
| 21 | Gunnar Andersen | 55-59 | 0:41:33 |

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|----|------------------------|-------|---------|
| 22 | Gunnar Pedersen | 60-64 | 0:41:39 |
| 23 | Arvid Johansen | 40-44 | 0:42:33 |
| 24 | Ivar Ekeberg | 60-64 | 0:42:37 |
| 25 | Rune Holmen | 35-39 | 0:42:48 |
| 26 | Panos Menayas | 45-49 | 0:42:50 |
| 27 | Kjell Martinsen | 50-54 | 0:42:59 |
| 28 | Bjørn Hytjanstorp | 40-44 | 0:43:02 |
| 29 | Tor Arne Stenhaug | 60-64 | 0:43:32 |
| 30 | Trond-Egel Johansen | 40-44 | 0:43:33 |
| 31 | Sigmund Jensen | 55-59 | 0:43:35 |
| 32 | Knut Hodnebrog | 40-44 | 0:43:46 |
| 33 | Kåre Skovli | 55-59 | 0:43:54 |
| 34 | Ole Magnus Kinn | 40-44 | 0:44:00 |
| 35 | Peter Henning Jakobsen | 50-54 | 0:44:06 |
| 36 | Bjørn Skogen | 40-44 | 0:44:09 |
| 37 | Hein Haraldsen | 35-39 | 0:44:25 |
| 38 | Bonaksen | 23-34 | 0:44:27 |
| 39 | Knut Erichsen | 60-64 | 0:44:34 |
| 40 | Knut Kronstad | 45-49 | 0:44:55 |
| 41 | Vemund Wemundstad | 70-74 | 0:44:58 |
| 42 | Ragnar B Johnsen | 65-69 | 0:45:09 |
| 43 | Selaan Nallathamp | 40-44 | 0:45:11 |
| 44 | Anushan Pathmanathan | 35-39 | 0:45:14 |
| 45 | Asbjørn Hollevik | 65-69 | 0:45:16 |
| 46 | Ketil Stølen | 50-54 | 0:45:33 |
| 47 | Knut Kronstad | 55-59 | 0:45:33 |
| 48 | Morten Buer | 35-39 | 0:45:36 |
| 49 | Morten Vilbo Sørum | 23-34 | 0:45:52 |
| 50 | Roar Heidenstrøm | 35-39 | 0:46:17 |
| 51 | Petter Wilhelm Kildal | 65-69 | 0:46:23 |
| 52 | Ole A Solberg | 50-54 | 0:46:33 |
| 53 | Arild Tormod Syversrud | 55-59 | 0:46:53 |
| 54 | Bjørn Holøymoen | 60-64 | 0:46:55 |
| 55 | Øyvind Huse | 45-49 | 0:46:57 |
| 56 | Tore Ragnar Olsen | 60-64 | 0:47:01 |
| 57 | Ole Kristian Brastad | 40-44 | 0:47:03 |
| 58 | Finn Løkeberg | 60-64 | 0:47:06 |
| 59 | Yngvar Kirkerud | 55-59 | 0:47:10 |
| 60 | Åge Jensen | 50-54 | 0:47:16 |
| 61 | Tom Nilsen | 40-44 | 0:47:28 |
| 62 | Arne Ingelsrud | 60-64 | 0:47:42 |
| 63 | Widar Rognerud | 60-64 | 0:48:09 |
| 64 | Lars-Gjøran Bøck | 23-34 | 0:48:18 |
| 65 | Knut Kristiansen | 65-69 | 0:49:15 |
| 66 | Kåre Andersen | 55-59 | 0:49:22 |
| 67 | Ole Jonny Sørensen | 60-64 | 0:49:54 |
| 68 | Ole Melaas | 60-64 | 0:49:59 |
| 69 | Pål Bela Lampert | 40-44 | 0:50:00 |
| 70 | Per Johan Dulsrud | 55-59 | 0:50:01 |
| 71 | Håvard Larsen | 55-59 | 0:50:37 |

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|----|----------------------|-------|---------|
| 72 | Ottar Arnold Eide | 55-59 | 0:50:57 |
| 73 | Kåre Svensson | 45-49 | 0:51:10 |
| 74 | Trygve Arne Haug | 55-59 | 0:51:28 |
| 75 | Storm Lønnqvist | 65-69 | 0:51:33 |
| 76 | Jarle Backman | 40-44 | 0:53:00 |
| 77 | Erling Hjelmseth | 55-59 | 0:53:04 |
| 78 | Jon Dalen | 70-74 | 0:53:10 |
| 79 | Rune Enger | 45-49 | 0:54:27 |
| 80 | Brynjar Øie | 60-64 | 0:57:42 |
| 81 | Lyder Alnes | 70-74 | 0:58:15 |
| 82 | Svein Moen | 60-64 | 0:59:55 |
| 83 | Henrik F Liland | 14-15 | 1:39:59 |
| 83 | Kjell Johansson | 50-54 | 1:39:59 |
| 83 | Jan Olav Haugen | 50-54 | 1:39:59 |
| 83 | Helge Velure | 60-64 | 1:39:59 |
| 83 | Asbjørn Ringstad | 60-64 | 1:39:59 |
| 83 | Ivar Nielsen | 60-64 | 1:39:59 |
| 83 | Odd Martin Jensen | 65-69 | 1:39:59 |
| 83 | Arne Jon Luke | 65-69 | 1:39:59 |
| 83 | Terje Olsen | 65-69 | 1:39:59 |
| 83 | Per O Anthonsen | 65-69 | 1:39:59 |
| 83 | Bjørn Erik Lauritsen | 65-69 | 1:39:59 |
| 83 | Olav Linde | 75-79 | 1:39:59 |